

救援在野2025-無國界醫生跑步比賽

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| Category Position | Category | Bib | Name | 姓名 | Official Time | ChipTime |
|-------------------|-------------------------------------|------|------------------------|-----|---------------|----------|
| 1 | 10KM Individual - Female Aged 16-29 | 2008 | TSO STEPHANIE WING SUM | 曹穎心 | 0:42:02 | 0:42:02 |
| 2 | 10KM Individual - Female Aged 16-29 | 2018 | JEN YAN TUNG | 鄭欣彤 | 0:44:23 | 0:44:20 |
| 3 | 10KM Individual - Female Aged 16-29 | 2036 | LAU YAN | | 0:49:22 | 0:48:51 |
| 4 | 10KM Individual - Female Aged 16-29 | 2086 | YIU CHEUK TUNG | 姚卓同 | 0:49:54 | 0:49:50 |
| 5 | 10KM Individual - Female Aged 16-29 | 2021 | PANG HEIYUET | 彭晞悦 | 0:51:39 | 0:49:49 |
| 6 | 10KM Individual - Female Aged 16-29 | 2014 | LAM HIU YU | 林曉渝 | 0:53:48 | 0:53:07 |
| 7 | 10KM Individual - Female Aged 16-29 | 2119 | WONG CHING SHUEN | | 0:54:49 | 0:54:44 |
| 8 | 10KM Individual - Female Aged 16-29 | 2127 | NGAI PUI TING ISABELLE | | 0:55:19 | 0:55:12 |
| 9 | 10KM Individual - Female Aged 16-29 | 2129 | CHAN ANSON YUI HEI | 陳睿晞 | 0:56:11 | 0:55:41 |
| 10 | 10KM Individual - Female Aged 16-29 | 2083 | LAI YIAN SHIN | 賴妍心 | 0:56:53 | 0:55:36 |
| 11 | 10KM Individual - Female Aged 16-29 | 2020 | CHAN WING CHI GIGI | 陳詠姿 | 0:57:26 | 0:55:45 |
| 12 | 10KM Individual - Female Aged 16-29 | 2128 | WONG LOK CHING | 黃洛澄 | 0:57:28 | 0:57:16 |
| 13 | 10KM Individual - Female Aged 16-29 | 2077 | LIU YU | 劉渝 | 0:57:49 | 0:56:03 |
| 14 | 10KM Individual - Female Aged 16-29 | 2029 | CHAN JOYCE | 陳卓彤 | 0:57:53 | 0:56:44 |
| 15 | 10KM Individual - Female Aged 16-29 | 2026 | LAM CHEUK KWAN CHERRY | | 0:58:08 | 0:57:00 |
| 16 | 10KM Individual - Female Aged 16-29 | 2082 | WING SZE LEE | 李穎詩 | 0:58:17 | 0:57:12 |
| 17 | 10KM Individual - Female Aged 16-29 | 2054 | WING KEI YEUNG | 楊詠琦 | 0:58:24 | 0:56:39 |
| 18 | 10KM Individual - Female Aged 16-29 | 2080 | CHAN NOK TING | 陳諾婷 | 0:58:33 | 0:56:47 |
| 19 | 10KM Individual - Female Aged 16-29 | 2024 | CHAN TSZ YEN | 陳籽妍 | 0:58:33 | 0:57:58 |
| 20 | 10KM Individual - Female Aged 16-29 | 2071 | LAM CHUI YUNG | 林翠蓉 | 0:58:37 | 0:57:56 |
| 21 | 10KM Individual - Female Aged 16-29 | 2034 | SOU WING TING | | 0:59:14 | 0:59:08 |
| 22 | 10KM Individual - Female Aged 16-29 | 2103 | SIU OI CHING | 蕭皓晴 | 0:59:52 | 0:59:21 |
| 23 | 10KM Individual - Female Aged 16-29 | 2101 | KWOK MELODY | 郭倩妤 | 0:59:56 | 0:58:03 |
| 24 | 10KM Individual - Female Aged 16-29 | 2069 | CHIU TSZ CHING | 趙芷晴 | 1:00:08 | 0:59:22 |
| 25 | 10KM Individual - Female Aged 16-29 | 2112 | MAO LYDIA ELLEN | 巫麗迪 | 1:00:50 | 0:59:14 |
| 26 | 10KM Individual - Female Aged 16-29 | 2089 | LEUNG HOI CHING | 梁凱晴 | 1:01:01 | 0:59:46 |
| 27 | 10KM Individual - Female Aged 16-29 | 2019 | POON TSZ YING | 潘子盈 | 1:01:09 | 0:59:33 |
| 28 | 10KM Individual - Female Aged 16-29 | 2046 | HUI WING KIU CHLOE | 許穎喬 | 1:01:13 | 1:00:39 |
| 29 | 10KM Individual - Female Aged 16-29 | 2064 | TANG CHO YEE | 鄧祖頤 | 1:01:18 | 1:00:56 |
| 30 | 10KM Individual - Female Aged 16-29 | 2124 | LEE LAI SHAN | 李麗珊 | 1:01:29 | 1:01:23 |
| 31 | 10KM Individual - Female Aged 16-29 | 2041 | HU YUK LING | 胡旭玲 | 1:01:40 | 0:59:35 |
| 32 | 10KM Individual - Female Aged 16-29 | 2084 | TSE MAN TUNG | 謝汶彤 | 1:01:55 | 1:00:16 |
| 33 | 10KM Individual - Female Aged 16-29 | 2099 | YIN YIN LAM | 林言彥 | 1:02:08 | 1:01:35 |
| 34 | 10KM Individual - Female Aged 16-29 | 2118 | YIP LESHY JOYCELYN | | 1:02:16 | 1:01:25 |
| 35 | 10KM Individual - Female Aged 16-29 | 2093 | WONG WING YAN | 黃詠欣 | 1:02:18 | 1:00:22 |
| 36 | 10KM Individual - Female Aged 16-29 | 2096 | WANG YINCHUN | 王崑純 | 1:02:23 | 1:00:05 |
| 37 | 10KM Individual - Female Aged 16-29 | 2073 | WANG JIAQI | 王佳琪 | 1:02:46 | 1:01:03 |

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| 38 | 10KM Individual - Female Aged 16-29 | 2061 | AUYEUNG MEENA | | 1:02:55 | 1:01:41 |
| 39 | 10KM Individual - Female Aged 16-29 | 2057 | TAM HOI MAN | | 1:03:03 | 1:02:48 |
| 40 | 10KM Individual - Female Aged 16-29 | 2023 | CHUNG WING TUNG | 鍾穎童 | 1:03:31 | 1:02:13 |
| 41 | 10KM Individual - Female Aged 16-29 | 2011 | LEUNG WING YAN | 梁詠欣 | 1:04:22 | 1:02:40 |
| 42 | 10KM Individual - Female Aged 16-29 | 2102 | KWAN TSZ CHING | 關紫晴 | 1:04:24 | 1:03:24 |
| 43 | 10KM Individual - Female Aged 16-29 | 2028 | HUANG YING XUN WING | | 1:04:38 | 1:03:06 |
| 44 | 10KM Individual - Female Aged 16-29 | 2108 | CHAN TSZ YIN | | 1:04:56 | 1:03:32 |
| 45 | 10KM Individual - Female Aged 16-29 | 2047 | LI WING TUNG | 李穎彤 | 1:05:27 | 1:04:53 |
| 46 | 10KM Individual - Female Aged 16-29 | 2035 | CHAN LOK YI | 陳樂怡 | 1:05:36 | 1:04:48 |
| 47 | 10KM Individual - Female Aged 16-29 | 2032 | WONG HOI YAN | 黃鎧欣 | 1:05:36 | 1:04:48 |
| 48 | 10KM Individual - Female Aged 16-29 | 2003 | WONG CHUNG YAN MICHELLE | 黃頌欣 | 1:05:36 | 1:04:45 |
| 49 | 10KM Individual - Female Aged 16-29 | 2002 | WONG ASHLEY HOI KIU | 黃愷翹 | 1:05:36 | 1:04:45 |
| 50 | 10KM Individual - Female Aged 16-29 | 2081 | LAM CHING KWAN | 林靖筠 | 1:06:29 | 1:04:11 |
| 51 | 10KM Individual - Female Aged 16-29 | 2100 | WONG EVELINE | | 1:06:30 | 1:04:58 |
| 52 | 10KM Individual - Female Aged 16-29 | 2049 | CHOU YIK TUNG | 周奕彤 | 1:06:35 | 1:03:46 |
| 53 | 10KM Individual - Female Aged 16-29 | 2053 | MAK YIK SUM | 麥奕芯 | 1:07:44 | 1:06:26 |
| 54 | 10KM Individual - Female Aged 16-29 | 2078 | CHU HOI WAI | | 1:07:53 | 1:07:04 |
| 55 | 10KM Individual - Female Aged 16-29 | 2121 | HUI CHEUK WUN | 許卓媛 | 1:08:13 | 1:06:54 |
| 56 | 10KM Individual - Female Aged 16-29 | 2015 | CHEUNG MEI TING | 張美婷 | 1:08:23 | 1:07:24 |
| 57 | 10KM Individual - Female Aged 16-29 | 2045 | CHIANG LORRAINE LOK WING | 蔣樂穎 | 1:08:40 | 1:07:13 |
| 58 | 10KM Individual - Female Aged 16-29 | 2094 | WONG JING SHAN | 黃靜山 | 1:08:43 | 1:07:37 |
| 59 | 10KM Individual - Female Aged 16-29 | 2068 | SO AR WOU JOIVIA | 蘇雅活 | 1:08:55 | 1:06:22 |
| 60 | 10KM Individual - Female Aged 16-29 | 2040 | YUI CHEE HANG | 余知行 | 1:09:16 | 1:07:38 |
| 61 | 10KM Individual - Female Aged 16-29 | 2085 | KWOK CHEUK YIU | 郭卓瑤 | 1:09:35 | 1:08:53 |
| 62 | 10KM Individual - Female Aged 16-29 | 2055 | WONG AN YU ELIZABETH | | 1:09:43 | 1:07:09 |
| 63 | 10KM Individual - Female Aged 16-29 | 2030 | YEUNG HIU NAM CHRISTY | 楊曉嵐 | 1:09:49 | 1:08:41 |
| 64 | 10KM Individual - Female Aged 16-29 | 2104 | KHO SOE BIEN KARLIE | 許思敏 | 1:10:11 | 1:09:00 |
| 65 | 10KM Individual - Female Aged 16-29 | 2115 | FONG YING YI TIFFANY | 方盈怡 | 1:10:15 | 1:08:23 |
| 66 | 10KM Individual - Female Aged 16-29 | 2087 | CHENG ON KIU | 鄭安喬 | 1:10:21 | 1:09:58 |
| 67 | 10KM Individual - Female Aged 16-29 | 2113 | CHUNG CHEUK YING AUDREY | 鍾卓瑩 | 1:11:29 | 1:09:57 |
| 68 | 10KM Individual - Female Aged 16-29 | 2067 | CHAN PUI YING | | 1:11:33 | 1:09:12 |
| 69 | 10KM Individual - Female Aged 16-29 | 2098 | LEUNG ON KIU | 梁安蕎 | 1:11:49 | 1:10:10 |
| 70 | 10KM Individual - Female Aged 16-29 | 2042 | LAU PUNG | 劉芄 | 1:11:57 | 1:10:31 |
| 71 | 10KM Individual - Female Aged 16-29 | 2122 | HUI CHEUK LAM | 許卓琳 | 1:12:08 | 1:10:49 |
| 72 | 10KM Individual - Female Aged 16-29 | 2052 | JING WAN WU | 伍靜文 | 1:12:23 | 1:11:11 |
| 73 | 10KM Individual - Female Aged 16-29 | 2092 | LIU SZE YUI | | 1:12:38 | 1:12:22 |
| 74 | 10KM Individual - Female Aged 16-29 | 2031 | CHOW JOELLE | 周仲山 | 1:12:58 | 1:11:26 |

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| 75 | 10KM Individual - Female Aged 16-29 | 2010 | POON CHOI TAN | 潘在丹 | 1:13:23 | 1:11:05 |
| 76 | 10KM Individual - Female Aged 16-29 | 2072 | PONG TSZ WAI | 龐子蔚 | 1:13:59 | 1:10:56 |
| 77 | 10KM Individual - Female Aged 16-29 | 2075 | YUEN WING TUNG | 袁穎彤 | 1:13:59 | 1:12:59 |
| 78 | 10KM Individual - Female Aged 16-29 | 2025 | TAM SZE YAN | 譚詩茵 | 1:14:05 | 1:13:13 |
| 79 | 10KM Individual - Female Aged 16-29 | 2056 | YIP WUN YU | 葉桉宇 | 1:14:14 | 1:13:21 |
| 80 | 10KM Individual - Female Aged 16-29 | 2033 | CHOY YAN TUNG | 蔡欣彤 | 1:15:02 | 1:14:35 |
| 81 | 10KM Individual - Female Aged 16-29 | 2050 | LEUNG TSZ YU | 梁芷瑜 | 1:15:10 | 1:13:55 |
| 82 | 10KM Individual - Female Aged 16-29 | 2097 | TSANG YAN YUET | 曾茵悅 | 1:15:29 | 1:13:05 |
| 83 | 10KM Individual - Female Aged 16-29 | 2120 | TAM GIT MEI | 譚潔薇 | 1:16:00 | 1:14:37 |
| 84 | 10KM Individual - Female Aged 16-29 | 2016 | LUI HEI LOK | 呂晞樂 | 1:16:08 | 1:14:26 |
| 85 | 10KM Individual - Female Aged 16-29 | 2070 | WONG CHEUK TING ANASTASIA | | 1:16:45 | 1:15:50 |
| 86 | 10KM Individual - Female Aged 16-29 | 2107 | YIU KA LAM | 饒嘉琳 | 1:16:53 | 1:16:14 |
| 87 | 10KM Individual - Female Aged 16-29 | 2004 | JUNAEDI VICTORIA AMANDA | | 1:17:02 | 1:14:43 |
| 88 | 10KM Individual - Female Aged 16-29 | 2038 | CHEUNG TSZ HAM | 張紫涵 | 1:17:28 | 1:15:04 |
| 89 | 10KM Individual - Female Aged 16-29 | 2063 | GAO YUAN | 高原 | 1:18:17 | 1:17:07 |
| 90 | 10KM Individual - Female Aged 16-29 | 2044 | LEUNG HOI CHING LARISA | 梁愷晴 | 1:19:07 | 1:17:29 |
| 91 | 10KM Individual - Female Aged 16-29 | 2125 | CHAN KAITLYN | 陳子樂 | 1:19:27 | 1:17:35 |
| 92 | 10KM Individual - Female Aged 16-29 | 2130 | CHAN MAN TSIK | 陳玟汐 | 1:19:38 | 1:17:41 |
| 93 | 10KM Individual - Female Aged 16-29 | 2048 | CHEUNG MAN TING | | 1:20:26 | 1:18:03 |
| 94 | 10KM Individual - Female Aged 16-29 | 2126 | YAN IDA | | 1:21:05 | 1:20:09 |
| 95 | 10KM Individual - Female Aged 16-29 | 2037 | LEUNG MAN KWAN | 梁文君 | 1:22:52 | 1:20:28 |
| 96 | 10KM Individual - Female Aged 16-29 | 2060 | HO TIN WAI | 何天蕙 | 1:23:00 | 1:21:07 |
| 97 | 10KM Individual - Female Aged 16-29 | 2017 | YU PO YAN GRACE | 余寶欣 | 1:24:26 | 1:23:10 |
| 98 | 10KM Individual - Female Aged 16-29 | 2106 | LAM JOSEPHINE WAI MAY | 林慧美 | 1:24:52 | 1:23:26 |
| 99 | 10KM Individual - Female Aged 16-29 | 2109 | YAU MAN SUM | 邱玟琛 | 1:25:43 | 1:24:08 |
| 100 | 10KM Individual - Female Aged 16-29 | 2114 | MUI TSAM YIN MUI TSAM YIN | 梅沁賢 | 1:25:43 | 1:24:08 |
| 101 | 10KM Individual - Female Aged 16-29 | 2111 | YIP YONG QIAO | 葉詠喬 | 1:25:43 | 1:24:08 |
| 102 | 10KM Individual - Female Aged 16-29 | 2110 | WONG HONG CHING | 黃康晴 | 1:25:43 | 1:24:08 |
| 103 | 10KM Individual - Female Aged 16-29 | 2123 | SZE YIN YUK | 施彥旭 | 1:25:52 | 1:24:31 |
| 104 | 10KM Individual - Female Aged 16-29 | 2022 | YEE CHING LAM | 余靜琳 | 1:25:52 | 1:24:31 |
| 105 | 10KM Individual - Female Aged 16-29 | 2088 | CHEUNG YAU KWAN | 張尤君 | 1:26:18 | 1:24:40 |
| 106 | 10KM Individual - Female Aged 16-29 | 2062 | SINYI ZHOU | 周善怡 | 1:29:41 | 1:28:09 |
| 107 | 10KM Individual - Female Aged 16-29 | 2116 | CHEUK TING HUI | 許卓婷 | 1:29:42 | 1:28:23 |
| 108 | 10KM Individual - Female Aged 16-29 | 2079 | TSE WAI YU | 謝蕙榆 | 1:37:55 | 1:37:06 |
| 109 | 10KM Individual - Female Aged 16-29 | 2013 | CHAK SUZANNE | | 1:39:51 | 1:38:12 |
| DQ | 10KM Individual - Female Aged 16-29 | 2027 | CHUNG PO NING | 鍾寶寧 | | |
| 1 | 10KM Individual - Female Aged 30-39 | 2269 | TANG WAI HAN | 鄧偉嫻 | 0:47:53 | 0:47:29 |

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| 2 | 10KM Individual - Female Aged 30-39 | 2286 | CHEUNG HIU MEI | | 0:49:15 | 0:49:12 |
| 3 | 10KM Individual - Female Aged 30-39 | 2251 | FONG WING YEE | | 0:49:56 | 0:49:51 |
| 4 | 10KM Individual - Female Aged 30-39 | 2159 | TSANG PUI CHUN | | 0:51:40 | 0:50:53 |
| 5 | 10KM Individual - Female Aged 30-39 | 2272 | KO LU | | 0:52:03 | 0:51:51 |
| 6 | 10KM Individual - Female Aged 30-39 | 2259 | LEUNG HO YIN | 梁浩妍 | 0:52:10 | 0:51:26 |
| 7 | 10KM Individual - Female Aged 30-39 | 2247 | CHAN PO KING | 陳寶琮 | 0:52:15 | 0:51:34 |
| 8 | 10KM Individual - Female Aged 30-39 | 2241 | YEUNG HIU TUNG JACQUELINE | 楊曉彤 | 0:53:09 | 0:51:09 |
| 9 | 10KM Individual - Female Aged 30-39 | 2219 | TANG TSZ WAI SHERRY | 鄧子蕙 | 0:53:48 | 0:52:19 |
| 10 | 10KM Individual - Female Aged 30-39 | 2167 | YU CHO YI JOEY | 余祖怡 | 0:53:54 | 0:52:29 |
| 11 | 10KM Individual - Female Aged 30-39 | 2304 | LEUNG KIMMY | | 0:53:58 | 0:53:55 |
| 12 | 10KM Individual - Female Aged 30-39 | 2199 | LEUNG HO CHING | | 0:54:08 | 0:54:04 |
| 13 | 10KM Individual - Female Aged 30-39 | 2163 | MAK JUN KI GINGER | | 0:54:40 | 0:54:24 |
| 14 | 10KM Individual - Female Aged 30-39 | 2267 | LAM TERESA | | 0:54:57 | 0:53:41 |
| 15 | 10KM Individual - Female Aged 30-39 | 2207 | HON HEI YAN | | 0:55:17 | 0:54:57 |
| 16 | 10KM Individual - Female Aged 30-39 | 2297 | HARRIS CHARLOTTE APRIL | 夏詩諾 | 0:55:33 | 0:55:15 |
| 17 | 10KM Individual - Female Aged 30-39 | 2217 | HO MANDA HIU TING | 何曉婷 | 0:55:35 | 0:54:50 |
| 18 | 10KM Individual - Female Aged 30-39 | 2276 | CHAU WAI KI | | 0:55:59 | |
| 19 | 10KM Individual - Female Aged 30-39 | 2164 | ZHANG YIYAO | 張懿瑤 | 0:56:03 | 0:55:48 |
| 20 | 10KM Individual - Female Aged 30-39 | 2162 | TANG KA WING | 鄧嘉穎 | 0:56:26 | 0:55:45 |
| 21 | 10KM Individual - Female Aged 30-39 | 2306 | NG RUBY | | 0:56:38 | 0:56:26 |
| 22 | 10KM Individual - Female Aged 30-39 | 2303 | FOK ALVINA JADA | | 0:57:08 | 0:56:38 |
| 23 | 10KM Individual - Female Aged 30-39 | 2145 | NG KAR YAN | 吳嘉欣 | 0:57:09 | 0:56:53 |
| 24 | 10KM Individual - Female Aged 30-39 | 2280 | LEE PUI LAM ARLENE | 李珮琳 | 0:57:45 | 0:57:32 |
| 25 | 10KM Individual - Female Aged 30-39 | 2209 | LAU WING TUNG | | 0:58:04 | 0:57:22 |
| 26 | 10KM Individual - Female Aged 30-39 | 2146 | WONG WING SZE | | 0:58:22 | 0:58:02 |
| 27 | 10KM Individual - Female Aged 30-39 | 2175 | TSUI YIN YAU YVONNE | | 0:58:30 | 0:58:13 |
| 28 | 10KM Individual - Female Aged 30-39 | 2296 | WONG CHEUK MAN | | 0:58:39 | 0:58:33 |
| 29 | 10KM Individual - Female Aged 30-39 | 2208 | TSUI WING IN | 徐穎妍 | 0:58:57 | 0:56:28 |
| 30 | 10KM Individual - Female Aged 30-39 | 2260 | HWANG SUYOUNG | | 0:59:22 | 0:57:43 |
| 31 | 10KM Individual - Female Aged 30-39 | 2246 | CHEUNG WING SUM ZUIE | 張詠心 | 0:59:27 | 0:58:17 |
| 32 | 10KM Individual - Female Aged 30-39 | 2131 | MA YI KA SAMANTHA | 馬懿嘉 | 0:59:27 | 0:58:23 |
| 33 | 10KM Individual - Female Aged 30-39 | 2222 | CHIU TSZ YAN ARIEL | | 1:00:02 | 0:59:16 |
| 34 | 10KM Individual - Female Aged 30-39 | 2302 | WONG HIU KWAN | 黃曉均 | 1:00:03 | 0:58:25 |
| 35 | 10KM Individual - Female Aged 30-39 | 2277 | LUI HEI CHUNG | | 1:00:20 | 0:59:12 |
| 36 | 10KM Individual - Female Aged 30-39 | 2242 | WINTER ASHLYN AMY | | 1:00:32 | 1:00:03 |
| 37 | 10KM Individual - Female Aged 30-39 | 2271 | IP WING YAN | | 1:00:48 | 1:00:06 |
| 38 | 10KM Individual - Female Aged 30-39 | 2133 | KWONG WING YEE | 鄺穎怡 | 1:00:50 | 0:59:29 |

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| 39 | 10KM Individual - Female Aged 30-39 | 2213 | WONG YAT NAM | 黃逸嵐 | 1:00:53 | 0:58:53 |
| 40 | 10KM Individual - Female Aged 30-39 | 2218 | CHEUNG KA WAI | 張嘉惠 | 1:01:00 | 0:59:00 |
| 41 | 10KM Individual - Female Aged 30-39 | 2141 | KWAN WING YAN | 關詠欣 | 1:01:22 | 1:00:52 |
| 42 | 10KM Individual - Female Aged 30-39 | 2261 | CHEUNG LEE WANG HILARY | 張莉弘 | 1:01:24 | 0:59:33 |
| 43 | 10KM Individual - Female Aged 30-39 | 2205 | TAM CHO HEI | | 1:01:29 | 1:01:11 |
| 44 | 10KM Individual - Female Aged 30-39 | 2262 | CHUNG HIU YING | 鍾曉盈 | 1:02:10 | 1:00:34 |
| 45 | 10KM Individual - Female Aged 30-39 | 2298 | PICKARD KAY | | 1:02:16 | 1:00:01 |
| 46 | 10KM Individual - Female Aged 30-39 | 2305 | LO LAI PING | 盧麗冰 | 1:02:24 | 1:00:50 |
| 47 | 10KM Individual - Female Aged 30-39 | 2168 | MA SIN TING | 馬倩婷 | 1:02:54 | 1:02:34 |
| 48 | 10KM Individual - Female Aged 30-39 | 2285 | LIU CHEUK YEE MAVIS | 廖倬儀 | 1:02:59 | 1:02:17 |
| 49 | 10KM Individual - Female Aged 30-39 | 2216 | CHAN LING HIN | 陳靈騫 | 1:03:06 | 1:02:22 |
| 50 | 10KM Individual - Female Aged 30-39 | 2214 | CHAN PUI YIN | 陳佩賢 | 1:03:10 | 1:01:48 |
| 51 | 10KM Individual - Female Aged 30-39 | 2183 | YIP KIN WAI | 葉建慧 | 1:03:55 | 1:02:42 |
| 52 | 10KM Individual - Female Aged 30-39 | 2243 | YU HONG TING | | 1:04:11 | 1:01:45 |
| 53 | 10KM Individual - Female Aged 30-39 | 2151 | TIN TSZ PUI | 田芷蓓 | 1:04:42 | 1:02:18 |
| 54 | 10KM Individual - Female Aged 30-39 | 2289 | HOI YAN TIFFANY MAN | 萬凱茵 | 1:04:44 | 1:03:58 |
| 55 | 10KM Individual - Female Aged 30-39 | 2273 | SO HIU TUNG | 蘇曉彤 | 1:05:09 | 1:04:23 |
| 56 | 10KM Individual - Female Aged 30-39 | 2299 | LO CHING WAH | | 1:05:11 | 1:04:38 |
| 57 | 10KM Individual - Female Aged 30-39 | 2281 | DAMES BIANCE | | 1:05:24 | 1:04:56 |
| 58 | 10KM Individual - Female Aged 30-39 | 2235 | HUI SHINYEE | | 1:05:31 | 1:03:18 |
| 59 | 10KM Individual - Female Aged 30-39 | 2197 | CHEUNG LOK HANG | 張樂珩 | 1:05:31 | 1:04:34 |
| 60 | 10KM Individual - Female Aged 30-39 | 2184 | LEE NGA MAN | 李雅雯 | 1:05:40 | 1:04:27 |
| 61 | 10KM Individual - Female Aged 30-39 | 2155 | NG TSZ KI | 吳梓琪 | 1:05:49 | 1:05:16 |
| 62 | 10KM Individual - Female Aged 30-39 | 2257 | POON WAI IN | 潘韋而 | 1:05:56 | 1:05:28 |
| 63 | 10KM Individual - Female Aged 30-39 | 2253 | PENG XU | | 1:06:33 | 1:04:49 |
| 64 | 10KM Individual - Female Aged 30-39 | 2238 | KWONG YUK KWAN | 鄺郁珺 | 1:07:03 | 1:05:06 |
| 65 | 10KM Individual - Female Aged 30-39 | 2223 | NG PUI SHUEN | 伍珮璇 | 1:07:04 | 1:06:06 |
| 66 | 10KM Individual - Female Aged 30-39 | 2147 | CHAN HOI YI | 陳凱怡 | 1:07:29 | 1:06:47 |
| 67 | 10KM Individual - Female Aged 30-39 | 2293 | HO CHIU WING | 何昭穎 | 1:07:40 | 1:06:58 |
| 68 | 10KM Individual - Female Aged 30-39 | 2215 | GAN ASTYNNIA TZE CHING | | 1:07:41 | 1:06:55 |
| 69 | 10KM Individual - Female Aged 30-39 | 2275 | LI LEANNE | 李然 | 1:07:43 | 1:05:45 |
| 70 | 10KM Individual - Female Aged 30-39 | 2224 | LIU BONI | 劉波妮 | 1:07:47 | 1:06:42 |
| 71 | 10KM Individual - Female Aged 30-39 | 2170 | YUNG SEEN TING JANICE | | 1:07:47 | 1:06:33 |
| 72 | 10KM Individual - Female Aged 30-39 | 2172 | LIANG QIULIAN | 梁秋蓮 | 1:08:15 | 1:05:58 |
| 73 | 10KM Individual - Female Aged 30-39 | 2239 | LEE WING YAN | 李穎欣 | 1:08:23 | 1:06:20 |
| 74 | 10KM Individual - Female Aged 30-39 | 2190 | WONG WING KA | 王穎嘉 | 1:09:36 | 1:08:42 |
| 75 | 10KM Individual - Female Aged 30-39 | 2245 | CHUNG YUEN SHAN | 鍾琬嫻 | 1:09:39 | 1:08:44 |

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| 76 | 10KM Individual - Female Aged 30-39 | 2173 | CHEN ZHENZHEN | 陳真真 | 1:09:49 | 1:07:33 |
| 77 | 10KM Individual - Female Aged 30-39 | 2244 | TUNG HSINGYING | 童星穎 | 1:10:06 | 1:08:49 |
| 78 | 10KM Individual - Female Aged 30-39 | 2204 | YUI PING LEUNG | 梁銳冰 | 1:10:08 | 1:08:03 |
| 79 | 10KM Individual - Female Aged 30-39 | 2148 | ON YEE ANGEL LAU | | 1:10:08 | 1:09:20 |
| 80 | 10KM Individual - Female Aged 30-39 | 2265 | STEWART MARIAH BETH | | 1:10:10 | 1:09:00 |
| 81 | 10KM Individual - Female Aged 30-39 | 2160 | LI KIN TING | 李健婷 | 1:10:17 | 1:08:47 |
| 82 | 10KM Individual - Female Aged 30-39 | 2256 | CHEUNG MAN LING | 張曼齡 | 1:10:27 | 1:09:44 |
| 83 | 10KM Individual - Female Aged 30-39 | 2279 | TSUI PUI CHI | | 1:10:43 | 1:09:15 |
| 84 | 10KM Individual - Female Aged 30-39 | 2237 | BONNIE TSUN YING LAU | 劉進盈 | 1:11:13 | 1:09:26 |
| 85 | 10KM Individual - Female Aged 30-39 | 2227 | CHAUDEY JADE | | 1:11:28 | 1:10:58 |
| 86 | 10KM Individual - Female Aged 30-39 | 2230 | YEUNG LAU PING | 楊柳冰 | 1:11:33 | 1:09:51 |
| 87 | 10KM Individual - Female Aged 30-39 | 2283 | CHAN ON YU | 陳安渝 | 1:11:42 | 1:10:34 |
| 88 | 10KM Individual - Female Aged 30-39 | 2225 | HSU CHING LAI | 許清麗 | 1:11:52 | 1:10:09 |
| 89 | 10KM Individual - Female Aged 30-39 | 2292 | CHAN TSZ KA GRACE | 陳祉嘉 | 1:12:00 | 1:09:52 |
| 90 | 10KM Individual - Female Aged 30-39 | 2196 | CHAN SHEUNG LAM SARAH | | 1:12:03 | 1:11:30 |
| 91 | 10KM Individual - Female Aged 30-39 | 2236 | WU QIAN | 吴倩 | 1:12:06 | 1:09:57 |
| 92 | 10KM Individual - Female Aged 30-39 | 2169 | CHENG WING TAK | 鄭穎德 | 1:12:11 | 1:11:37 |
| 93 | 10KM Individual - Female Aged 30-39 | 2178 | LAM WAI HEUNG | 林惠香 | 1:12:26 | 1:11:13 |
| 94 | 10KM Individual - Female Aged 30-39 | 2287 | SZETO KI FAN JENNIE | 司徒奇芬 | 1:12:32 | 1:10:58 |
| 95 | 10KM Individual - Female Aged 30-39 | 2255 | LAU CHOI YEE | 劉彩儀 | 1:12:38 | 1:10:41 |
| 96 | 10KM Individual - Female Aged 30-39 | 2200 | LAW FIONA YUEN CHING | 羅琬澄 | 1:12:51 | 1:10:42 |
| 97 | 10KM Individual - Female Aged 30-39 | 2153 | TANG EFFIE | 湯蟬榕 | 1:13:23 | 1:11:40 |
| 98 | 10KM Individual - Female Aged 30-39 | 2186 | TSANG CHUN KING | 曾春琮 | 1:13:23 | 1:11:03 |
| 99 | 10KM Individual - Female Aged 30-39 | 2233 | CHEN LONGYAN | 陈龙燕 | 1:13:51 | 1:11:35 |
| 100 | 10KM Individual - Female Aged 30-39 | 2264 | WONG YUI KIU | | 1:13:56 | 1:13:12 |
| 101 | 10KM Individual - Female Aged 30-39 | 2274 | LUI NGA LAI | 呂雅麗 | 1:14:01 | 1:13:04 |
| 102 | 10KM Individual - Female Aged 30-39 | 2198 | CHAN WING YAN VIVIENNE | 陳穎欣 | 1:14:04 | 1:12:41 |
| 103 | 10KM Individual - Female Aged 30-39 | 2248 | LAU HO YI CHLOE | 劉皓懿 | 1:14:10 | 1:12:25 |
| 104 | 10KM Individual - Female Aged 30-39 | 2228 | TING HO YAN | 丁可欣 | 1:14:41 | 1:12:40 |
| 105 | 10KM Individual - Female Aged 30-39 | 2182 | HUANG SHAOQING | 黃少清 | 1:15:01 | 1:12:47 |
| 106 | 10KM Individual - Female Aged 30-39 | 2202 | HO KA YAN | 何家欣 | 1:15:07 | 1:13:40 |
| 107 | 10KM Individual - Female Aged 30-39 | 2152 | WA TIN YAN | 華天欣 | 1:15:26 | 1:13:44 |
| 108 | 10KM Individual - Female Aged 30-39 | 2263 | WONG CHUI MEI | 王翠薇 | 1:15:31 | 1:14:12 |
| 109 | 10KM Individual - Female Aged 30-39 | 2187 | MAU SZE CHING | 繆思靜 | 1:16:01 | 1:13:41 |
| 110 | 10KM Individual - Female Aged 30-39 | 2140 | YAM HIU KI | 任曉祈 | 1:16:03 | 1:14:38 |
| 111 | 10KM Individual - Female Aged 30-39 | 2294 | TANG HEI MAN CLARA | | 1:17:39 | 1:17:25 |
| 112 | 10KM Individual - Female Aged 30-39 | 2308 | WU YOUNI | 吴悠妮 | 1:18:08 | 1:16:28 |

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| 113 | 10KM Individual - Female Aged 30-39 | 2179 | TO HOI MAN | 杜凱雯 | 1:18:38 | 1:17:42 |
| 114 | 10KM Individual - Female Aged 30-39 | 2252 | CHONG KA CHING | 莊家程 | 1:19:11 | 1:16:59 |
| 115 | 10KM Individual - Female Aged 30-39 | 2203 | HO SUET YING | 何雪盈 | 1:19:17 | 1:17:09 |
| 116 | 10KM Individual - Female Aged 30-39 | 2288 | KWOK SHU KEI | 郭舒琪 | 1:19:31 | 1:18:44 |
| 117 | 10KM Individual - Female Aged 30-39 | 2234 | CHENG CHUN LONG | 鄭真朗 | 1:19:37 | 1:18:05 |
| 118 | 10KM Individual - Female Aged 30-39 | 2180 | CHAN YICK TING | 陳奕婷 | 1:19:38 | 1:18:41 |
| 119 | 10KM Individual - Female Aged 30-39 | 2135 | WU SIN CHING | 胡倩菁 | 1:20:11 | 1:19:57 |
| 120 | 10KM Individual - Female Aged 30-39 | 2231 | FUNG HOI KEI | 馮凱琪 | 1:20:56 | 1:19:13 |
| 121 | 10KM Individual - Female Aged 30-39 | 2300 | YU SUI CHU | | 1:21:08 | 1:20:35 |
| 122 | 10KM Individual - Female Aged 30-39 | 2144 | POON SZE TING | | 1:21:23 | 1:20:02 |
| 123 | 10KM Individual - Female Aged 30-39 | 2250 | LAM PO YAN | 林寶恩 | 1:21:49 | 1:21:10 |
| 124 | 10KM Individual - Female Aged 30-39 | 2149 | KWOK NGAN FEI | 郭銀斐 | 1:22:59 | 1:22:06 |
| 125 | 10KM Individual - Female Aged 30-39 | 2268 | SO NGA MAN | 蘇雅汶 | 1:23:47 | 1:21:57 |
| 126 | 10KM Individual - Female Aged 30-39 | 2201 | LIU TSZ YING | 廖芷瑩 | 1:23:50 | 1:21:41 |
| 127 | 10KM Individual - Female Aged 30-39 | 2212 | AU WING SUM | | 1:24:37 | 1:22:26 |
| 128 | 10KM Individual - Female Aged 30-39 | 2270 | CHEUNG MAN CHUN | 張敏珍 | 1:25:14 | 1:23:17 |
| 129 | 10KM Individual - Female Aged 30-39 | 2278 | SO YINHA | 蘇燕霞 | 1:25:41 | 1:24:26 |
| 130 | 10KM Individual - Female Aged 30-39 | 2220 | CHOW WAI YAN | 周惠欣 | 1:26:10 | 1:24:31 |
| 131 | 10KM Individual - Female Aged 30-39 | 2258 | POON MAN SEE MANCY | 潘文思 | 1:26:51 | 1:25:11 |
| 132 | 10KM Individual - Female Aged 30-39 | 2229 | YIP NGA YEE | 葉雅宜 | 1:30:35 | 1:29:47 |
| 133 | 10KM Individual - Female Aged 30-39 | 2249 | LAU KING YIN | | 1:30:41 | 1:29:03 |
| 134 | 10KM Individual - Female Aged 30-39 | 2290 | KONG KA MAN | 江嘉敏 | 1:35:16 | 1:35:15 |
| 135 | 10KM Individual - Female Aged 30-39 | 2291 | BUT PUI YU | 畢倍瑜 | 1:35:17 | 1:33:23 |
| 136 | 10KM Individual - Female Aged 30-39 | 2211 | CHAN LAI SHA | 陳麗莎 | 1:53:04 | 0:30:40 |
| DQ | 10KM Individual - Female Aged 30-39 | 2176 | CHUNG PO PUI | 鍾寶佩 | | |
| 1 | 10KM Individual - Female Aged 40-49 | 2458 | WONG YUEN TING | 黃婉婷 | 0:44:50 | 0:44:49 |
| 2 | 10KM Individual - Female Aged 40-49 | 2324 | KAN KWAI YUNG | | 0:46:14 | 0:46:12 |
| 3 | 10KM Individual - Female Aged 40-49 | 2437 | LUI CHUI KWAN | 雷翠筠 | 0:47:53 | 0:47:29 |
| 4 | 10KM Individual - Female Aged 40-49 | 2467 | CHAN HEI NAM | | 0:48:16 | 0:48:12 |
| 5 | 10KM Individual - Female Aged 40-49 | 2355 | LEUNG KA MAN | 梁家敏 | 0:49:02 | 0:48:37 |
| 6 | 10KM Individual - Female Aged 40-49 | 2334 | LAM YIM HUNG | | 0:50:02 | 0:49:59 |
| 7 | 10KM Individual - Female Aged 40-49 | 2469 | KWOK SAIPING | 郭世萍 | 0:50:11 | 0:49:30 |
| 8 | 10KM Individual - Female Aged 40-49 | 2310 | LAM KIT YUNG | | 0:54:07 | 0:53:39 |
| 9 | 10KM Individual - Female Aged 40-49 | 2396 | COOK JESSICA | | 0:54:14 | 0:53:50 |
| 10 | 10KM Individual - Female Aged 40-49 | 2472 | CHENG KIT MAN VICTOR | | 0:54:35 | 0:54:27 |
| 11 | 10KM Individual - Female Aged 40-49 | 2329 | YUNG CHAU YEE | 容秋兒 | 0:54:56 | 0:54:42 |
| 12 | 10KM Individual - Female Aged 40-49 | 2440 | WONG KA YEE | 黃嘉兒 | 0:55:15 | 0:55:02 |

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| 13 | 10KM Individual - Female Aged 40-49 | 2426 | ZENG QIONGHUA | 曾瓊華 | 0:55:48 | 0:54:13 |
| 14 | 10KM Individual - Female Aged 40-49 | 2363 | CHAN YUK LING | 陳玉玲 | 0:56:32 | 0:55:02 |
| 15 | 10KM Individual - Female Aged 40-49 | 2400 | TSE PUI KAY ATHENA | | 0:57:05 | 0:56:07 |
| 16 | 10KM Individual - Female Aged 40-49 | 2342 | NGAN LONG | 顏浪 | 0:57:40 | 0:55:50 |
| 17 | 10KM Individual - Female Aged 40-49 | 2313 | LEONG PUI YIU CANDY | 梁佩瑤 | 0:58:12 | 0:56:42 |
| 18 | 10KM Individual - Female Aged 40-49 | 2323 | CHAN SZE WING | | 0:58:23 | 0:57:02 |
| 19 | 10KM Individual - Female Aged 40-49 | 2309 | TSE SO KWAN | | 0:58:42 | 0:58:08 |
| 20 | 10KM Individual - Female Aged 40-49 | 2369 | MA MAN SZE | | 0:58:51 | 0:58:05 |
| 21 | 10KM Individual - Female Aged 40-49 | 2332 | CHOW TSZ TING MICHELE | | 0:58:54 | 0:58:21 |
| 22 | 10KM Individual - Female Aged 40-49 | 2409 | CHIU SUK YAN SUANNE | 招淑欣 | 0:59:02 | 0:58:46 |
| 23 | 10KM Individual - Female Aged 40-49 | 2401 | HO PUI SANG | 何沛笙 | 0:59:42 | 0:57:46 |
| 24 | 10KM Individual - Female Aged 40-49 | 2454 | LAM KIT YING | 林潔瑩 | 0:59:53 | 0:58:58 |
| 25 | 10KM Individual - Female Aged 40-49 | 2460 | LIU SHUK WAH | | 1:00:13 | 0:59:23 |
| 26 | 10KM Individual - Female Aged 40-49 | 2424 | NG SIU PIK BONNIE | 吳筱碧 | 1:00:28 | 0:59:10 |
| 27 | 10KM Individual - Female Aged 40-49 | 2451 | CHAN WING YIN FIONA | 陳穎妍 | 1:01:12 | 0:59:25 |
| 28 | 10KM Individual - Female Aged 40-49 | 2429 | TSANG KIT YING KEZIA | 曾潔盈 | 1:01:31 | 1:01:13 |
| 29 | 10KM Individual - Female Aged 40-49 | 2445 | LAU SIU YI | 劉少儀 | 1:01:39 | 1:00:16 |
| 30 | 10KM Individual - Female Aged 40-49 | 2320 | CHEUNG PUI YUK | 張佩玉 | 1:01:43 | 1:01:20 |
| 31 | 10KM Individual - Female Aged 40-49 | 2327 | CHUNG WAI HUNG | 鍾慧虹 | 1:01:46 | 1:00:10 |
| 32 | 10KM Individual - Female Aged 40-49 | 2356 | IP CHOI MAN | 葉彩雯 | 1:02:02 | 1:01:23 |
| 33 | 10KM Individual - Female Aged 40-49 | 2387 | LUI WAI YAN | 雷煒欣 | 1:02:23 | 1:00:33 |
| 34 | 10KM Individual - Female Aged 40-49 | 2361 | CHAN ANNIE | | 1:02:44 | 1:01:20 |
| 35 | 10KM Individual - Female Aged 40-49 | 2318 | YUEN TSZ WAI | 袁子惠 | 1:03:09 | 1:02:37 |
| 36 | 10KM Individual - Female Aged 40-49 | 2456 | WAI YI TIFFANY CHEUNG | 張慧兒 | 1:04:07 | 1:02:27 |
| 37 | 10KM Individual - Female Aged 40-49 | 2372 | LEUNG WOON SZE | 梁煥詩 | 1:04:14 | 1:03:24 |
| 38 | 10KM Individual - Female Aged 40-49 | 2346 | NG CHUI SHAN | | 1:04:24 | 1:03:50 |
| 39 | 10KM Individual - Female Aged 40-49 | 2315 | CHEUNG KA LAI | 張家麗 | 1:04:38 | 1:03:53 |
| 40 | 10KM Individual - Female Aged 40-49 | 2421 | HON KAM FUNG | 韓錦鳳 | 1:04:39 | 1:03:04 |
| 41 | 10KM Individual - Female Aged 40-49 | 2340 | CHO LING | 左亞玲 | 1:04:56 | 1:03:56 |
| 42 | 10KM Individual - Female Aged 40-49 | 2414 | YU HUIJUN | 余慧君 | 1:05:02 | 1:03:48 |
| 43 | 10KM Individual - Female Aged 40-49 | 2326 | HO MEI TING | 賀美婷 | 1:05:33 | 1:05:15 |
| 44 | 10KM Individual - Female Aged 40-49 | 2432 | LEE PO LAM PAULINE | 李寶琳 | 1:05:49 | 1:05:04 |
| 45 | 10KM Individual - Female Aged 40-49 | 2419 | PANG SUET YING | 彭雪瑩 | 1:05:55 | |
| 46 | 10KM Individual - Female Aged 40-49 | 2371 | CHU WUN WUN | 朱媛媛 | 1:05:55 | 1:04:20 |
| 47 | 10KM Individual - Female Aged 40-49 | 2473 | HAU KA MAN | | 1:06:52 | 1:05:58 |
| 48 | 10KM Individual - Female Aged 40-49 | 2330 | WONG WING KUM | 黃詠琴 | 1:07:07 | 1:05:20 |
| 49 | 10KM Individual - Female Aged 40-49 | 2343 | LEUNG SUM YEE | 梁心怡 | 1:07:08 | 1:05:09 |

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| 50 | 10KM Individual - Female Aged 40-49 | 2403 | CHAN NGA YEE ANNIE | | 1:07:23 | 1:04:53 |
| 51 | 10KM Individual - Female Aged 40-49 | 2449 | KWAN CHUI WA | 關翠華 | 1:07:32 | 1:05:58 |
| 52 | 10KM Individual - Female Aged 40-49 | 2376 | YAU LAI CHING | 邱麗貞 | 1:07:40 | 1:06:10 |
| 53 | 10KM Individual - Female Aged 40-49 | 2347 | NG YEUNG CHI | 吳煬梓 | 1:07:41 | 1:06:52 |
| 54 | 10KM Individual - Female Aged 40-49 | 2379 | LAM SIU FUNG | | 1:07:50 | 1:07:35 |
| 55 | 10KM Individual - Female Aged 40-49 | 2452 | CHAN LAI SZE | 陳麗斯 | 1:08:02 | 1:07:36 |
| 56 | 10KM Individual - Female Aged 40-49 | 2391 | POON ALICE WAI YEE | | 1:08:04 | 1:07:17 |
| 57 | 10KM Individual - Female Aged 40-49 | 2425 | LO CHING TING | 盧靜婷 | 1:08:17 | 1:07:00 |
| 58 | 10KM Individual - Female Aged 40-49 | 2608 | LAM CHING FAN | 林靜芬 | 1:08:52 | 1:07:56 |
| 59 | 10KM Individual - Female Aged 40-49 | 2427 | LAU HIU WAI | 劉曉慧 | 1:09:04 | 1:07:40 |
| 60 | 10KM Individual - Female Aged 40-49 | 2338 | LAM LAI LAI | 林麗麗 | 1:09:14 | 1:08:09 |
| 61 | 10KM Individual - Female Aged 40-49 | 2413 | LEUNG CHING MAN | 梁靜雯 | 1:09:19 | 1:08:21 |
| 62 | 10KM Individual - Female Aged 40-49 | 2459 | CHAN SHANNON | | 1:09:41 | 1:09:36 |
| 63 | 10KM Individual - Female Aged 40-49 | 2368 | YEUNG YAU HUNG | 楊友紅 | 1:09:48 | 1:07:57 |
| 64 | 10KM Individual - Female Aged 40-49 | 2441 | LAW KA KI | 羅嘉琪 | 1:10:18 | 1:08:53 |
| 65 | 10KM Individual - Female Aged 40-49 | 2420 | YU WAN SZE | | 1:10:22 | 1:09:11 |
| 66 | 10KM Individual - Female Aged 40-49 | 2335 | LAW TSZ NING | 羅芷寧 | 1:10:50 | 1:10:00 |
| 67 | 10KM Individual - Female Aged 40-49 | 2314 | LI WING SUM | 李泳森 | 1:10:55 | 1:10:13 |
| 68 | 10KM Individual - Female Aged 40-49 | 2373 | WENYING ZHONG | 鍾文英 | 1:11:00 | 1:10:35 |
| 69 | 10KM Individual - Female Aged 40-49 | 2402 | LEE TSZ YAN | 李芷殷 | 1:11:06 | 1:11:06 |
| 70 | 10KM Individual - Female Aged 40-49 | 2367 | DENG JUN YAN | 鄧君艷 | 1:11:14 | 1:09:23 |
| 71 | 10KM Individual - Female Aged 40-49 | 2358 | WONG LEE LEE | 黃莉莉 | 1:11:33 | 1:09:16 |
| 72 | 10KM Individual - Female Aged 40-49 | 2328 | YIP PO LAM | 葉寶琳 | 1:11:38 | 1:10:22 |
| 73 | 10KM Individual - Female Aged 40-49 | 2336 | YIN YUK TSANG | 曾燕玉 | 1:12:04 | 1:08:37 |
| 74 | 10KM Individual - Female Aged 40-49 | 2439 | CHAN KIT YI | 陳潔怡 | 1:12:08 | 1:09:03 |
| 75 | 10KM Individual - Female Aged 40-49 | 2390 | NG LAI PING | | 1:13:00 | 1:12:47 |
| 76 | 10KM Individual - Female Aged 40-49 | 2392 | NG YUEN YAN | | 1:13:09 | 1:11:14 |
| 77 | 10KM Individual - Female Aged 40-49 | 2406 | LAM SZE LAP PEARL | | 1:13:35 | 1:12:01 |
| 78 | 10KM Individual - Female Aged 40-49 | 2377 | LEE CHING YEE POLLY | | 1:13:37 | 1:11:44 |
| 79 | 10KM Individual - Female Aged 40-49 | 2380 | LAM PIK KWAN | 林碧君 | 1:14:16 | 1:12:36 |
| 80 | 10KM Individual - Female Aged 40-49 | 2354 | WONG HEI YI | 黃希夷 | 1:14:23 | 1:13:30 |
| 81 | 10KM Individual - Female Aged 40-49 | 2461 | FUNG MING YAN TAMMY | | 1:14:38 | 1:14:19 |
| 82 | 10KM Individual - Female Aged 40-49 | 2388 | LEE SZE WAI KAREN | 李詩蕙 | 1:14:41 | 1:13:06 |
| 83 | 10KM Individual - Female Aged 40-49 | 2386 | WONG HOK MAN | 王學雯 | 1:14:41 | 1:13:06 |
| 84 | 10KM Individual - Female Aged 40-49 | 2430 | LUI ADA HIU YAN | | 1:14:57 | 1:14:13 |
| 85 | 10KM Individual - Female Aged 40-49 | 2331 | PACHECO GRACE | | 1:15:08 | 1:13:22 |
| 86 | 10KM Individual - Female Aged 40-49 | 2464 | PEI WING KI | 費詠琪 | 1:15:44 | 1:15:04 |

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| 87 | 10KM Individual - Female Aged 40-49 | 2410 | MASSYN ANTHEA JOY | | 1:16:22 | 1:15:53 |
| 88 | 10KM Individual - Female Aged 40-49 | 2389 | CHAN HOI TING EMILY | 陳凱婷 | 1:16:30 | 1:14:55 |
| 89 | 10KM Individual - Female Aged 40-49 | 2405 | CHAN YUEN YEE | | 1:17:03 | 1:14:29 |
| 90 | 10KM Individual - Female Aged 40-49 | 2423 | MEI KAM CHOI | 蔡美琴 | 1:17:18 | 1:17:08 |
| 91 | 10KM Individual - Female Aged 40-49 | 2447 | POON WING YI | 潘詠怡 | 1:17:46 | 1:15:40 |
| 92 | 10KM Individual - Female Aged 40-49 | 2325 | WAN TING TING | 雲婷婷 | 1:18:55 | 1:16:50 |
| 93 | 10KM Individual - Female Aged 40-49 | 2360 | WONG LAI SZE ALICE | | 1:18:58 | 1:16:30 |
| 94 | 10KM Individual - Female Aged 40-49 | 2311 | CHAN WING YAN | 陳詠恩 | 1:19:05 | 1:17:17 |
| 95 | 10KM Individual - Female Aged 40-49 | 2399 | WONG YIM YIM | 黃艷艷 | 1:19:19 | 1:18:00 |
| 96 | 10KM Individual - Female Aged 40-49 | 2431 | CHAN MEI LING | | 1:19:20 | 1:18:36 |
| 97 | 10KM Individual - Female Aged 40-49 | 2436 | FONG HIU MEI | 方曉美 | 1:20:03 | 1:18:18 |
| 98 | 10KM Individual - Female Aged 40-49 | 2383 | LAM TSZ MAN | 林芷敏 | 1:20:17 | 1:18:37 |
| 99 | 10KM Individual - Female Aged 40-49 | 2455 | LEE CHUI WAI MARY | 李趣慧 | 1:20:28 | 1:18:48 |
| 100 | 10KM Individual - Female Aged 40-49 | 2457 | CHAU YIN WAN | | 1:21:22 | 1:20:32 |
| 101 | 10KM Individual - Female Aged 40-49 | 2446 | POON WING SUM | 潘詠芯 | 1:21:48 | 1:19:41 |
| 102 | 10KM Individual - Female Aged 40-49 | 2404 | HO PUI SZE | | 1:21:58 | 1:19:42 |
| 103 | 10KM Individual - Female Aged 40-49 | 2353 | HO MAN KWAN | 何文君 | 1:22:22 | 1:22:05 |
| 104 | 10KM Individual - Female Aged 40-49 | 2428 | LEE MAN LEE | 李文莉 | 1:22:36 | 1:21:36 |
| 105 | 10KM Individual - Female Aged 40-49 | 2443 | CHEUNG CHING YIN | 張靜賢 | 1:23:10 | 1:21:49 |
| 106 | 10KM Individual - Female Aged 40-49 | 2384 | CHEUNG SIU PING | 張小平 | 1:23:13 | 1:21:51 |
| 107 | 10KM Individual - Female Aged 40-49 | 2378 | TSUI MEN CAR CARMEN | 徐敏嘉 | 1:23:27 | 1:22:37 |
| 108 | 10KM Individual - Female Aged 40-49 | 2385 | SIHUA WU | 伍四華 | 1:23:27 | 1:22:33 |
| 109 | 10KM Individual - Female Aged 40-49 | 2448 | WONG YEE MAN | | 1:24:09 | 1:23:38 |
| 110 | 10KM Individual - Female Aged 40-49 | 2333 | KWOK WAI WAI | 郭韡韡 | 1:24:25 | 1:23:09 |
| 111 | 10KM Individual - Female Aged 40-49 | 2462 | LEUNG LAI KIT | 梁麗結 | 1:24:25 | 1:22:07 |
| 112 | 10KM Individual - Female Aged 40-49 | 2341 | TAM YIN MAN | 譚燕敏 | 1:24:26 | 1:21:51 |
| 113 | 10KM Individual - Female Aged 40-49 | 2398 | YIP YUK MING | | 1:24:51 | 1:23:32 |
| 114 | 10KM Individual - Female Aged 40-49 | 2450 | YANG YINGMEI | 楊映妹 | 1:25:52 | 1:24:37 |
| 115 | 10KM Individual - Female Aged 40-49 | 2433 | CHEUNG CHING MAN | 張靜雯 | 1:26:14 | 1:24:54 |
| 116 | 10KM Individual - Female Aged 40-49 | 2319 | TSE YEE MAN | 謝綺雯 | 1:26:24 | 1:25:10 |
| 117 | 10KM Individual - Female Aged 40-49 | 2408 | HUNG PUI WAN | 孔珮韻 | 1:26:38 | 1:24:51 |
| 118 | 10KM Individual - Female Aged 40-49 | 2397 | LEUNG KA MEI | 梁嘉薇 | 1:27:27 | 1:24:54 |
| 119 | 10KM Individual - Female Aged 40-49 | 2463 | NG WING KAM | 吳詠琴 | 1:27:51 | 1:25:20 |
| 120 | 10KM Individual - Female Aged 40-49 | 2415 | TAM SZE NGA | 譚詩雅 | 1:28:14 | 1:27:01 |
| 121 | 10KM Individual - Female Aged 40-49 | 2351 | YIP HOI LAM | 葉凱琳 | 1:28:41 | 1:27:19 |
| 122 | 10KM Individual - Female Aged 40-49 | 2345 | WONG HANG FUNG | 黃杏楓 | 1:28:51 | 1:27:28 |
| 123 | 10KM Individual - Female Aged 40-49 | 2364 | LAW FUNG LIN | 羅鳳蓮 | 1:29:25 | 1:27:08 |

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|-------------------|---|------|---------------------------|-----|---------------|----------|
| 124 | 10KM Individual - Female Aged 40-49 | 2339 | LO TSUI YAN | 盧翠欣 | 1:29:41 | 1:28:39 |
| 125 | 10KM Individual - Female Aged 40-49 | 2407 | TANG FUNG KWAN | | 1:30:52 | 1:29:06 |
| 126 | 10KM Individual - Female Aged 40-49 | 2418 | WONG KEI YAN WONG KEI YAN | 黃己殷 | 1:31:38 | 1:30:24 |
| 127 | 10KM Individual - Female Aged 40-49 | 2348 | CHENG WING YAN | 鄭詠恩 | 1:32:12 | 1:31:38 |
| 128 | 10KM Individual - Female Aged 40-49 | 2344 | LEUNG SHUK YI JESS | 梁淑宜 | 1:33:12 | 1:31:40 |
| 129 | 10KM Individual - Female Aged 40-49 | 2366 | WONG SZE WAN | 王詩韻 | 1:33:21 | 1:30:07 |
| 130 | 10KM Individual - Female Aged 40-49 | 2365 | CHAN CHING MAN | 陳靜雯 | 1:33:21 | 1:30:07 |
| 131 | 10KM Individual - Female Aged 40-49 | 2444 | LAI KWAN YEE | | 1:33:48 | 1:32:24 |
| 132 | 10KM Individual - Female Aged 40-49 | 2359 | MARK HOR KEE BONITA | 麥可琪 | 1:34:12 | 1:31:45 |
| 133 | 10KM Individual - Female Aged 40-49 | 2317 | MAK PUI LING | 麥佩玲 | 1:38:14 | 1:36:17 |
| 134 | 10KM Individual - Female Aged 40-49 | 2438 | CHEUNG PUI SHAN | 張沛珊 | 1:39:16 | 1:37:30 |
| 135 | 10KM Individual - Female Aged 40-49 | 2321 | CHEUNG CHEE CHUNG | 張芝中 | 1:40:17 | 1:39:53 |
| 1 | 10KM Individual - Female Aged 50 or above | 2607 | WONG KIT SHUN | | 0:40:34 | 0:40:32 |
| 2 | 10KM Individual - Female Aged 50 or above | 2528 | YEUNG MEI LUN | | 0:49:21 | 0:49:18 |
| 3 | 10KM Individual - Female Aged 50 or above | 2591 | NG MAN CHING | | 0:49:30 | 0:49:26 |
| 4 | 10KM Individual - Female Aged 50 or above | 2502 | FUNG SIU WAH | | 0:50:49 | 0:50:32 |
| 5 | 10KM Individual - Female Aged 50 or above | 2603 | NG SAY YI | 吳秀儀 | 0:52:59 | 0:52:39 |
| 6 | 10KM Individual - Female Aged 50 or above | 2511 | TSUI SIN YEE | 徐倩儀 | 0:53:42 | 0:53:14 |
| 7 | 10KM Individual - Female Aged 50 or above | 2495 | LAM YUEN MAN JOAN | 林婉雯 | 0:54:45 | 0:54:39 |
| 8 | 10KM Individual - Female Aged 50 or above | 2501 | WONG XIAOQUN | 黃小群 | 0:55:29 | 0:54:42 |
| 9 | 10KM Individual - Female Aged 50 or above | 2544 | NG SUK YEE ANGELA | 伍淑儀 | 0:55:48 | 0:55:06 |
| 10 | 10KM Individual - Female Aged 50 or above | 2596 | LEUNG JESS | | 0:57:07 | 0:56:53 |
| 11 | 10KM Individual - Female Aged 50 or above | 2552 | LAM YUK LAN CANDY | 林玉蘭 | 0:57:28 | 0:57:26 |
| 12 | 10KM Individual - Female Aged 50 or above | 2505 | LAM YIP CHING | 林業貞 | 0:57:31 | 0:57:20 |
| 13 | 10KM Individual - Female Aged 50 or above | 2592 | KWONG KIN MUI | | 0:57:57 | 0:57:03 |
| 14 | 10KM Individual - Female Aged 50 or above | 2606 | LAU WAI NING MAY | | 0:58:05 | 0:56:58 |
| 15 | 10KM Individual - Female Aged 50 or above | 2558 | CHAN KIT YING BETSY | | 0:58:39 | 0:58:24 |
| 16 | 10KM Individual - Female Aged 50 or above | 2551 | CHIU CHI WAI | 趙子慧 | 0:59:26 | 0:57:41 |
| 17 | 10KM Individual - Female Aged 50 or above | 2593 | KO KWOK SHEUNG SHEILA | | 0:59:32 | 0:58:38 |
| 18 | 10KM Individual - Female Aged 50 or above | 2582 | TSOI JENNIFER CHUNG FAI | | 0:59:33 | 0:57:47 |
| 19 | 10KM Individual - Female Aged 50 or above | 2485 | WAN SIU YING | 溫少英 | 1:00:22 | 0:59:33 |
| 20 | 10KM Individual - Female Aged 50 or above | 2597 | WONG MAN YEE | 王敏儀 | 1:00:53 | 1:00:30 |
| 21 | 10KM Individual - Female Aged 50 or above | 2586 | KWOK WAI CHUN | 郭惠珍 | 1:01:03 | 1:00:28 |
| 22 | 10KM Individual - Female Aged 50 or above | 2602 | SO KIT YIN | 蘇潔賢 | 1:01:08 | 0:59:34 |
| 23 | 10KM Individual - Female Aged 50 or above | 2482 | KUM WAI SHEUNG CARMEN | | 1:01:30 | 1:00:41 |
| 24 | 10KM Individual - Female Aged 50 or above | 2480 | LI SAU PING | | 1:02:03 | 1:01:18 |
| 25 | 10KM Individual - Female Aged 50 or above | 2487 | LIU JIANJUN | 劉健軍 | 1:02:06 | 1:01:55 |

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|-------------------|---|------|-----------------------|------|---------------|----------|
| 26 | 10KM Individual - Female Aged 50 or above | 2516 | FENG SHAN | 馮杉 | 1:03:19 | 1:02:44 |
| 27 | 10KM Individual - Female Aged 50 or above | 2594 | CHAN WAI FUN CINDY | 陳惠芬 | 1:03:21 | 1:02:27 |
| 28 | 10KM Individual - Female Aged 50 or above | 2477 | KAN LEE WA | 簡莉華 | 1:03:30 | 1:03:12 |
| 29 | 10KM Individual - Female Aged 50 or above | 2509 | LUI HAU YEE | 雷巧儀 | 1:04:23 | 1:02:28 |
| 30 | 10KM Individual - Female Aged 50 or above | 2500 | CHEUNG SIU LING | 張少玲 | 1:04:43 | 1:03:25 |
| 31 | 10KM Individual - Female Aged 50 or above | 2518 | WONG YUNG YUNG | 黃蓉蓉 | 1:05:37 | 1:03:21 |
| 32 | 10KM Individual - Female Aged 50 or above | 2605 | CHAN MAN YEE MAGGIE | | 1:05:45 | 1:03:46 |
| 33 | 10KM Individual - Female Aged 50 or above | 2521 | LAU SHUK NGAI | | 1:05:51 | 1:04:35 |
| 34 | 10KM Individual - Female Aged 50 or above | 2577 | LEE YUK YIN | 李玉燕 | 1:06:14 | 1:05:55 |
| 35 | 10KM Individual - Female Aged 50 or above | 2583 | LAU KWAI LING | 劉桂玲 | 1:06:58 | 1:06:23 |
| 36 | 10KM Individual - Female Aged 50 or above | 2548 | WONG HOI YIN | | 1:07:13 | 1:05:07 |
| 37 | 10KM Individual - Female Aged 50 or above | 2530 | CHUNG WAI MAN | 鍾慧敏 | 1:07:18 | 1:06:42 |
| 38 | 10KM Individual - Female Aged 50 or above | 2513 | HUANG YUK HUNG | 黃玉紅 | 1:07:23 | 1:06:55 |
| 39 | 10KM Individual - Female Aged 50 or above | 2598 | WONG KWOK WAN WENDY | | 1:07:38 | 1:07:09 |
| 40 | 10KM Individual - Female Aged 50 or above | 2601 | DU LYNN | 杜雷英 | 1:07:47 | 1:07:42 |
| 41 | 10KM Individual - Female Aged 50 or above | 2575 | CHEUNG NGA LUN | 張雅倫 | 1:08:01 | 1:06:05 |
| 42 | 10KM Individual - Female Aged 50 or above | 2524 | CHONG OI YEE | 莊愛意 | 1:08:31 | 1:07:59 |
| 43 | 10KM Individual - Female Aged 50 or above | 2545 | SO MING FUNG | 蘇鳴鳳 | 1:08:39 | 1:06:05 |
| 44 | 10KM Individual - Female Aged 50 or above | 2527 | CHOW HING MAN MAN | 周韻敏 | 1:08:47 | 1:07:21 |
| 45 | 10KM Individual - Female Aged 50 or above | 2590 | CHOW HING MAY SABRINA | | 1:08:48 | 1:07:08 |
| 46 | 10KM Individual - Female Aged 50 or above | 2566 | LEUNG PUI LING | 梁佩玲 | 1:09:01 | 1:06:57 |
| 47 | 10KM Individual - Female Aged 50 or above | 2490 | CHAU HO WAI | 周可慧 | 1:09:41 | 1:08:07 |
| 48 | 10KM Individual - Female Aged 50 or above | 2499 | LEUNG KA MAN | 梁嘉敏 | 1:09:56 | 1:09:34 |
| 49 | 10KM Individual - Female Aged 50 or above | 2604 | L WAI TING | | 1:10:59 | 1:08:54 |
| 50 | 10KM Individual - Female Aged 50 or above | 2533 | LEUNG KING CHI | 梁琮芝 | 1:11:13 | 1:09:20 |
| 51 | 10KM Individual - Female Aged 50 or above | 2474 | CHOY YEE LING LILLIAN | 蔡漪冷 | 1:11:13 | 1:10:13 |
| 52 | 10KM Individual - Female Aged 50 or above | 2563 | KUK YUK YIN | 谷玉賢 | 1:11:15 | 1:09:28 |
| 53 | 10KM Individual - Female Aged 50 or above | 2560 | CHUNG SHUN WAI ESTHER | | 1:11:27 | 1:09:11 |
| 54 | 10KM Individual - Female Aged 50 or above | 2479 | NG FUNG YEE | 伍鳳兒 | 1:13:16 | 1:12:35 |
| 55 | 10KM Individual - Female Aged 50 or above | 2600 | YAP LILI | | 1:13:19 | 1:13:16 |
| 56 | 10KM Individual - Female Aged 50 or above | 2508 | LO WAI CHUN | 羅惠珍 | 1:13:23 | 1:12:18 |
| 57 | 10KM Individual - Female Aged 50 or above | 2491 | LO YIN WA | 盧燕華 | 1:13:31 | 1:12:55 |
| 58 | 10KM Individual - Female Aged 50 or above | 2529 | CHENG MAY FAN | 鄭美芬 | 1:13:33 | 1:11:33 |
| 59 | 10KM Individual - Female Aged 50 or above | 2526 | LAM YUK TAI | 林玉娣 | 1:13:59 | 1:12:15 |
| 60 | 10KM Individual - Female Aged 50 or above | 2493 | KAN KWAN YUK | | 1:15:11 | 1:14:02 |
| 61 | 10KM Individual - Female Aged 50 or above | 2581 | LEE YIN HING | 李燕卿 | 1:15:11 | 1:13:16 |
| 62 | 10KM Individual - Female Aged 50 or above | 2531 | SETO SUK KEI SARAH | 司徒淑姬 | 1:15:20 | 1:14:03 |

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|-------------------|---|------|------------------------|-----|---------------|----------|
| 63 | 10KM Individual - Female Aged 50 or above | 2580 | NG LAI YEE | 吳麗儀 | 1:15:30 | 1:13:06 |
| 64 | 10KM Individual - Female Aged 50 or above | 2565 | WONG YUEN WAH JESSICA | | 1:15:33 | 1:14:51 |
| 65 | 10KM Individual - Female Aged 50 or above | 2588 | HSU CHIEH YU | 許婕妤 | 1:15:33 | 1:13:52 |
| 66 | 10KM Individual - Female Aged 50 or above | 2561 | NG KA FUNG ANNA | 吳嘉鳳 | 1:15:55 | 1:15:09 |
| 67 | 10KM Individual - Female Aged 50 or above | 2541 | LAM WAI PING | 林慧冰 | 1:16:03 | 1:14:14 |
| 68 | 10KM Individual - Female Aged 50 or above | 2538 | YIU SHUK FONG | 姚淑芳 | 1:16:04 | 1:15:45 |
| 69 | 10KM Individual - Female Aged 50 or above | 2517 | LUI KIT LING | | 1:16:43 | 1:14:20 |
| 70 | 10KM Individual - Female Aged 50 or above | 2571 | SIU PING CHOI | 蔡兆平 | 1:16:46 | 1:16:35 |
| 71 | 10KM Individual - Female Aged 50 or above | 2572 | CHAN CHEUK KING | 陳卓琮 | 1:16:50 | 1:16:37 |
| 72 | 10KM Individual - Female Aged 50 or above | 2475 | LIN CHOI SANG | 連再生 | 1:17:00 | 1:16:32 |
| 73 | 10KM Individual - Female Aged 50 or above | 2497 | TSANG MA LEE | 曾瑪琍 | 1:17:10 | 1:15:51 |
| 74 | 10KM Individual - Female Aged 50 or above | 2489 | LEE ABBIE | | 1:17:25 | 1:15:52 |
| 75 | 10KM Individual - Female Aged 50 or above | 2585 | TSUI CHI LING FLORENCE | 徐芝玲 | 1:17:30 | 1:15:48 |
| 76 | 10KM Individual - Female Aged 50 or above | 2569 | YU OI CHUN CINDY | 虞愛珍 | 1:18:04 | 1:17:32 |
| 77 | 10KM Individual - Female Aged 50 or above | 2573 | WONG CHUI HEUNG | 王翠香 | 1:18:07 | 1:17:54 |
| 78 | 10KM Individual - Female Aged 50 or above | 2557 | HUI LILY | | 1:18:22 | 1:17:02 |
| 79 | 10KM Individual - Female Aged 50 or above | 2579 | CHUNG HAU YEE MAGGIE | 鍾巧兒 | 1:18:32 | 1:17:40 |
| 80 | 10KM Individual - Female Aged 50 or above | 2578 | FOK WAI HEUNG | 霍慧香 | 1:19:05 | 1:17:25 |
| 81 | 10KM Individual - Female Aged 50 or above | 2555 | TAN CHAU YEE | 譚秋儀 | 1:19:13 | 1:18:27 |
| 82 | 10KM Individual - Female Aged 50 or above | 2567 | ZHU WENDY WENWEN | | 1:19:36 | 1:18:32 |
| 83 | 10KM Individual - Female Aged 50 or above | 2478 | LEUNG CHUI MAN | 梁翠敏 | 1:19:56 | 1:18:07 |
| 84 | 10KM Individual - Female Aged 50 or above | 2584 | ZHANG QIAOYAN | 張巧雁 | 1:20:07 | 1:18:25 |
| 85 | 10KM Individual - Female Aged 50 or above | 2589 | TSANG PUI YEE | 曾珮儀 | 1:20:15 | 1:19:37 |
| 86 | 10KM Individual - Female Aged 50 or above | 2498 | CHEUNG WAI MEI | 張慧媚 | 1:21:03 | 1:18:49 |
| 87 | 10KM Individual - Female Aged 50 or above | 2570 | KONG SIU YAN | 江少茵 | 1:21:13 | 1:18:38 |
| 88 | 10KM Individual - Female Aged 50 or above | 2525 | LAI KAM HUNG | 黎金紅 | 1:21:25 | 1:19:41 |
| 89 | 10KM Individual - Female Aged 50 or above | 2483 | CECILE PARISOT | | 1:22:38 | 1:21:09 |
| 90 | 10KM Individual - Female Aged 50 or above | 2504 | TSUI LAI FUN | 徐麗芬 | 1:22:47 | 1:20:31 |
| 91 | 10KM Individual - Female Aged 50 or above | 2547 | YUAN QILING | 袁綺玲 | 1:23:08 | 1:15:09 |
| 92 | 10KM Individual - Female Aged 50 or above | 2546 | WONG KAM FUNG | | 1:23:22 | 1:23:10 |
| 93 | 10KM Individual - Female Aged 50 or above | 2595 | FONG SIU MAN | 方少文 | 1:23:37 | 1:23:11 |
| 94 | 10KM Individual - Female Aged 50 or above | 2515 | CHAN MAN YI BIBIANA | | 1:23:49 | 1:22:16 |
| 95 | 10KM Individual - Female Aged 50 or above | 2512 | HO SAU CHUN | 何秀珍 | 1:23:51 | 1:23:22 |
| 96 | 10KM Individual - Female Aged 50 or above | 2496 | YU KWAI YIU | 余桂姚 | 1:24:13 | 1:23:13 |
| 97 | 10KM Individual - Female Aged 50 or above | 2574 | MAK LAI PING | 麥麗萍 | 1:24:25 | 1:23:09 |
| 98 | 10KM Individual - Female Aged 50 or above | 2507 | CHU CHI CHUN JENNY | | 1:24:26 | 1:21:51 |
| 99 | 10KM Individual - Female Aged 50 or above | 2542 | FUNG SUK CHING EVA | 馮淑貞 | 1:26:42 | 1:26:04 |

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|-------------------|---|------|-------------------------|-----|---------------|----------|
| 100 | 10KM Individual - Female Aged 50 or above | 2523 | CHAN MEI CHUN | 陳美珍 | 1:27:41 | 1:25:48 |
| 101 | 10KM Individual - Female Aged 50 or above | 2559 | LAM HANG YEE VIVIAN | | 1:28:04 | 1:25:58 |
| 102 | 10KM Individual - Female Aged 50 or above | 2576 | NG JACQUELINE | 吳睿文 | 1:29:05 | 1:27:07 |
| 103 | 10KM Individual - Female Aged 50 or above | 2553 | WONG HIU MAN SCARLETT | 王曉文 | 1:30:18 | 1:28:06 |
| 104 | 10KM Individual - Female Aged 50 or above | 2599 | LAI HELEN | | 1:30:30 | 1:30:06 |
| 105 | 10KM Individual - Female Aged 50 or above | 2556 | LEE WING YIN | 李穎賢 | 1:30:43 | 1:28:10 |
| 106 | 10KM Individual - Female Aged 50 or above | 2564 | TAM WAI FAN AILEEN | 譚偉芬 | 1:31:01 | 1:30:19 |
| 107 | 10KM Individual - Female Aged 50 or above | 2532 | LEE KIT PIK | 李潔碧 | 1:31:13 | 1:29:50 |
| 108 | 10KM Individual - Female Aged 50 or above | 2484 | WAN SIU MING | 尹小明 | 1:33:30 | 1:33:05 |
| 109 | 10KM Individual - Female Aged 50 or above | 2587 | WONG FUNG KEE | 黃鳳姬 | 1:33:45 | 1:32:04 |
| 110 | 10KM Individual - Female Aged 50 or above | 2506 | LI WAI KWAN | 李慧君 | 1:34:36 | 1:33:14 |
| 111 | 10KM Individual - Female Aged 50 or above | 2534 | SIU SUK LAN TAMMY | 蕭淑蘭 | 1:35:32 | 1:34:06 |
| 112 | 10KM Individual - Female Aged 50 or above | 2550 | WONG SUI WAH | 黃瑞華 | 1:37:01 | 1:36:10 |
| 113 | 10KM Individual - Female Aged 50 or above | 2537 | LAM MEI LING IVY | 林美玲 | 1:37:23 | 1:37:04 |
| 114 | 10KM Individual - Female Aged 50 or above | 2539 | PANG PUI HAR | 彭佩霞 | 1:37:23 | 1:37:05 |
| 115 | 10KM Individual - Female Aged 50 or above | 2540 | WONG WAI KING MARY | 黃惠琼 | 1:37:23 | 1:37:05 |
| 116 | 10KM Individual - Female Aged 50 or above | 2492 | CHU LAI FUN BECKY | 朱麗芬 | 1:39:20 | 1:38:01 |
| 1 | 10KM Individual - Male Aged 16-29 | 1139 | CHIU CHEUK HIM | 趙卓謙 | 0:37:55 | 0:37:55 |
| 2 | 10KM Individual - Male Aged 16-29 | 1083 | LAU YH | 劉懿康 | 0:38:46 | 0:38:46 |
| 3 | 10KM Individual - Male Aged 16-29 | 1112 | WONG HO HIM | 王浩謙 | 0:39:36 | 0:39:36 |
| 4 | 10KM Individual - Male Aged 16-29 | 1077 | NG CHUN YIP TIMOTHY | 吳駿業 | 0:39:51 | 0:39:47 |
| 5 | 10KM Individual - Male Aged 16-29 | 1119 | TAM SAI KEI | | 0:39:57 | 0:39:56 |
| 6 | 10KM Individual - Male Aged 16-29 | 1156 | LEE YIK YUE JONAS | 李易諭 | 0:41:01 | 0:40:55 |
| 7 | 10KM Individual - Male Aged 16-29 | 1113 | MAK SHING CHUN | 麥誠雋 | 0:41:45 | 0:41:40 |
| 8 | 10KM Individual - Male Aged 16-29 | 1129 | TONG WAN KIT | 唐昀傑 | 0:42:20 | 0:41:52 |
| 9 | 10KM Individual - Male Aged 16-29 | 1032 | TANG KIN YAN | 鄧見恩 | 0:42:24 | 0:42:16 |
| 10 | 10KM Individual - Male Aged 16-29 | 1093 | CHEUNG HO NAM CALVIN | 張焜嵐 | 0:42:31 | 0:42:08 |
| 11 | 10KM Individual - Male Aged 16-29 | 1159 | LIU LIU SUNG HIM JOSEPH | 廖崇謙 | 0:42:31 | 0:42:25 |
| 12 | 10KM Individual - Male Aged 16-29 | 1137 | KAN ZACOS | 簡見熙 | 0:42:52 | 0:42:46 |
| 13 | 10KM Individual - Male Aged 16-29 | 1081 | LI KWOK KUEN | 李國權 | 0:43:25 | 0:43:05 |
| 14 | 10KM Individual - Male Aged 16-29 | 1148 | LAI KIN ON | 黎建安 | 0:43:28 | 0:43:18 |
| 15 | 10KM Individual - Male Aged 16-29 | 1082 | LAI WAN KI SAMUEL | 黎允祈 | 0:43:50 | 0:43:29 |
| 16 | 10KM Individual - Male Aged 16-29 | 1185 | LEUNG WING HONG | 梁穎康 | 0:44:00 | 0:43:37 |
| 17 | 10KM Individual - Male Aged 16-29 | 1172 | CHUNG OTIS ZANIPOLO | 鍾傳深 | 0:44:12 | 0:43:33 |
| 18 | 10KM Individual - Male Aged 16-29 | 1086 | LAM SING SIU | | 0:46:00 | 0:44:32 |
| 19 | 10KM Individual - Male Aged 16-29 | 1132 | CHIN CHUN HEI DENIS | 錢俊希 | 0:46:05 | 0:46:00 |
| 20 | 10KM Individual - Male Aged 16-29 | 1168 | SO WANG CHING | 蘇泓正 | 0:46:34 | 0:45:54 |

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| 21 | 10KM Individual - Male Aged 16-29 | 1045 | LAU SIU CHUN | | 0:47:16 | 0:46:40 |
| 22 | 10KM Individual - Male Aged 16-29 | 1126 | JIK TERRANCE | 易喬昶 | 0:47:47 | 0:46:44 |
| 23 | 10KM Individual - Male Aged 16-29 | 1186 | LI YU HON | 李宇韓 | 0:47:57 | 0:47:14 |
| 24 | 10KM Individual - Male Aged 16-29 | 1182 | WONG PAK HEI KEITH | 黃柏曦 | 0:47:57 | 0:47:40 |
| 25 | 10KM Individual - Male Aged 16-29 | 1143 | LIEW SHAN MOU | | 0:48:00 | 0:45:42 |
| 26 | 10KM Individual - Male Aged 16-29 | 1073 | CHEN XIAOGANG | 陳曉鋼 | 0:48:03 | 0:45:33 |
| 27 | 10KM Individual - Male Aged 16-29 | 1088 | CHAN CHI HO | 陳智豪 | 0:48:12 | 0:47:03 |
| 28 | 10KM Individual - Male Aged 16-29 | 1111 | YEUNG KAM HUNG | | 0:48:36 | 0:47:59 |
| 29 | 10KM Individual - Male Aged 16-29 | 1098 | CHEUNG WAI HIN | 張偉軒 | 0:48:42 | 0:47:36 |
| 30 | 10KM Individual - Male Aged 16-29 | 1078 | WONG YIK TUNG | 黃奕彤 | 0:49:07 | 0:48:44 |
| 31 | 10KM Individual - Male Aged 16-29 | 1042 | NG KA CHUN | 吳家澹 | 0:49:30 | 0:48:22 |
| 32 | 10KM Individual - Male Aged 16-29 | 1187 | LO TAK TUNG | 盧德潼 | 0:49:31 | 0:47:57 |
| 33 | 10KM Individual - Male Aged 16-29 | 1039 | CHAN WAI HANG | 陳煒恒 | 0:49:32 | 0:48:25 |
| 34 | 10KM Individual - Male Aged 16-29 | 1038 | CHAN YAT LONG | 陳日朗 | 0:49:40 | 0:49:31 |
| 35 | 10KM Individual - Male Aged 16-29 | 1177 | LU YU TING | 盧汝霆 | 0:49:41 | 0:49:20 |
| 36 | 10KM Individual - Male Aged 16-29 | 1118 | CHEUNG LOK HONG | 張樂康 | 0:50:41 | 0:49:32 |
| 37 | 10KM Individual - Male Aged 16-29 | 1131 | LO CHUN KI JACKAL | 盧俊祁 | 0:50:44 | 0:50:25 |
| 38 | 10KM Individual - Male Aged 16-29 | 1043 | NG JOHN WING JUN | 吳榮晉 | 0:50:44 | 0:49:18 |
| 39 | 10KM Individual - Male Aged 16-29 | 1106 | CHUI YIK NAM | 徐奕嵐 | 0:50:51 | 0:50:01 |
| 40 | 10KM Individual - Male Aged 16-29 | 1121 | TONG KA HO | 湯家豪 | 0:51:07 | 0:49:57 |
| 41 | 10KM Individual - Male Aged 16-29 | 1149 | LING HOU LAM | 凌昊霖 | 0:51:32 | 0:51:10 |
| 42 | 10KM Individual - Male Aged 16-29 | 1174 | TSOI KAI TSUN | 蔡佳峻 | 0:51:35 | 0:49:33 |
| 43 | 10KM Individual - Male Aged 16-29 | 1170 | LEUNG ALEXANDER SIU KWUN | | 0:51:41 | 0:50:46 |
| 44 | 10KM Individual - Male Aged 16-29 | 1019 | DELLA NAVE ENZO | | 0:51:42 | 0:51:27 |
| 45 | 10KM Individual - Male Aged 16-29 | 1051 | LEE TSZ FUNG | | 0:52:02 | 0:50:56 |
| 46 | 10KM Individual - Male Aged 16-29 | 1116 | GONG YING KAI | 龔穎楷 | 0:52:03 | 0:51:53 |
| 47 | 10KM Individual - Male Aged 16-29 | 1128 | CHAN NGAI KIN | 陳藝乾 | 0:52:12 | 0:49:33 |
| 48 | 10KM Individual - Male Aged 16-29 | 1117 | KWOK CHEUK HEI | 郭卓熙 | 0:52:18 | 0:51:41 |
| 49 | 10KM Individual - Male Aged 16-29 | 1122 | PUN KUOK WA | 潘國華 | 0:52:23 | 0:51:08 |
| 50 | 10KM Individual - Male Aged 16-29 | 1155 | LAU PAK HIM | | 0:52:38 | 0:52:01 |
| 51 | 10KM Individual - Male Aged 16-29 | 1181 | HO HIN WAI | 何顯煒 | 0:52:38 | 0:52:21 |
| 52 | 10KM Individual - Male Aged 16-29 | 1085 | TING LOK LUCENT | | 0:52:41 | 0:52:08 |
| 53 | 10KM Individual - Male Aged 16-29 | 1150 | CHAN KA HO | 陳嘉豪 | 0:52:42 | 0:51:37 |
| 54 | 10KM Individual - Male Aged 16-29 | 1142 | CHEUNG CHING HO | 張政浩 | 0:52:49 | 0:51:36 |
| 55 | 10KM Individual - Male Aged 16-29 | 1176 | PUN LONG FUNG RYAN | 潘朗峰 | 0:52:49 | 0:52:28 |
| 56 | 10KM Individual - Male Aged 16-29 | 1041 | GUAN CHAK KI | 關澤祺 | 0:52:55 | 0:50:49 |
| 57 | 10KM Individual - Male Aged 16-29 | 1124 | LIANG KWAN YUEN | 梁鈞源 | 0:52:55 | 0:50:49 |

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| 58 | 10KM Individual - Male Aged 16-29 | 1140 | CHAN WAI CHUNG | 陳偉中 | 0:53:10 | 0:51:58 |
| 59 | 10KM Individual - Male Aged 16-29 | 1040 | WONG CHUN WING | 黃俊榮 | 0:53:12 | 0:52:06 |
| 60 | 10KM Individual - Male Aged 16-29 | 1048 | ZHANBO HE | 何展博 | 0:53:28 | 0:51:23 |
| 61 | 10KM Individual - Male Aged 16-29 | 1025 | WU GUANGSHUO | 吳光燦 | 0:53:35 | 0:53:18 |
| 62 | 10KM Individual - Male Aged 16-29 | 1011 | WONG CHUN HEI | 王俊希 | 0:53:46 | 0:53:37 |
| 63 | 10KM Individual - Male Aged 16-29 | 1192 | WONG KA LAM | 王家霖 | 0:53:50 | 0:53:33 |
| 64 | 10KM Individual - Male Aged 16-29 | 1046 | WONG STANLEY ANDREW | 黃廷軒 | 0:53:53 | 0:49:49 |
| 65 | 10KM Individual - Male Aged 16-29 | 1096 | LI YUEN TAO | 李源滔 | 0:53:57 | 0:53:12 |
| 66 | 10KM Individual - Male Aged 16-29 | 1104 | LING LONG CHING | | 0:54:14 | 0:53:39 |
| 67 | 10KM Individual - Male Aged 16-29 | 1110 | NG KAI MING | 吳啟銘 | 0:54:24 | 0:53:31 |
| 68 | 10KM Individual - Male Aged 16-29 | 1161 | HAU YIN HOWARD CHUNG | 鐘孝賢 | 0:54:29 | 0:53:42 |
| 69 | 10KM Individual - Male Aged 16-29 | 1054 | LAM YAT LUN | 林一麟 | 0:54:30 | 0:52:10 |
| 70 | 10KM Individual - Male Aged 16-29 | 1130 | MEARY JULES | | 0:54:49 | 0:53:35 |
| 71 | 10KM Individual - Male Aged 16-29 | 1064 | LEUNG TSZ CHUN | 梁梓俊 | 0:54:56 | 0:53:41 |
| 72 | 10KM Individual - Male Aged 16-29 | 1167 | LEUNG TUNG YIN HAMILTON | 梁棟然 | 0:55:05 | 0:53:46 |
| 73 | 10KM Individual - Male Aged 16-29 | 1008 | LAM CHUI FUNG | 林序豐 | 0:55:28 | 0:54:33 |
| 74 | 10KM Individual - Male Aged 16-29 | 1147 | LI SIU FUNG | | 0:55:42 | 0:53:41 |
| 75 | 10KM Individual - Male Aged 16-29 | 1084 | WO WU CHAO | 伍超和 | 0:55:45 | 0:54:33 |
| 76 | 10KM Individual - Male Aged 16-29 | 1162 | NOK YIN FUNG | | 0:55:48 | 0:55:25 |
| 77 | 10KM Individual - Male Aged 16-29 | 1020 | PIERSON THIBAULT | | 0:55:53 | 0:55:37 |
| 78 | 10KM Individual - Male Aged 16-29 | 1178 | SIU KWUN TING | 蕭冠靈 | 0:55:55 | 0:55:05 |
| 79 | 10KM Individual - Male Aged 16-29 | 1075 | CHAN HOI HO | 陳凱浩 | 0:55:58 | 0:54:22 |
| 80 | 10KM Individual - Male Aged 16-29 | 1013 | TIAN XIANGAN | 田祥安 | 0:55:59 | 0:55:13 |
| 81 | 10KM Individual - Male Aged 16-29 | 1154 | KEI HOI YIU | 紀凱耀 | 0:56:12 | 0:54:24 |
| 82 | 10KM Individual - Male Aged 16-29 | 1184 | NG YAT WA | 吳逸樺 | 0:56:30 | 0:55:57 |
| 83 | 10KM Individual - Male Aged 16-29 | 1091 | CHAU CHAK HO | 周澤浩 | 0:56:49 | 0:56:26 |
| 84 | 10KM Individual - Male Aged 16-29 | 1037 | KWONG CHI HIN | 鄺志軒 | 0:57:04 | 0:54:39 |
| 85 | 10KM Individual - Male Aged 16-29 | 1189 | WU JUN KEI JACKY | 鄔晉楷 | 0:57:12 | 0:56:41 |
| 86 | 10KM Individual - Male Aged 16-29 | 1053 | NG CHUN KIT | 吳俊杰 | 0:57:13 | 0:56:42 |
| 87 | 10KM Individual - Male Aged 16-29 | 1035 | LEUNG CHUN KIU JEFF | 梁晉僑 | 0:57:19 | 0:56:10 |
| 88 | 10KM Individual - Male Aged 16-29 | 1006 | CHEUNG MING KIT | 張銘杰 | 0:57:32 | 0:54:43 |
| 89 | 10KM Individual - Male Aged 16-29 | 1144 | FONG CHUN HEI | 方駿熙 | 0:57:33 | 0:55:32 |
| 90 | 10KM Individual - Male Aged 16-29 | 1068 | KWOK CHING WAI | 郭澄璋 | 0:57:38 | 0:56:08 |
| 91 | 10KM Individual - Male Aged 16-29 | 1030 | LU JOSEPH TIANYOU | 陸天祐 | 0:57:53 | 0:56:44 |
| 92 | 10KM Individual - Male Aged 16-29 | 1175 | FONG CHUN HEI | 方駿熙 | 0:58:02 | 0:56:39 |
| 93 | 10KM Individual - Male Aged 16-29 | 1029 | NG TSUN HIN | 吳浚軒 | 0:58:07 | 0:56:59 |
| 94 | 10KM Individual - Male Aged 16-29 | 1146 | HUNG FEI YEUNG | 洪飛揚 | 0:58:17 | 0:56:15 |

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| 95 | 10KM Individual - Male Aged 16-29 | 1160 | LEUNG CORNELIUS | 梁進 | 0:58:17 | 0:57:11 |
| 96 | 10KM Individual - Male Aged 16-29 | 1120 | LO LUCIAN SIMEON | 盧朗心 | 0:58:45 | 0:57:22 |
| 97 | 10KM Individual - Male Aged 16-29 | 1071 | LEE CYRUS | 李崇璋 | 0:58:49 | 0:56:28 |
| 98 | 10KM Individual - Male Aged 16-29 | 1157 | NG CHIN LOK | 吳展樂 | 0:59:23 | 0:58:51 |
| 99 | 10KM Individual - Male Aged 16-29 | 1173 | NING YUNZHOU | 宁云州 | 0:59:26 | 0:58:21 |
| 100 | 10KM Individual - Male Aged 16-29 | 1179 | ZHOU SILANG | 周思朗 | 0:59:47 | 0:57:29 |
| 101 | 10KM Individual - Male Aged 16-29 | 1092 | LAM CHUN PUI | 林俊沛 | 0:59:51 | 0:58:26 |
| 102 | 10KM Individual - Male Aged 16-29 | 1028 | NG MATTHEW | 吳卓諺 | 0:59:58 | 0:58:36 |
| 103 | 10KM Individual - Male Aged 16-29 | 1090 | LEE CHEUK HEI JEFF | | 1:00:12 | 0:58:58 |
| 104 | 10KM Individual - Male Aged 16-29 | 1062 | TAM YAT HIN | 譚逸軒 | 1:00:14 | 0:58:04 |
| 105 | 10KM Individual - Male Aged 16-29 | 1058 | WAYNE JEFFREY | 區祖榮 | 1:00:19 | 0:58:48 |
| 106 | 10KM Individual - Male Aged 16-29 | 1066 | LAU SUNG MING | | 1:00:41 | 0:58:30 |
| 107 | 10KM Individual - Male Aged 16-29 | 1141 | LEUNG LAP SAN | 梁立薪 | 1:00:58 | 0:59:47 |
| 108 | 10KM Individual - Male Aged 16-29 | 1125 | LEE CHUN YIN | 利雋賢 | 1:01:01 | 0:59:46 |
| 109 | 10KM Individual - Male Aged 16-29 | 1188 | LI YIU HANG | 李耀恒 | 1:01:06 | 0:59:10 |
| 110 | 10KM Individual - Male Aged 16-29 | 1076 | CHAN YEE PUI | 陳義培 | 1:01:24 | 1:01:07 |
| 111 | 10KM Individual - Male Aged 16-29 | 1049 | YIU YUI WA | 姚睿華 | 1:01:25 | 1:01:08 |
| 112 | 10KM Individual - Male Aged 16-29 | 1099 | CHENG KA CHUN | 鄭嘉駿 | 1:01:26 | 1:00:26 |
| 113 | 10KM Individual - Male Aged 16-29 | 1057 | TAM JIT HIN | | 1:01:29 | 0:59:46 |
| 114 | 10KM Individual - Male Aged 16-29 | 1022 | LAW WAI MING | 羅偉銘 | 1:01:33 | 1:01:02 |
| 115 | 10KM Individual - Male Aged 16-29 | 1097 | YEUNG CHUN KI | 楊雋棋 | 1:01:36 | 0:59:25 |
| 116 | 10KM Individual - Male Aged 16-29 | 1050 | CHO SIU HANG GARY | 曹兆恆 | 1:01:40 | 1:00:42 |
| 117 | 10KM Individual - Male Aged 16-29 | 1166 | YIP HO TING | 葉浩庭 | 1:01:42 | 1:00:47 |
| 118 | 10KM Individual - Male Aged 16-29 | 1114 | HO KIT FAI | 何傑輝 | 1:01:43 | 0:59:06 |
| 119 | 10KM Individual - Male Aged 16-29 | 1108 | NG YUI FUNG | 吳銳峰 | 1:01:52 | 1:00:54 |
| 120 | 10KM Individual - Male Aged 16-29 | 1027 | YIU WING CHUNG | 姚泳冲 | 1:02:01 | 1:00:13 |
| 121 | 10KM Individual - Male Aged 16-29 | 1171 | LIU ZHICHUAN | | 1:02:37 | 1:02:12 |
| 122 | 10KM Individual - Male Aged 16-29 | 1163 | WONG HIN KWAN | 黃顯鈞 | 1:03:00 | 1:02:10 |
| 123 | 10KM Individual - Male Aged 16-29 | 1067 | CHAN PAK YU | 陳柏儒 | 1:03:31 | 1:02:13 |
| 124 | 10KM Individual - Male Aged 16-29 | 1115 | CHO HING WAI | 曹興威 | 1:03:35 | 1:00:56 |
| 125 | 10KM Individual - Male Aged 16-29 | 1018 | SO SIU TING | 蘇兆靈 | 1:03:37 | 1:01:46 |
| 126 | 10KM Individual - Male Aged 16-29 | 1044 | YOUNG CHUN FAI | 楊振輝 | 1:03:53 | 1:02:26 |
| 127 | 10KM Individual - Male Aged 16-29 | 1024 | WONG YUK NAM | 黃昱嵐 | 1:03:54 | 1:01:24 |
| 128 | 10KM Individual - Male Aged 16-29 | 1135 | LUK CHUNG YIN | | 1:04:00 | 1:03:43 |
| 129 | 10KM Individual - Male Aged 16-29 | 1063 | LAU LOK HIN ETHAN | 劉樂軒 | 1:04:13 | 1:03:24 |
| 130 | 10KM Individual - Male Aged 16-29 | 1151 | WONG WAI LUN WILLIAM | 黃瑋麟 | 1:04:14 | 1:03:20 |
| 131 | 10KM Individual - Male Aged 16-29 | 1123 | TING CHUNG PAN | 丁松彬 | 1:04:49 | 1:03:35 |

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| 132 | 10KM Individual - Male Aged 16-29 | 1007 | FAN SHING CHIT | 范丞喆 | 1:04:51 | 1:02:29 |
| 133 | 10KM Individual - Male Aged 16-29 | 1026 | SIN SIN YUK LUN | 洗旭倫 | 1:05:06 | 1:02:36 |
| 134 | 10KM Individual - Male Aged 16-29 | 1065 | TONG HON SUM | | 1:05:16 | 1:02:51 |
| 135 | 10KM Individual - Male Aged 16-29 | 1031 | CHAN CHAN CHUN SANG | 陳隽生 | 1:05:59 | 1:03:29 |
| 136 | 10KM Individual - Male Aged 16-29 | 1059 | CHAN HO KWAN | | 1:06:03 | 1:04:52 |
| 137 | 10KM Individual - Male Aged 16-29 | 1023 | LAI CHUN WAI | 黎俊偉 | 1:06:09 | 1:05:10 |
| 138 | 10KM Individual - Male Aged 16-29 | 1109 | CHAN TIMOTHY YING HO | 陳應皓 | 1:06:30 | 1:05:03 |
| 139 | 10KM Individual - Male Aged 16-29 | 1009 | CHAN CHEUK HIM | 陳卓謙 | 1:06:43 | 1:05:09 |
| 140 | 10KM Individual - Male Aged 16-29 | 1087 | LEE KA SHING ADAM | 李嘉誠 | 1:07:04 | 1:06:06 |
| 141 | 10KM Individual - Male Aged 16-29 | 1165 | YIU TSUN WA | 姚浚驊 | 1:07:17 | 1:06:42 |
| 142 | 10KM Individual - Male Aged 16-29 | 1169 | HO CHEUK MAN | 何卓文 | 1:07:21 | 1:05:00 |
| 143 | 10KM Individual - Male Aged 16-29 | 1047 | CHAN CHIK HO | 陳積浩 | 1:07:32 | 1:05:10 |
| 144 | 10KM Individual - Male Aged 16-29 | 1001 | SHEN RUILILIN | 沈睿李麟 | 1:08:11 | 1:06:23 |
| 145 | 10KM Individual - Male Aged 16-29 | 1014 | CHEUNG WING KWAN | 張穎鈞 | 1:08:21 | 1:07:44 |
| 146 | 10KM Individual - Male Aged 16-29 | 1056 | WONG LOK SUM | | 1:08:34 | 1:07:25 |
| 147 | 10KM Individual - Male Aged 16-29 | 1060 | LUI WANG HEI | 雷宏希 | 1:09:09 | 1:07:32 |
| 148 | 10KM Individual - Male Aged 16-29 | 1101 | CHAN LEONG KI | | 1:09:42 | 1:08:02 |
| 149 | 10KM Individual - Male Aged 16-29 | 1033 | WONG SIU NAM | 王肇楠 | 1:09:49 | 1:08:39 |
| 150 | 10KM Individual - Male Aged 16-29 | 1061 | LAI KANG HUN | 黎廣憲 | 1:10:36 | 1:07:47 |
| 151 | 10KM Individual - Male Aged 16-29 | 1012 | MAK CHUN | 麥駿 | 1:11:21 | 1:09:45 |
| 152 | 10KM Individual - Male Aged 16-29 | 1052 | LEE CHI LON | | 1:12:19 | 1:10:34 |
| 153 | 10KM Individual - Male Aged 16-29 | 1164 | YAU KWAN LOK | 丘鈞樂 | 1:13:15 | 1:12:41 |
| 154 | 10KM Individual - Male Aged 16-29 | 1021 | CHAN HO PAN | | 1:13:27 | 1:11:46 |
| 155 | 10KM Individual - Male Aged 16-29 | 1094 | CHEN WAI YIP | 陳蔚業 | 1:13:59 | 1:10:55 |
| 156 | 10KM Individual - Male Aged 16-29 | 1089 | BATRA ISHAAN | | 1:14:25 | 1:13:18 |
| 157 | 10KM Individual - Male Aged 16-29 | 1107 | CHIU YU TING | 趙于霆 | 1:14:33 | 1:13:33 |
| 158 | 10KM Individual - Male Aged 16-29 | 1015 | CHUNG HAU WAI | 鍾孝煒 | 1:15:37 | 1:14:59 |
| 159 | 10KM Individual - Male Aged 16-29 | 1136 | TSZ MAN NG | 吳子敏 | 1:16:09 | 1:15:26 |
| 160 | 10KM Individual - Male Aged 16-29 | 1005 | CHAN KWUN HONG | 陳冠匡 | 1:16:10 | 1:13:52 |
| 161 | 10KM Individual - Male Aged 16-29 | 1036 | HO CHEUK HIM JACOB | 何卓謙 | 1:16:20 | 1:14:45 |
| 162 | 10KM Individual - Male Aged 16-29 | 1003 | TSANG CHUN HIN | 曾俊軒 | 1:16:44 | 1:15:52 |
| 163 | 10KM Individual - Male Aged 16-29 | 1074 | SETIASABDA KHARIS DANIEL | | 1:17:02 | 1:14:43 |
| 164 | 10KM Individual - Male Aged 16-29 | 1055 | CHOW HIU LAAM FELIX | 周曉嵐 | 1:19:07 | 1:17:29 |
| 165 | 10KM Individual - Male Aged 16-29 | 1127 | YAM LOK HIN | 嚴樂軒 | 1:21:49 | 1:21:10 |
| 166 | 10KM Individual - Male Aged 16-29 | 1016 | HUNG CHUN MING | 洪進銘 | 1:22:11 | 1:20:20 |
| 167 | 10KM Individual - Male Aged 16-29 | 1010 | LAU WANG SUM | 劉宏深 | 1:24:09 | 1:22:54 |
| 168 | 10KM Individual - Male Aged 16-29 | 1017 | KWOK TSZ YEUNG | 郭子揚 | 1:25:26 | 1:23:34 |

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| 169 | 10KM Individual - Male Aged 16-29 | 1095 | CHAN CHI WA | 陳志華 | 1:26:18 | 1:24:40 |
| 170 | 10KM Individual - Male Aged 16-29 | 1105 | LAM KWAN LOK | 林君樂 | 1:30:44 | 1:28:12 |
| 171 | 10KM Individual - Male Aged 16-29 | 1180 | KWOK HEI LONG | 郭晞朗 | 1:37:08 | 1:34:28 |
| 1 | 10KM Individual - Male Aged 30-39 | 1266 | SZE TSZ CHIU | 施子超 | 0:36:14 | 0:36:14 |
| 2 | 10KM Individual - Male Aged 30-39 | 1749 | MABAQUIAO CEASAR BENSON | | 0:39:01 | 0:38:58 |
| 3 | 10KM Individual - Male Aged 30-39 | 1433 | YU CHIN WAI | | 0:39:10 | 0:39:10 |
| 4 | 10KM Individual - Male Aged 30-39 | 1750 | BONGULTO JOSE ROBERTO DIONISIO | | 0:39:22 | 0:39:19 |
| 5 | 10KM Individual - Male Aged 30-39 | 1232 | CLEMENT CYRIL | | 0:39:55 | 0:39:42 |
| 6 | 10KM Individual - Male Aged 30-39 | 1318 | YUEN CHUN HOI | 阮俊凱 | 0:40:10 | 0:40:07 |
| 7 | 10KM Individual - Male Aged 30-39 | 1399 | SHIU CHAU PING | 邵舟平 | 0:40:39 | 0:40:31 |
| 8 | 10KM Individual - Male Aged 30-39 | 1358 | MAK KA WING | 麥嘉榮 | 0:40:40 | 0:40:39 |
| 9 | 10KM Individual - Male Aged 30-39 | 1267 | PUN YIU CHUNG | 潘耀中 | 0:41:08 | 0:40:39 |
| 10 | 10KM Individual - Male Aged 30-39 | 1244 | LAU YAN SHING | | 0:41:22 | 0:41:18 |
| 11 | 10KM Individual - Male Aged 30-39 | 1446 | TSE WANG TAT | 謝弘達 | 0:41:25 | 0:41:13 |
| 12 | 10KM Individual - Male Aged 30-39 | 1385 | CHAN KAI DIK | 陳啟迪 | 0:41:48 | 0:41:01 |
| 13 | 10KM Individual - Male Aged 30-39 | 1323 | UN KA CHUN | 阮嘉駿 | 0:41:48 | 0:41:46 |
| 14 | 10KM Individual - Male Aged 30-39 | 1382 | COLE THOMAS | | 0:41:58 | 0:41:50 |
| 15 | 10KM Individual - Male Aged 30-39 | 1378 | KUNG PAK HEI CODY | | 0:42:00 | 0:40:54 |
| 16 | 10KM Individual - Male Aged 30-39 | 1347 | LAM CHEUK FAI | | 0:42:06 | 0:41:57 |
| 17 | 10KM Individual - Male Aged 30-39 | 1391 | CHU TZE FUNG | 朱梓峰 | 0:42:17 | 0:42:12 |
| 18 | 10KM Individual - Male Aged 30-39 | 1417 | YEN LOK HIN | | 0:42:22 | 0:42:11 |
| 19 | 10KM Individual - Male Aged 30-39 | 1747 | WONG MAN TSUN | 王文俊 | 0:42:33 | 0:42:29 |
| 20 | 10KM Individual - Male Aged 30-39 | 1425 | TONG MAN CHING | 唐文正 | 0:42:39 | 0:42:17 |
| 21 | 10KM Individual - Male Aged 30-39 | 1383 | DUERR RAPHAEL | | 0:42:40 | 0:42:07 |
| 22 | 10KM Individual - Male Aged 30-39 | 1393 | HO KA KUI | 何家驅 | 0:42:55 | 0:42:51 |
| 23 | 10KM Individual - Male Aged 30-39 | 1351 | CUBILLE PIERRE | | 0:43:20 | 0:42:47 |
| 24 | 10KM Individual - Male Aged 30-39 | 1300 | MA KWUN YIM | | 0:43:23 | 0:43:20 |
| 25 | 10KM Individual - Male Aged 30-39 | 1258 | HUI KA MING | 許嘉銘 | 0:43:45 | 0:43:41 |
| 26 | 10KM Individual - Male Aged 30-39 | 1439 | KWOK HON KIT | 郭漢傑 | 0:43:47 | 0:43:23 |
| 27 | 10KM Individual - Male Aged 30-39 | 1381 | TSUI MAN CHUN | 徐文俊 | 0:43:58 | 0:43:11 |
| 28 | 10KM Individual - Male Aged 30-39 | 1368 | IP MING KIT | | 0:44:01 | 0:44:00 |
| 29 | 10KM Individual - Male Aged 30-39 | 1403 | LIU HO LIM | 廖灝濂 | 0:44:03 | 0:43:55 |
| 30 | 10KM Individual - Male Aged 30-39 | 1282 | LAW KAI LOK | 羅繼樂 | 0:44:07 | 0:44:00 |
| 31 | 10KM Individual - Male Aged 30-39 | 1236 | LEE MAN HIM | 李旻謙 | 0:44:22 | 0:44:13 |
| 32 | 10KM Individual - Male Aged 30-39 | 1389 | SHING FONG LEE | 李成晃 | 0:44:28 | 0:44:18 |
| 33 | 10KM Individual - Male Aged 30-39 | 1372 | LOK KEN YUE | | 0:44:29 | 0:44:00 |
| 34 | 10KM Individual - Male Aged 30-39 | 1311 | WONG KWAN | 黃鈞 | 0:45:00 | 0:44:41 |

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| 35 | 10KM Individual - Male Aged 30-39 | 1219 | YAMADA TARO | | 0:45:02 | 0:44:50 |
| 36 | 10KM Individual - Male Aged 30-39 | 1352 | CHEUNG HO WAI | 張浩維 | 0:45:21 | 0:44:52 |
| 37 | 10KM Individual - Male Aged 30-39 | 1293 | TAM HO CHI | 譚皓之 | 0:45:23 | 0:43:55 |
| 38 | 10KM Individual - Male Aged 30-39 | 1428 | LOONG CHI WANG | 龍智弘 | 0:45:28 | 0:45:12 |
| 39 | 10KM Individual - Male Aged 30-39 | 1298 | HO GREGORY IGNATIUS CHUN LONG | 何雋朗 | 0:45:47 | 0:45:24 |
| 40 | 10KM Individual - Male Aged 30-39 | 1394 | CHAN YAM YIN | 陳欽言 | 0:46:07 | 0:44:31 |
| 41 | 10KM Individual - Male Aged 30-39 | 1402 | LEE KING YIU | | 0:46:09 | 0:45:58 |
| 42 | 10KM Individual - Male Aged 30-39 | 1225 | LAW KIT NING | 羅傑寧 | 0:46:29 | 0:46:26 |
| 43 | 10KM Individual - Male Aged 30-39 | 1292 | TAI TSZ FUNG | 戴梓峰 | 0:46:40 | 0:46:36 |
| 44 | 10KM Individual - Male Aged 30-39 | 1435 | GOLDRING WILLIAM HOWARD CHARLES | | 0:46:47 | 0:46:29 |
| 45 | 10KM Individual - Male Aged 30-39 | 1317 | HO ANDY WAI LUN | | 0:46:53 | 0:46:26 |
| 46 | 10KM Individual - Male Aged 30-39 | 1280 | CHAN CHUN YIN | 陳俊賢 | 0:46:59 | 0:45:31 |
| 47 | 10KM Individual - Male Aged 30-39 | 1353 | CHAN WAI SHU | | 0:47:09 | 0:46:40 |
| 48 | 10KM Individual - Male Aged 30-39 | 1361 | CHONG KA TSUN | 莊嘉浚 | 0:47:13 | 0:46:32 |
| 49 | 10KM Individual - Male Aged 30-39 | 1197 | CHU MAN KIT | 朱民傑 | 0:47:21 | 0:47:13 |
| 50 | 10KM Individual - Male Aged 30-39 | 1406 | CHAN YU SUM | 陳裕森 | 0:47:35 | 0:47:27 |
| 51 | 10KM Individual - Male Aged 30-39 | 1434 | CHAN LONG KIU KELVIN | 陳朗翹 | 0:47:42 | 0:47:35 |
| 52 | 10KM Individual - Male Aged 30-39 | 1448 | WONG YIN ZHI | 黃彥智 | 0:47:44 | 0:47:22 |
| 53 | 10KM Individual - Male Aged 30-39 | 1447 | LIU KANG YUE KENNETH | | 0:47:48 | 0:46:08 |
| 54 | 10KM Individual - Male Aged 30-39 | 1395 | LEUNG KIN HO | 梁健豪 | 0:47:52 | 0:47:22 |
| 55 | 10KM Individual - Male Aged 30-39 | 1401 | LAU HO MAN | 劉浩文 | 0:48:11 | 0:47:41 |
| 56 | 10KM Individual - Male Aged 30-39 | 1377 | LEUNG YU KI | 梁宇麒 | 0:48:11 | 0:47:01 |
| 57 | 10KM Individual - Male Aged 30-39 | 1373 | LEUNG KA WING | 梁嘉榮 | 0:48:18 | 0:48:05 |
| 58 | 10KM Individual - Male Aged 30-39 | 1254 | CHAN HIU TUNG | 陳曉東 | 0:48:20 | 0:48:12 |
| 59 | 10KM Individual - Male Aged 30-39 | 1338 | LEUNG TSUN KIT MARCUS | 梁進傑 | 0:48:25 | 0:47:44 |
| 60 | 10KM Individual - Male Aged 30-39 | 1315 | WONG CHI YIU | | 0:48:28 | 0:48:22 |
| 61 | 10KM Individual - Male Aged 30-39 | 1208 | WONG YAT CHUNG | 王一聰 | 0:49:07 | 0:48:41 |
| 62 | 10KM Individual - Male Aged 30-39 | 1253 | LAI KI WUT | 黎祈活 | 0:49:13 | 0:48:45 |
| 63 | 10KM Individual - Male Aged 30-39 | 1207 | LAW TSZ ON | 羅梓安 | 0:49:16 | 0:48:45 |
| 64 | 10KM Individual - Male Aged 30-39 | 1217 | YAN WING SUM | 殷永深 | 0:49:26 | 0:49:06 |
| 65 | 10KM Individual - Male Aged 30-39 | 1442 | LAM CHUN HEI ALEX | 林俊熹 | 0:49:32 | 0:49:04 |
| 66 | 10KM Individual - Male Aged 30-39 | 1345 | YUK FUNG LAU | 劉毓鋒 | 0:50:13 | 0:49:44 |
| 67 | 10KM Individual - Male Aged 30-39 | 1218 | LAU CHI YUEN | | 0:50:29 | 0:50:16 |
| 68 | 10KM Individual - Male Aged 30-39 | 1322 | LI TIK DAVID | 李頌 | 0:50:30 | 0:47:24 |
| 69 | 10KM Individual - Male Aged 30-39 | 1357 | TANG CHEUK LAM | | 0:50:33 | 0:49:06 |
| 70 | 10KM Individual - Male Aged 30-39 | 1203 | WONG TSZ CHUN | 黃子晉 | 0:50:49 | 0:49:21 |
| 71 | 10KM Individual - Male Aged 30-39 | 1444 | PANG HUNG KIT | | 0:50:57 | 0:50:24 |

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| 72 | 10KM Individual - Male Aged 30-39 | 1386 | TRUCCO CLAUDIO | | 0:51:01 | 0:50:19 |
| 73 | 10KM Individual - Male Aged 30-39 | 1250 | HONG YIU KAY ROCKY | 韓耀畿 | 0:51:02 | 0:49:59 |
| 74 | 10KM Individual - Male Aged 30-39 | 1332 | JONATHAN YING LUN CHAN | | 0:51:15 | 0:49:41 |
| 75 | 10KM Individual - Male Aged 30-39 | 1365 | CHAN YU LONG CHAN YU LONG | 陳譽朗 | 0:51:18 | 0:50:36 |
| 76 | 10KM Individual - Male Aged 30-39 | 1312 | LIM WEE | | 0:51:24 | 0:50:04 |
| 77 | 10KM Individual - Male Aged 30-39 | 1375 | DE GUZMAN ANDREI LOUIS ERODIAS | 古安德 | 0:51:26 | 0:49:48 |
| 78 | 10KM Individual - Male Aged 30-39 | 1367 | FUNG HEUNG WANG OWEN | | 0:51:32 | 0:49:53 |
| 79 | 10KM Individual - Male Aged 30-39 | 1252 | TSANG YUK LAM | 曾育霖 | 0:51:46 | 0:50:53 |
| 80 | 10KM Individual - Male Aged 30-39 | 1437 | CHOW KA TSUN | 周嘉俊 | 0:51:49 | 0:51:01 |
| 81 | 10KM Individual - Male Aged 30-39 | 1200 | SUEN LOK HANG | | 0:51:55 | 0:51:03 |
| 82 | 10KM Individual - Male Aged 30-39 | 1438 | CHEE FOOK LAM BRONSON | 徐福林 | 0:52:00 | 0:51:40 |
| 83 | 10KM Individual - Male Aged 30-39 | 1359 | MA CHEUNG TANG | 馬長騰 | 0:52:18 | 0:52:02 |
| 84 | 10KM Individual - Male Aged 30-39 | 1450 | FUNG CHEUK KAY VICTOR NICHOLAS | | 0:52:21 | 0:51:53 |
| 85 | 10KM Individual - Male Aged 30-39 | 1392 | WU CHUNG HIM | 胡頌謙 | 0:52:27 | 0:51:52 |
| 86 | 10KM Individual - Male Aged 30-39 | 1398 | WONG BILLY | 黃耀祖 | 0:52:29 | 0:50:36 |
| 87 | 10KM Individual - Male Aged 30-39 | 1256 | LO CHO FUNG | 盧楚豐 | 0:52:31 | 0:50:47 |
| 88 | 10KM Individual - Male Aged 30-39 | 1343 | CHEUNG SIU FUNG | 張肇峰 | 0:52:31 | 0:52:02 |
| 89 | 10KM Individual - Male Aged 30-39 | 1261 | POON SAI WANG | 潘世弘 | 0:52:35 | 0:51:31 |
| 90 | 10KM Individual - Male Aged 30-39 | 1388 | TSANG CHI WAI | 曾志偉 | 0:52:57 | 0:51:47 |
| 91 | 10KM Individual - Male Aged 30-39 | 1206 | HO CHUN YIN | 何俊賢 | 0:52:59 | 0:52:34 |
| 92 | 10KM Individual - Male Aged 30-39 | 1269 | WONG YU KIT | 黃愉杰 | 0:53:02 | 0:52:46 |
| 93 | 10KM Individual - Male Aged 30-39 | 1330 | CHAN KA HO | 陳嘉豪 | 0:53:07 | 0:51:06 |
| 94 | 10KM Individual - Male Aged 30-39 | 1424 | WAN BENY | 溫海雲 | 0:53:21 | 0:50:53 |
| 95 | 10KM Individual - Male Aged 30-39 | 1441 | NG WING CHUNG | 吳詠聰 | 0:53:44 | 0:53:11 |
| 96 | 10KM Individual - Male Aged 30-39 | 1238 | TANG FAI MO PHILIP | 鄧輝武 | 0:53:53 | 0:52:29 |
| 97 | 10KM Individual - Male Aged 30-39 | 1209 | DIU KIN CHUNG | 刁健聰 | 0:54:12 | 0:54:01 |
| 98 | 10KM Individual - Male Aged 30-39 | 1262 | FU CHIK YU | 符績裕 | 0:54:22 | 0:53:45 |
| 99 | 10KM Individual - Male Aged 30-39 | 1220 | CHAN HONG KIT | 陳康傑 | 0:54:32 | 0:53:58 |
| 100 | 10KM Individual - Male Aged 30-39 | 1263 | KWOK YAU LUNG | | 0:54:41 | 0:52:36 |
| 101 | 10KM Individual - Male Aged 30-39 | 1283 | LAI MAN CHUNG | | 0:54:49 | 0:54:30 |
| 102 | 10KM Individual - Male Aged 30-39 | 1443 | WONG YAU YUEN | 王宥元 | 0:54:50 | 0:54:28 |
| 103 | 10KM Individual - Male Aged 30-39 | 1397 | WAN SUI KI | 溫瑞麒 | 0:54:55 | 0:52:57 |
| 104 | 10KM Individual - Male Aged 30-39 | 1251 | CHAN TSZ CHUN | 陳梓駿 | 0:54:56 | 0:53:52 |
| 105 | 10KM Individual - Male Aged 30-39 | 1320 | SHAMSIBAEV LAZIZKHON | | 0:54:57 | 0:54:36 |
| 106 | 10KM Individual - Male Aged 30-39 | 1371 | WONG KA MAN | 黃嘉汶 | 0:54:57 | 0:53:32 |
| 107 | 10KM Individual - Male Aged 30-39 | 1334 | FANG YAN JIN SAMUEL | 方欣正 | 0:55:00 | 0:54:41 |
| 108 | 10KM Individual - Male Aged 30-39 | 1257 | HO HO YEUNG | 何浩洋 | 0:55:06 | 0:54:51 |

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| 109 | 10KM Individual - Male Aged 30-39 | 1205 | WONG YUEN LUNG | 王元龍 | 0:55:07 | 0:54:36 |
| 110 | 10KM Individual - Male Aged 30-39 | 1407 | HAU WAI SAN | 侯偉新 | 0:55:11 | 0:54:39 |
| 111 | 10KM Individual - Male Aged 30-39 | 1349 | CHEUNG HO TING CHRIS | | 0:55:20 | 0:54:57 |
| 112 | 10KM Individual - Male Aged 30-39 | 1369 | LO CHI KUEN | 盧志權 | 0:55:28 | 0:54:03 |
| 113 | 10KM Individual - Male Aged 30-39 | 1335 | LEUNG PAK LUN | 梁柏麟 | 0:55:37 | 0:55:07 |
| 114 | 10KM Individual - Male Aged 30-39 | 1289 | CHEUNG TSZ FUNG | 張子峰 | 0:55:37 | 0:54:34 |
| 115 | 10KM Individual - Male Aged 30-39 | 1276 | CHOW WING HANG | | 0:55:51 | 0:53:47 |
| 116 | 10KM Individual - Male Aged 30-39 | 1290 | LAU CHUN LING | 劉俊靈 | 0:55:55 | 0:54:52 |
| 117 | 10KM Individual - Male Aged 30-39 | 1235 | HO CHRISTOPHER CLEMENT | | 0:56:15 | 0:55:34 |
| 118 | 10KM Individual - Male Aged 30-39 | 1314 | TANG CHUNG YEE JOHN | | 0:56:25 | 0:55:34 |
| 119 | 10KM Individual - Male Aged 30-39 | 1429 | CHAN SHU WING | | 0:56:26 | 0:54:58 |
| 120 | 10KM Individual - Male Aged 30-39 | 1313 | WONG MAN YIU | 王文耀 | 0:56:27 | 0:55:36 |
| 121 | 10KM Individual - Male Aged 30-39 | 1268 | CHENG PAK NAM | 鄭柏楠 | 0:56:37 | 0:55:58 |
| 122 | 10KM Individual - Male Aged 30-39 | 1193 | AU PAK HANG | | 0:56:51 | 0:55:47 |
| 123 | 10KM Individual - Male Aged 30-39 | 1440 | CHAN KWUN WA | 陳冠華 | 0:56:55 | 0:55:08 |
| 124 | 10KM Individual - Male Aged 30-39 | 1297 | YU DONG | | 0:57:33 | 0:56:26 |
| 125 | 10KM Individual - Male Aged 30-39 | 1409 | CHOI MAN SHUN | 蔡文信 | 0:57:47 | 0:56:18 |
| 126 | 10KM Individual - Male Aged 30-39 | 1299 | HON CHO YAU | 韓礎優 | 0:57:54 | 0:57:36 |
| 127 | 10KM Individual - Male Aged 30-39 | 1346 | CHOW HEI YEUNG | 周晞陽 | 0:58:03 | 0:57:39 |
| 128 | 10KM Individual - Male Aged 30-39 | 1348 | CHAN CHI HUN | | 0:58:05 | 0:57:43 |
| 129 | 10KM Individual - Male Aged 30-39 | 1214 | LIU CHUN LAM | 廖俊霖 | 0:58:08 | 0:56:26 |
| 130 | 10KM Individual - Male Aged 30-39 | 1249 | CHUNG CHI LEUNG | 鍾志良 | 0:58:08 | 0:56:21 |
| 131 | 10KM Individual - Male Aged 30-39 | 1230 | SIU CHUN SAN | | 0:58:10 | 0:55:45 |
| 132 | 10KM Individual - Male Aged 30-39 | 1199 | CHAN SAN FUNG | 陳新豐 | 0:58:31 | 0:56:07 |
| 133 | 10KM Individual - Male Aged 30-39 | 1247 | CHEUNG DANIEL WAI LONG | | 0:58:32 | 0:56:32 |
| 134 | 10KM Individual - Male Aged 30-39 | 1211 | LEUNG HO LUN | 梁浩麟 | 0:58:34 | 0:55:45 |
| 135 | 10KM Individual - Male Aged 30-39 | 1350 | COMMERCON REMI | | 0:58:46 | 0:57:32 |
| 136 | 10KM Individual - Male Aged 30-39 | 1390 | LIANG ZI HAO | 梁梓豪 | 0:58:57 | 0:56:21 |
| 137 | 10KM Individual - Male Aged 30-39 | 1405 | YU CHUN YEUNG | 余振揚 | 0:59:10 | 0:57:58 |
| 138 | 10KM Individual - Male Aged 30-39 | 1285 | LAI SIN KING | 黎善敬 | 0:59:18 | 0:57:14 |
| 139 | 10KM Individual - Male Aged 30-39 | 1227 | LAW KA SHING | 羅嘉誠 | 0:59:19 | 0:56:55 |
| 140 | 10KM Individual - Male Aged 30-39 | 1303 | AO IEONG KUOK TONG | 歐陽國東 | 0:59:30 | 0:59:19 |
| 141 | 10KM Individual - Male Aged 30-39 | 1213 | CHENG PAK HEI | 鄭栢曦 | 0:59:56 | 0:58:33 |
| 142 | 10KM Individual - Male Aged 30-39 | 1302 | LI CHI FUNG | 李志峰 | 1:00:12 | 0:58:21 |
| 143 | 10KM Individual - Male Aged 30-39 | 1234 | WAIKIT CHAU | 周煒杰 | 1:00:18 | 0:58:11 |
| 144 | 10KM Individual - Male Aged 30-39 | 1215 | WONG HO KAN | 黃皓勤 | 1:00:25 | 1:00:13 |
| 145 | 10KM Individual - Male Aged 30-39 | 1216 | LEUNG SIU TING | 梁紹庭 | 1:00:25 | 0:58:47 |

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| 146 | 10KM Individual - Male Aged 30-39 | 1294 | TANG TSZ HIN | 鄧梓軒 | 1:00:42 | 0:59:03 |
| 147 | 10KM Individual - Male Aged 30-39 | 1296 | PEREIRA MATTHEW | | 1:00:45 | 0:59:49 |
| 148 | 10KM Individual - Male Aged 30-39 | 1231 | LAU CHI KIN | 劉智建 | 1:00:59 | 1:00:27 |
| 149 | 10KM Individual - Male Aged 30-39 | 1316 | WILKIN JAIME DAVID | | 1:01:01 | 0:59:17 |
| 150 | 10KM Individual - Male Aged 30-39 | 1331 | LI COLIN | 李俊諺 | 1:01:17 | 0:58:52 |
| 151 | 10KM Individual - Male Aged 30-39 | 1233 | YAM FELIX SHI DA | 任石達 | 1:01:57 | 1:00:34 |
| 152 | 10KM Individual - Male Aged 30-39 | 1336 | LAU KAI YAN PHILIP | 劉啟欣 | 1:02:01 | 1:00:15 |
| 153 | 10KM Individual - Male Aged 30-39 | 1248 | YUEN WAI KUEN | 袁偉權 | 1:02:15 | 1:00:52 |
| 154 | 10KM Individual - Male Aged 30-39 | 1287 | HONG MAN YIU | 康文耀 | 1:02:35 | 1:01:59 |
| 155 | 10KM Individual - Male Aged 30-39 | 1421 | SUEN CHUN FUNG | 孫振鋒 | 1:02:38 | 1:01:48 |
| 156 | 10KM Individual - Male Aged 30-39 | 1222 | WONG TAT HEI | 黃達禧 | 1:02:53 | 1:01:17 |
| 157 | 10KM Individual - Male Aged 30-39 | 1431 | YIP LOK MAN | 葉樂文 | 1:03:06 | 1:01:44 |
| 158 | 10KM Individual - Male Aged 30-39 | 1239 | KWOK CHUN YIN | 郭俊賢 | 1:03:15 | 1:02:59 |
| 159 | 10KM Individual - Male Aged 30-39 | 1265 | CHAN YU HIM FELIX | 陳宇謙 | 1:03:21 | 1:00:25 |
| 160 | 10KM Individual - Male Aged 30-39 | 1260 | KWOK TSZ HIN LEO | 郭子軒 | 1:03:26 | 1:02:18 |
| 161 | 10KM Individual - Male Aged 30-39 | 1201 | YEUNG TUNG HONG | 楊東杭 | 1:03:29 | 1:03:11 |
| 162 | 10KM Individual - Male Aged 30-39 | 1255 | POON WING KEUNG RYAN | 潘穎強 | 1:03:44 | 1:02:45 |
| 163 | 10KM Individual - Male Aged 30-39 | 1341 | SO KWUN HO | 蘇冠豪 | 1:03:50 | 1:02:38 |
| 164 | 10KM Individual - Male Aged 30-39 | 1340 | CHOI SAI KIT VICENT | 蔡世傑 | 1:04:09 | 1:02:55 |
| 165 | 10KM Individual - Male Aged 30-39 | 1408 | KONG TAI WAI | | 1:04:21 | 1:02:55 |
| 166 | 10KM Individual - Male Aged 30-39 | 1364 | CHEUNG HING WA | 張慶樺 | 1:04:37 | 1:03:17 |
| 167 | 10KM Individual - Male Aged 30-39 | 1325 | LEUNG TSZ HO | 梁子浩 | 1:04:39 | 1:03:43 |
| 168 | 10KM Individual - Male Aged 30-39 | 1445 | HU ZZU KAI | | 1:04:40 | 1:04:18 |
| 169 | 10KM Individual - Male Aged 30-39 | 1295 | CHUI TAK KEI | 徐德基 | 1:04:41 | 1:02:42 |
| 170 | 10KM Individual - Male Aged 30-39 | 1273 | LAU HO FAN | 劉昊帆 | 1:04:43 | 1:02:38 |
| 171 | 10KM Individual - Male Aged 30-39 | 1419 | LEUNG SZE HANG JOSE | 梁思恒 | 1:04:44 | 1:04:01 |
| 172 | 10KM Individual - Male Aged 30-39 | 1333 | KONG LEUK KUEN | 江略權 | 1:04:49 | 1:03:09 |
| 173 | 10KM Individual - Male Aged 30-39 | 1271 | SIU SAMUEL JI SUM | 蕭子蔘 | 1:04:51 | 1:02:48 |
| 174 | 10KM Individual - Male Aged 30-39 | 1410 | LAM PAK WAI | | 1:04:58 | 1:02:32 |
| 175 | 10KM Individual - Male Aged 30-39 | 1277 | KAN HO YIN | | 1:05:26 | 1:03:49 |
| 176 | 10KM Individual - Male Aged 30-39 | 1278 | LAU CHAU HEI | 劉卓熙 | 1:05:27 | 1:03:49 |
| 177 | 10KM Individual - Male Aged 30-39 | 1363 | CHAN CHING HO | 陳正濠 | 1:05:56 | 1:05:28 |
| 178 | 10KM Individual - Male Aged 30-39 | 1279 | CAI ZHIHENG | 蔡智恒 | 1:06:17 | 1:05:50 |
| 179 | 10KM Individual - Male Aged 30-39 | 1270 | HO CHUN KEI | | 1:06:24 | 1:04:18 |
| 180 | 10KM Individual - Male Aged 30-39 | 1411 | CHAN KING SHUN | 陳景淳 | 1:06:37 | 1:06:24 |
| 181 | 10KM Individual - Male Aged 30-39 | 1427 | LAU WING HUNG | | 1:07:18 | 1:06:09 |
| 182 | 10KM Individual - Male Aged 30-39 | 1309 | WONG KWAN HO | 黃鈞豪 | 1:07:45 | 1:07:21 |

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| 183 | 10KM Individual - Male Aged 30-39 | 1221 | HO CHEUK HIM | 何卓謙 | 1:07:47 | 1:06:34 |
| 184 | 10KM Individual - Male Aged 30-39 | 1223 | AU KIN | 區健 | 1:07:48 | 1:06:34 |
| 185 | 10KM Individual - Male Aged 30-39 | 1422 | WONG CHUN PONG | | 1:07:52 | 1:07:03 |
| 186 | 10KM Individual - Male Aged 30-39 | 1264 | CHAN SZE FAN STEVEN | 陳思汎 | 1:07:54 | 1:05:47 |
| 187 | 10KM Individual - Male Aged 30-39 | 1226 | CHAN YAN HON | 陳恩瀚 | 1:08:22 | 1:05:45 |
| 188 | 10KM Individual - Male Aged 30-39 | 1291 | LEUNG CHEONG WING | 梁昌榮 | 1:08:24 | 1:07:42 |
| 189 | 10KM Individual - Male Aged 30-39 | 1370 | TSE KAM LUNG | 謝錦龍 | 1:08:24 | 1:07:00 |
| 190 | 10KM Individual - Male Aged 30-39 | 1228 | WONG HO WA | 黃浩華 | 1:08:33 | 1:06:54 |
| 191 | 10KM Individual - Male Aged 30-39 | 1329 | CHEUNG MING KI | 張銘淇 | 1:08:37 | 1:07:23 |
| 192 | 10KM Individual - Male Aged 30-39 | 1418 | LO MAN HIN ALVIN | 羅文衍 | 1:09:01 | 1:08:14 |
| 193 | 10KM Individual - Male Aged 30-39 | 1415 | YUE CHEUK HEI MATTHEW | 余卓羲 | 1:09:27 | 1:08:18 |
| 194 | 10KM Individual - Male Aged 30-39 | 1319 | FU CHUN | 傅進 | 1:09:31 | 1:07:59 |
| 195 | 10KM Individual - Male Aged 30-39 | 1362 | LEE KAI WING | 李啟榮 | 1:10:27 | 1:09:43 |
| 196 | 10KM Individual - Male Aged 30-39 | 1281 | TANG CHEUK HIN | 鄧卓軒 | 1:10:50 | 1:08:59 |
| 197 | 10KM Individual - Male Aged 30-39 | 1432 | LAU KUAN LIN | | 1:11:42 | 1:10:41 |
| 198 | 10KM Individual - Male Aged 30-39 | 1430 | CHAN SHU TIM | | 1:11:59 | 1:10:28 |
| 199 | 10KM Individual - Male Aged 30-39 | 1416 | HO PAK HEI | 何栢熙 | 1:12:32 | 1:10:59 |
| 200 | 10KM Individual - Male Aged 30-39 | 1420 | CHAN CHI WING | 陳志榮 | 1:12:40 | 1:12:14 |
| 201 | 10KM Individual - Male Aged 30-39 | 1195 | LAW KA KIT | 羅嘉傑 | 1:12:42 | 1:11:48 |
| 202 | 10KM Individual - Male Aged 30-39 | 1360 | KEUNG HON KIT | | 1:12:47 | 1:10:01 |
| 203 | 10KM Individual - Male Aged 30-39 | 1324 | CHUA CHAK LONG | 蔡澤朗 | 1:13:47 | 1:12:05 |
| 204 | 10KM Individual - Male Aged 30-39 | 1355 | FAN LOK HIN | 范樂軒 | 1:14:29 | 1:12:37 |
| 205 | 10KM Individual - Male Aged 30-39 | 1301 | CHOY CHUN LOK | 蔡俊樂 | 1:14:41 | 1:12:40 |
| 206 | 10KM Individual - Male Aged 30-39 | 1305 | TSOI JUN KAN | 蔡俊勤 | 1:15:44 | 1:14:01 |
| 207 | 10KM Individual - Male Aged 30-39 | 1426 | TANG HO WAN | 鄧浩雲 | 1:16:51 | 1:14:33 |
| 208 | 10KM Individual - Male Aged 30-39 | 1304 | WONG CHEUK WAI | | 1:17:05 | 1:16:16 |
| 209 | 10KM Individual - Male Aged 30-39 | 1243 | LIN CHUN HON | 連鎮漢 | 1:17:44 | 1:15:38 |
| 210 | 10KM Individual - Male Aged 30-39 | 1379 | NGAN CHEUK YAT | 顏卓溢 | 1:17:53 | 1:17:08 |
| 211 | 10KM Individual - Male Aged 30-39 | 1286 | HUI SAI WING | 許世榮 | 1:19:21 | 1:16:57 |
| 212 | 10KM Individual - Male Aged 30-39 | 1246 | WONG KAM FAI | 黃錦輝 | 1:21:41 | 1:19:27 |
| 213 | 10KM Individual - Male Aged 30-39 | 1198 | LIU WUN TSUN | 廖煥浚 | 1:21:55 | 1:20:58 |
| 214 | 10KM Individual - Male Aged 30-39 | 1288 | CHENG SHUE TAK | | 1:24:37 | 1:22:26 |
| 215 | 10KM Individual - Male Aged 30-39 | 1202 | LAU KOON LEUNG | 劉冠良 | 1:26:17 | 1:25:50 |
| 216 | 10KM Individual - Male Aged 30-39 | 1400 | WONG MICHAEL CHI ON | | 1:29:46 | 1:28:10 |
| 217 | 10KM Individual - Male Aged 30-39 | 1344 | HO CHUNG YAU | 何宗祐 | 1:30:40 | 1:29:03 |
| 218 | 10KM Individual - Male Aged 30-39 | 1284 | CHAO CHAK SANG | 周澤生 | 1:38:21 | 1:37:04 |
| 1 | 10KM Individual - Male Aged 40-49 | 1611 | LAU KWAN LONG | 劉君朗 | 0:37:08 | 0:37:08 |

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| 2 | 10KM Individual - Male Aged 40-49 | 1720 | YUEN WAN HO | 袁允灝 | 0:37:17 | 0:37:16 |
| 3 | 10KM Individual - Male Aged 40-49 | 1732 | HO CHUN WING | 何鎮榮 | 0:38:32 | 0:38:32 |
| 4 | 10KM Individual - Male Aged 40-49 | 1613 | WONG YUK HEI | 黃旭曦 | 0:39:03 | 0:39:00 |
| 5 | 10KM Individual - Male Aged 40-49 | 1482 | CHAN ERNEST EASON | 陳爾淳 | 0:39:07 | 0:39:06 |
| 6 | 10KM Individual - Male Aged 40-49 | 1522 | CHO KWONG LAM | 林祖光 | 0:39:33 | 0:39:30 |
| 7 | 10KM Individual - Male Aged 40-49 | 1472 | FAN KIN KIU | | 0:40:33 | 0:40:31 |
| 8 | 10KM Individual - Male Aged 40-49 | 1502 | CHEUNG SAI TO | 張世桃 | 0:41:17 | 0:41:15 |
| 9 | 10KM Individual - Male Aged 40-49 | 1469 | LAM KWAN YU | | 0:41:53 | 0:41:49 |
| 10 | 10KM Individual - Male Aged 40-49 | 1538 | YUEN YUEN TSZ MING | | 0:42:00 | 0:41:56 |
| 11 | 10KM Individual - Male Aged 40-49 | 1591 | YUNG TAK MING THOMAS | 翁德明 | 0:42:52 | 0:42:36 |
| 12 | 10KM Individual - Male Aged 40-49 | 1560 | NG KAM FUNG | 吳金豐 | 0:43:11 | 0:43:06 |
| 13 | 10KM Individual - Male Aged 40-49 | 1498 | LOK YIU HONG | 駱耀康 | 0:43:17 | 0:43:07 |
| 14 | 10KM Individual - Male Aged 40-49 | 1597 | LUI LOK YIN | 呂樂賢 | 0:43:38 | 0:43:33 |
| 15 | 10KM Individual - Male Aged 40-49 | 1587 | TAM MING HON | | 0:44:09 | 0:44:04 |
| 16 | 10KM Individual - Male Aged 40-49 | 1544 | MA CHUNG YIN | 馬仲賢 | 0:44:48 | 0:44:43 |
| 17 | 10KM Individual - Male Aged 40-49 | 1506 | YIN WANG NG | 吳彥宏 | 0:44:50 | 0:44:35 |
| 18 | 10KM Individual - Male Aged 40-49 | 1691 | CHEUNG CHIU YAT | | 0:45:07 | 0:44:16 |
| 19 | 10KM Individual - Male Aged 40-49 | 1599 | CHIN KAI YIP | | 0:45:47 | 0:45:31 |
| 20 | 10KM Individual - Male Aged 40-49 | 1717 | LEE KA WAH KEN | 李嘉華 | 0:46:16 | 0:45:50 |
| 21 | 10KM Individual - Male Aged 40-49 | 1516 | CHAN KA WAI | 陳嘉維 | 0:46:29 | 0:46:24 |
| 22 | 10KM Individual - Male Aged 40-49 | 1683 | CHEUNG YIN PAN | | 0:46:33 | 0:46:18 |
| 23 | 10KM Individual - Male Aged 40-49 | 1467 | TSANG GERMAIN MING CHEUNG | 曾銘璋 | 0:46:48 | 0:46:38 |
| 24 | 10KM Individual - Male Aged 40-49 | 1479 | LAM CHI FAN | 林志帆 | 0:46:51 | 0:46:17 |
| 25 | 10KM Individual - Male Aged 40-49 | 1583 | WONG WONG KA WING | 黃家榮 | 0:47:04 | 0:45:38 |
| 26 | 10KM Individual - Male Aged 40-49 | 1635 | HO SIU HONG | 何兆康 | 0:47:14 | 0:45:55 |
| 27 | 10KM Individual - Male Aged 40-49 | 1665 | LEUNG TSZYAN | 梁子仁 | 0:47:40 | 0:46:55 |
| 28 | 10KM Individual - Male Aged 40-49 | 1465 | SIU KWOK LEONG | | 0:48:14 | 0:47:57 |
| 29 | 10KM Individual - Male Aged 40-49 | 1664 | YAU CHI SIN | 丘智善 | 0:48:20 | 0:47:50 |
| 30 | 10KM Individual - Male Aged 40-49 | 1633 | LEUNG CHUN YIP | | 0:48:25 | 0:48:23 |
| 31 | 10KM Individual - Male Aged 40-49 | 1636 | CHU SHING KIT | 朱成傑 | 0:48:28 | 0:47:08 |
| 32 | 10KM Individual - Male Aged 40-49 | 1719 | CHEUNG WING | 張志榮 | 0:48:48 | 0:47:16 |
| 33 | 10KM Individual - Male Aged 40-49 | 1561 | CHEUNG TSZ KIT | 張子傑 | 0:49:06 | 0:48:29 |
| 34 | 10KM Individual - Male Aged 40-49 | 1699 | CHOI MING WAH | 蔡明樺 | 0:49:14 | 0:49:02 |
| 35 | 10KM Individual - Male Aged 40-49 | 1690 | LAI KWOK YIN | 賴國賢 | 0:49:18 | 0:48:57 |
| 36 | 10KM Individual - Male Aged 40-49 | 1673 | CHAN HO YU RICHARD | 陳顥瑜 | 0:49:25 | 0:48:21 |
| 37 | 10KM Individual - Male Aged 40-49 | 1598 | CHAN SHUNG KIT | | 0:49:34 | 0:49:07 |
| 38 | 10KM Individual - Male Aged 40-49 | 1726 | LAM THOMAS YAT KUI | | 0:49:41 | 0:49:26 |

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| 39 | 10KM Individual - Male Aged 40-49 | 1728 | FUNG SIU KWONG | 馮兆光 | 0:49:44 | 0:49:29 |
| 40 | 10KM Individual - Male Aged 40-49 | 1731 | CHEUNG KOON HO | 張冠豪 | 0:49:48 | 0:48:34 |
| 41 | 10KM Individual - Male Aged 40-49 | 1594 | WONG YUK WING ALBERT | | 0:50:06 | 0:49:39 |
| 42 | 10KM Individual - Male Aged 40-49 | 1686 | WAN TSZ CHUN | 尹梓俊 | 0:50:20 | 0:49:21 |
| 43 | 10KM Individual - Male Aged 40-49 | 1620 | CHAN WAI KIT | | 0:50:34 | 0:48:15 |
| 44 | 10KM Individual - Male Aged 40-49 | 1537 | WONG WING SANG | 黃榮生 | 0:50:35 | 0:49:35 |
| 45 | 10KM Individual - Male Aged 40-49 | 1503 | CHAN WING KIN | | 0:50:39 | 0:49:59 |
| 46 | 10KM Individual - Male Aged 40-49 | 1697 | LI YUEN CHAU | 李遠稠 | 0:50:44 | 0:49:47 |
| 47 | 10KM Individual - Male Aged 40-49 | 1723 | LEE WING LEUNG GARLOS | 李永亮 | 0:50:45 | 0:50:25 |
| 48 | 10KM Individual - Male Aged 40-49 | 1687 | HUNG CHUN LONG | 洪俊朗 | 0:51:08 | 0:50:18 |
| 49 | 10KM Individual - Male Aged 40-49 | 1542 | LIU PANDA | 廖智恒 | 0:51:09 | 0:50:53 |
| 50 | 10KM Individual - Male Aged 40-49 | 1564 | LEE KA CHUNG | 李家聰 | 0:51:19 | 0:49:35 |
| 51 | 10KM Individual - Male Aged 40-49 | 1615 | WONG KA MING | 黃加明 | 0:51:33 | 0:50:31 |
| 52 | 10KM Individual - Male Aged 40-49 | 1475 | WONG C TSUN | 王思峻 | 0:51:34 | 0:49:42 |
| 53 | 10KM Individual - Male Aged 40-49 | 1490 | LEUNG SHEUNG CHI ALEX | 梁尚智 | 0:51:38 | 0:51:03 |
| 54 | 10KM Individual - Male Aged 40-49 | 1729 | LAI HENRY KA KIN | 黎嘉健 | 0:51:39 | 0:51:20 |
| 55 | 10KM Individual - Male Aged 40-49 | 1649 | CHENG ALAN CHUNG MAN | 鄭頌民 | 0:51:45 | 0:50:10 |
| 56 | 10KM Individual - Male Aged 40-49 | 1585 | ZHU CHENYE | 朱晨業 | 0:51:46 | 0:50:38 |
| 57 | 10KM Individual - Male Aged 40-49 | 1651 | KAM MING HO PHILIP | 甘明豪 | 0:51:52 | 0:51:21 |
| 58 | 10KM Individual - Male Aged 40-49 | 1463 | KUNG WING TAI | | 0:51:55 | 0:51:02 |
| 59 | 10KM Individual - Male Aged 40-49 | 1519 | CHEUNG BILL | 阿標 | 0:51:59 | 0:51:35 |
| 60 | 10KM Individual - Male Aged 40-49 | 1518 | AU KAI HONG | 區啟康 | 0:52:00 | 0:51:14 |
| 61 | 10KM Individual - Male Aged 40-49 | 1454 | CHOI CHI YUAN | 蔡智源 | 0:52:06 | 0:51:31 |
| 62 | 10KM Individual - Male Aged 40-49 | 1701 | CHAN YING KIN | | 0:52:10 | 0:51:45 |
| 63 | 10KM Individual - Male Aged 40-49 | 1705 | YUE MAN CHEUNG STEPHEN | 余敏翔 | 0:52:11 | 0:52:00 |
| 64 | 10KM Individual - Male Aged 40-49 | 1733 | HULL ANDREW | | 0:52:38 | 0:50:23 |
| 65 | 10KM Individual - Male Aged 40-49 | 1712 | WAN ZHONGYUE | 万中岳 | 0:52:39 | 0:52:26 |
| 66 | 10KM Individual - Male Aged 40-49 | 1486 | FOK KIN BUN NICOL | 霍建斌 | 0:52:41 | 0:52:36 |
| 67 | 10KM Individual - Male Aged 40-49 | 1698 | YEUNG KWOK KEUNG | 楊國強 | 0:53:10 | 0:52:59 |
| 68 | 10KM Individual - Male Aged 40-49 | 1655 | WU AKI | 胡家耀 | 0:53:13 | 0:52:55 |
| 69 | 10KM Individual - Male Aged 40-49 | 1715 | POON KWOK WAI STEPHEN | | 0:53:15 | 0:52:23 |
| 70 | 10KM Individual - Male Aged 40-49 | 1553 | POON KI CHEUNG | 潘琦章 | 0:53:22 | 0:52:23 |
| 71 | 10KM Individual - Male Aged 40-49 | 1671 | CHAN KA WAI GARY | | 0:53:37 | 0:53:26 |
| 72 | 10KM Individual - Male Aged 40-49 | 1470 | LI HUBERT | | 0:53:37 | 0:53:08 |
| 73 | 10KM Individual - Male Aged 40-49 | 1559 | WONG KAM YIP | 黃錦業 | 0:53:42 | 0:53:04 |
| 74 | 10KM Individual - Male Aged 40-49 | 1494 | CHAN CHEUK LUN | 陳卓倫 | 0:54:00 | 0:52:12 |
| 75 | 10KM Individual - Male Aged 40-49 | 1581 | CHUNG PUIHUNG | 鍾沛雄 | 0:54:03 | 0:52:45 |

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| 76 | 10KM Individual - Male Aged 40-49 | 1451 | ATKINSON MICHAEL | | 0:54:09 | 0:52:43 |
| 77 | 10KM Individual - Male Aged 40-49 | 1514 | WONG CHI KUEN | 黃志權 | 0:54:18 | 0:53:18 |
| 78 | 10KM Individual - Male Aged 40-49 | 1619 | CHUI HO YIN ANDY | 崔浩然 | 0:54:35 | 0:54:26 |
| 79 | 10KM Individual - Male Aged 40-49 | 1536 | SHEK KAI CHUNG | 石啟聰 | 0:54:42 | 0:54:19 |
| 80 | 10KM Individual - Male Aged 40-49 | 1607 | CHEUNG TEI WING | | 0:54:46 | 0:53:49 |
| 81 | 10KM Individual - Male Aged 40-49 | 1608 | PANG SEE LOK | 彭思樂 | 0:54:48 | 0:52:47 |
| 82 | 10KM Individual - Male Aged 40-49 | 1689 | LAI CHI WING | 黎智榮 | 0:54:53 | 0:54:39 |
| 83 | 10KM Individual - Male Aged 40-49 | 1549 | LAU CHUN YIU | 劉振耀 | 0:54:59 | 0:54:52 |
| 84 | 10KM Individual - Male Aged 40-49 | 1578 | PUN WAI LUN ALAN | 潘偉麟 | 0:55:04 | 0:53:35 |
| 85 | 10KM Individual - Male Aged 40-49 | 1725 | FUNG SIU HANG | 馮兆恒 | 0:55:05 | 0:54:41 |
| 86 | 10KM Individual - Male Aged 40-49 | 1584 | AU YEUNG CHING KIT CHARLES | 歐陽正傑 | 0:55:13 | 0:53:44 |
| 87 | 10KM Individual - Male Aged 40-49 | 1703 | LAM HOY SING HAYES | | 0:55:16 | 0:53:23 |
| 88 | 10KM Individual - Male Aged 40-49 | 1530 | FUNG SIN TUI | 馮善對 | 0:55:20 | 0:53:37 |
| 89 | 10KM Individual - Male Aged 40-49 | 1565 | YUEN KA WAI | 袁嘉偉 | 0:55:21 | 0:53:37 |
| 90 | 10KM Individual - Male Aged 40-49 | 1627 | HUI SHUN HO | 許純豪 | 0:55:37 | 0:55:18 |
| 91 | 10KM Individual - Male Aged 40-49 | 1504 | CHAN KWAI WING | 陳貴榮 | 0:55:38 | 0:55:24 |
| 92 | 10KM Individual - Male Aged 40-49 | 1510 | WONG WING FAI | 黃榮輝 | 0:55:38 | 0:55:24 |
| 93 | 10KM Individual - Male Aged 40-49 | 1528 | CHAN YIU WAI | 陳耀偉 | 0:55:38 | 0:53:56 |
| 94 | 10KM Individual - Male Aged 40-49 | 1550 | PURSWANI MOHIT | | 0:55:42 | 0:55:17 |
| 95 | 10KM Individual - Male Aged 40-49 | 1568 | NGAN LAP FUNG | 顏立豐 | 0:55:51 | 0:53:47 |
| 96 | 10KM Individual - Male Aged 40-49 | 1716 | LEUNG CHUNG HONG MICHAEL | 梁頌康 | 0:55:51 | 0:54:56 |
| 97 | 10KM Individual - Male Aged 40-49 | 1674 | SZE NUNG SING | 施能聖 | 0:56:01 | 0:55:20 |
| 98 | 10KM Individual - Male Aged 40-49 | 1746 | CHOW KAM FAI | 周錦輝 | 0:56:13 | 0:53:09 |
| 99 | 10KM Individual - Male Aged 40-49 | 1694 | CHAN LOK SANG | 陳樂生 | 0:56:16 | 0:55:26 |
| 100 | 10KM Individual - Male Aged 40-49 | 1668 | WONG CHI FAI STEPHEN | | 0:56:18 | 0:55:33 |
| 101 | 10KM Individual - Male Aged 40-49 | 1685 | YUEN KAR FAI | 袁家輝 | 0:56:34 | 0:55:50 |
| 102 | 10KM Individual - Male Aged 40-49 | 1477 | TSE CHUN YU | | 0:56:44 | 0:55:24 |
| 103 | 10KM Individual - Male Aged 40-49 | 1461 | CHAN HIN HO | | 0:56:56 | 0:55:34 |
| 104 | 10KM Individual - Male Aged 40-49 | 1663 | NG TAK CHEUNG | 吳德璋 | 0:56:57 | 0:56:27 |
| 105 | 10KM Individual - Male Aged 40-49 | 1659 | LUI HUNG LIANG STANLEY | | 0:57:00 | 0:56:17 |
| 106 | 10KM Individual - Male Aged 40-49 | 1575 | LUI MING YIN | 呂銘賢 | 0:57:35 | 0:56:24 |
| 107 | 10KM Individual - Male Aged 40-49 | 1508 | LEUNG WAN FUNG | 梁雲峰 | 0:57:38 | 0:56:40 |
| 108 | 10KM Individual - Male Aged 40-49 | 1722 | LEE KEVIN KA MAN | 李嘉文 | 0:57:39 | 0:57:23 |
| 109 | 10KM Individual - Male Aged 40-49 | 1741 | WAI KWONG HANG RICKY | | 0:57:50 | 0:57:41 |
| 110 | 10KM Individual - Male Aged 40-49 | 1558 | HYUN SEOUNG BAE | | 0:58:04 | 0:56:42 |
| 111 | 10KM Individual - Male Aged 40-49 | 1460 | WONG CHI LUN | 黃嗣燐 | 0:58:10 | 0:56:49 |
| 112 | 10KM Individual - Male Aged 40-49 | 1602 | CHENG YUN FAI | 鄭潤輝 | 0:58:11 | 0:56:55 |

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| 113 | 10KM Individual - Male Aged 40-49 | 1493 | ANGCO PATRICK BRIAN | | 0:58:14 | 0:56:55 |
| 114 | 10KM Individual - Male Aged 40-49 | 1577 | FUNG CHUN KIT | 馮俊傑 | 0:58:19 | 0:57:12 |
| 115 | 10KM Individual - Male Aged 40-49 | 1606 | CHIAVENTONE EDOARDO | | 0:58:25 | 0:58:05 |
| 116 | 10KM Individual - Male Aged 40-49 | 1480 | MA CHI KI | 馬志棋 | 0:58:26 | 0:56:32 |
| 117 | 10KM Individual - Male Aged 40-49 | 1650 | TSANG MAN HONG | 曾文康 | 0:58:27 | 0:56:12 |
| 118 | 10KM Individual - Male Aged 40-49 | 1455 | HO CHI FUNG CLARENCE | 何志豐 | 0:58:31 | 0:57:18 |
| 119 | 10KM Individual - Male Aged 40-49 | 1533 | FUNG PAK HONG | 馮柏康 | 0:58:42 | 0:56:51 |
| 120 | 10KM Individual - Male Aged 40-49 | 1742 | CHAN CHI YEUNG | 陳智陽 | 0:58:42 | 0:57:25 |
| 121 | 10KM Individual - Male Aged 40-49 | 1586 | HO ALLEN | 何兆倫 | 0:58:53 | 0:57:22 |
| 122 | 10KM Individual - Male Aged 40-49 | 1474 | COIQUE PATRICE | | 0:58:55 | 0:57:19 |
| 123 | 10KM Individual - Male Aged 40-49 | 1714 | LEE HOK LEUNG | | 0:58:59 | 0:58:12 |
| 124 | 10KM Individual - Male Aged 40-49 | 1600 | SHU KAI LEE | 李樹楷 | 0:59:03 | 0:57:19 |
| 125 | 10KM Individual - Male Aged 40-49 | 1669 | CHOW YAU TAK | | 0:59:36 | 0:58:50 |
| 126 | 10KM Individual - Male Aged 40-49 | 1612 | WU SHUNG YIN PATRICK | | 0:59:38 | 0:57:43 |
| 127 | 10KM Individual - Male Aged 40-49 | 1555 | FU CHUN KIT | 傅俊傑 | 0:59:44 | 0:58:16 |
| 128 | 10KM Individual - Male Aged 40-49 | 1609 | LO KIN CHUNG KENDALL | 羅建忠 | 1:00:05 | 0:58:32 |
| 129 | 10KM Individual - Male Aged 40-49 | 1562 | CHAN SEK PING | 陳錫平 | 1:00:06 | 0:59:14 |
| 130 | 10KM Individual - Male Aged 40-49 | 1706 | TSO JUSTIN | | 1:00:10 | 0:58:41 |
| 131 | 10KM Individual - Male Aged 40-49 | 1661 | HUNG KIN HANG VICTOR | | 1:00:11 | 0:57:52 |
| 132 | 10KM Individual - Male Aged 40-49 | 1672 | LAU KAI TAI | | 1:00:15 | 1:00:04 |
| 133 | 10KM Individual - Male Aged 40-49 | 1509 | TSE KAM HO | 謝錦豪 | 1:00:30 | 0:59:53 |
| 134 | 10KM Individual - Male Aged 40-49 | 1497 | WONG KAM CHEUNG | 王錦祥 | 1:00:31 | 1:00:23 |
| 135 | 10KM Individual - Male Aged 40-49 | 1590 | SO PING HAO | 蘇炳豪 | 1:00:32 | 0:59:02 |
| 136 | 10KM Individual - Male Aged 40-49 | 1653 | AU CHIH NGHI | | 1:00:41 | 0:59:36 |
| 137 | 10KM Individual - Male Aged 40-49 | 1646 | CHAN LOK KEI | 陳樂基 | 1:00:47 | 0:59:51 |
| 138 | 10KM Individual - Male Aged 40-49 | 1552 | SO CHI LUNG | 蘇智龍 | 1:00:55 | 1:00:11 |
| 139 | 10KM Individual - Male Aged 40-49 | 1679 | LUI KOK WAI ALEX | | 1:01:10 | 0:59:16 |
| 140 | 10KM Individual - Male Aged 40-49 | 1710 | LEUNG SHUN WO | 梁瞬和 | 1:01:12 | 0:59:25 |
| 141 | 10KM Individual - Male Aged 40-49 | 1521 | WONG CHUN KIT | 黃震傑 | 1:01:25 | 1:00:34 |
| 142 | 10KM Individual - Male Aged 40-49 | 1556 | WONG LAI YIN | 黃禮賢 | 1:01:31 | 0:58:58 |
| 143 | 10KM Individual - Male Aged 40-49 | 1652 | SIU CHI SHING | 蕭致誠 | 1:01:38 | 1:01:08 |
| 144 | 10KM Individual - Male Aged 40-49 | 1708 | NG SIU KIN | 吳兆堅 | 1:01:38 | 0:59:55 |
| 145 | 10KM Individual - Male Aged 40-49 | 1485 | CHU TSZ PING | | 1:01:46 | 1:00:09 |
| 146 | 10KM Individual - Male Aged 40-49 | 1529 | WONG CHI KWAN | | 1:01:48 | 0:59:48 |
| 147 | 10KM Individual - Male Aged 40-49 | 1730 | LAM WAI KIN | 林威堅 | 1:01:50 | 1:01:35 |
| 148 | 10KM Individual - Male Aged 40-49 | 1738 | CHUN LAP YIU | | 1:02:01 | 1:01:05 |
| 149 | 10KM Individual - Male Aged 40-49 | 1748 | YASUNORI ONO | 大野泰典 | 1:02:16 | 1:02:03 |

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| 150 | 10KM Individual - Male Aged 40-49 | 1693 | WONG CHUN WAI | | 1:02:27 | 1:01:37 |
| 151 | 10KM Individual - Male Aged 40-49 | 1727 | CHUANG WEI LUN | | 1:02:29 | 1:02:09 |
| 152 | 10KM Individual - Male Aged 40-49 | 1692 | CHOY MING FUNG RONALD | 蔡名峰 | 1:02:36 | 0:52:14 |
| 153 | 10KM Individual - Male Aged 40-49 | 1658 | WAI HO YIM | 嚴偉豪 | 1:02:39 | 1:01:31 |
| 154 | 10KM Individual - Male Aged 40-49 | 1468 | WONG CHI HANG | 王志恒 | 1:02:43 | 1:01:35 |
| 155 | 10KM Individual - Male Aged 40-49 | 1478 | LIU KONG LUNG | 劉江龍 | 1:02:48 | 1:01:40 |
| 156 | 10KM Individual - Male Aged 40-49 | 1735 | FUNG LAI FAI | 馮黎輝 | 1:02:51 | 1:00:20 |
| 157 | 10KM Individual - Male Aged 40-49 | 1696 | LIN HOI KIT | 連海傑 | 1:02:54 | 1:01:09 |
| 158 | 10KM Individual - Male Aged 40-49 | 1588 | CHEUNG KA LEUNG | 張家良 | 1:03:00 | 1:00:49 |
| 159 | 10KM Individual - Male Aged 40-49 | 1680 | CHAN KWAN POK | 陳君博 | 1:03:01 | 1:01:11 |
| 160 | 10KM Individual - Male Aged 40-49 | 1592 | WONG CHI WAI TOMMY | | 1:03:03 | 1:01:43 |
| 161 | 10KM Individual - Male Aged 40-49 | 1488 | CHAN CHUN SING | 陳振聲 | 1:03:05 | 1:02:47 |
| 162 | 10KM Individual - Male Aged 40-49 | 1604 | YUN CHIU HUI | 許潤釗 | 1:03:10 | 1:00:39 |
| 163 | 10KM Individual - Male Aged 40-49 | 1500 | LAM KIT WA | | 1:03:11 | 1:02:20 |
| 164 | 10KM Individual - Male Aged 40-49 | 1737 | CHU CHEUK WAI | 朱卓威 | 1:03:17 | 1:02:01 |
| 165 | 10KM Individual - Male Aged 40-49 | 1682 | LAM KIN WAI | 林建慰 | 1:03:18 | 1:02:02 |
| 166 | 10KM Individual - Male Aged 40-49 | 1496 | LEUNG YIU CHO | 梁耀祖 | 1:03:52 | 1:02:04 |
| 167 | 10KM Individual - Male Aged 40-49 | 1642 | LEE CHEUNG SHING | 李長勝 | 1:04:02 | 1:02:39 |
| 168 | 10KM Individual - Male Aged 40-49 | 1515 | YIK MING TAK AUGUSTINE | | 1:04:09 | 1:03:49 |
| 169 | 10KM Individual - Male Aged 40-49 | 1734 | LIAO SING HUNG | 廖聖雄 | 1:04:09 | 1:02:19 |
| 170 | 10KM Individual - Male Aged 40-49 | 1557 | LAM LUN KING | | 1:04:10 | 1:01:38 |
| 171 | 10KM Individual - Male Aged 40-49 | 1622 | MAU KA HO | 繆嘉浩 | 1:04:15 | 1:03:00 |
| 172 | 10KM Individual - Male Aged 40-49 | 1543 | LEE HO KEI DANIEL | 李可基 | 1:04:35 | 1:03:20 |
| 173 | 10KM Individual - Male Aged 40-49 | 1702 | LEE KING CHUNG | 李敬聰 | 1:05:03 | 1:01:57 |
| 174 | 10KM Individual - Male Aged 40-49 | 1527 | WONG PAK LUN | 黃柏麟 | 1:05:15 | 1:03:21 |
| 175 | 10KM Individual - Male Aged 40-49 | 1531 | CHANG SHU FAI | 鄭樹輝 | 1:05:36 | 1:05:19 |
| 176 | 10KM Individual - Male Aged 40-49 | 1569 | WONG HOI LAM BENJAMIN | 黃凱霖 | 1:05:40 | 1:04:03 |
| 177 | 10KM Individual - Male Aged 40-49 | 1603 | CHENG CHUNG WING PIERCE | 鄭頌穎 | 1:06:09 | 1:05:15 |
| 178 | 10KM Individual - Male Aged 40-49 | 1632 | LEUNG MAN CHUN | 梁文俊 | 1:06:23 | 1:05:29 |
| 179 | 10KM Individual - Male Aged 40-49 | 1623 | TSO WAI TONG | 曹偉棠 | 1:06:34 | 1:04:22 |
| 180 | 10KM Individual - Male Aged 40-49 | 1695 | LAM SHUE YAN | 林澍昕 | 1:06:39 | 1:06:22 |
| 181 | 10KM Individual - Male Aged 40-49 | 1566 | WONG YIU WAH | 黃耀華 | 1:06:43 | 1:06:12 |
| 182 | 10KM Individual - Male Aged 40-49 | 1571 | KWOK KAI YIN | 郭啟彥 | 1:06:44 | 1:05:15 |
| 183 | 10KM Individual - Male Aged 40-49 | 1621 | TSANG YUI FUNG | 曾銳鋒 | 1:06:50 | 1:06:12 |
| 184 | 10KM Individual - Male Aged 40-49 | 1517 | WONG HO YEUNG | 黃濠揚 | 1:07:08 | 1:05:09 |
| 185 | 10KM Individual - Male Aged 40-49 | 1605 | HO KING TAI | 何景泰 | 1:07:15 | 1:05:57 |
| 186 | 10KM Individual - Male Aged 40-49 | 1618 | YING LUNG YIU | | 1:07:18 | 1:04:46 |

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| 187 | 10KM Individual - Male Aged 40-49 | 1524 | LAI CHI HO | 黎志濠 | 1:07:27 | 1:06:38 |
| 188 | 10KM Individual - Male Aged 40-49 | 1700 | LI RICHARD | 李梓強 | 1:07:39 | 1:05:51 |
| 189 | 10KM Individual - Male Aged 40-49 | 1631 | CHU CHAU NGAI | 朱秋藝 | 1:07:53 | 1:05:58 |
| 190 | 10KM Individual - Male Aged 40-49 | 1637 | CHUN TING MA | 馬振霆 | 1:07:54 | 1:05:59 |
| 191 | 10KM Individual - Male Aged 40-49 | 1645 | TSANG KING KWAN | 曾敬君 | 1:08:08 | 1:06:35 |
| 192 | 10KM Individual - Male Aged 40-49 | 1513 | NGAN SIU KEUNG CLIFF | | 1:08:16 | 1:07:07 |
| 193 | 10KM Individual - Male Aged 40-49 | 1499 | WU JOHNNY | | 1:08:26 | 1:06:40 |
| 194 | 10KM Individual - Male Aged 40-49 | 1660 | CHAU CHRISTOPHER | | 1:08:27 | 1:07:44 |
| 195 | 10KM Individual - Male Aged 40-49 | 1643 | HUANG SHEK TIN | 黃錫填 | 1:08:28 | 1:07:05 |
| 196 | 10KM Individual - Male Aged 40-49 | 1464 | WONG CHUNG WAI | 黃頌偉 | 1:09:09 | 1:08:10 |
| 197 | 10KM Individual - Male Aged 40-49 | 1476 | PHIEU PHOUMIN | | 1:09:14 | 1:07:44 |
| 198 | 10KM Individual - Male Aged 40-49 | 1589 | YAM CHUN YIN | | 1:09:30 | 1:08:18 |
| 199 | 10KM Individual - Male Aged 40-49 | 1662 | KWOK WAI HO | 郭惠濠 | 1:10:16 | 1:09:31 |
| 200 | 10KM Individual - Male Aged 40-49 | 1688 | FOK CHUN SING | 霍俊昇 | 1:10:29 | 1:09:39 |
| 201 | 10KM Individual - Male Aged 40-49 | 1456 | LAU SHONG SHING | 劉桑成 | 1:10:38 | 1:09:00 |
| 202 | 10KM Individual - Male Aged 40-49 | 1718 | MAK WING KEUNG VINCENT | 麥永強 | 1:10:42 | 1:10:16 |
| 203 | 10KM Individual - Male Aged 40-49 | 1535 | LAM CHI MING | 林志銘 | 1:10:43 | 1:10:25 |
| 204 | 10KM Individual - Male Aged 40-49 | 1596 | LAU HIP CHING | 劉鯤政 | 1:10:47 | 1:10:12 |
| 205 | 10KM Individual - Male Aged 40-49 | 1570 | HUNG HIN PONG | 孔憲邦 | 1:10:50 | 1:08:57 |
| 206 | 10KM Individual - Male Aged 40-49 | 1546 | POON KA KI | 潘嘉祺 | 1:11:41 | 1:10:39 |
| 207 | 10KM Individual - Male Aged 40-49 | 1617 | SHEN XUHUA | 沈煦華 | 1:11:46 | 1:10:36 |
| 208 | 10KM Individual - Male Aged 40-49 | 1457 | TSANG CHUN YU | 曾震宇 | 1:11:56 | 1:09:50 |
| 209 | 10KM Individual - Male Aged 40-49 | 1501 | HOI TSOI | 蔡凱 | 1:12:08 | 1:08:39 |
| 210 | 10KM Individual - Male Aged 40-49 | 1539 | WONG WAI YIN | 黃煒然 | 1:12:27 | 1:11:13 |
| 211 | 10KM Individual - Male Aged 40-49 | 1481 | HO SIU HANG | | 1:12:36 | 1:10:50 |
| 212 | 10KM Individual - Male Aged 40-49 | 1534 | LAU WAI LUN | 劉偉倫 | 1:12:47 | 1:11:47 |
| 213 | 10KM Individual - Male Aged 40-49 | 1466 | KEUNG HEI YIN ROY | 姜曦然 | 1:12:48 | 1:11:12 |
| 214 | 10KM Individual - Male Aged 40-49 | 1595 | CHU LUKE | | 1:13:25 | 1:13:23 |
| 215 | 10KM Individual - Male Aged 40-49 | 1744 | CHU KWOK MING | 朱國明 | 1:13:34 | 1:11:15 |
| 216 | 10KM Individual - Male Aged 40-49 | 1676 | LIANG WAI KIT | | 1:13:48 | 1:12:15 |
| 217 | 10KM Individual - Male Aged 40-49 | 1545 | LEE LAWRENCE | | 1:15:01 | 1:13:12 |
| 218 | 10KM Individual - Male Aged 40-49 | 1648 | YEUNG KIN SHING | 楊建承 | 1:15:51 | 1:13:54 |
| 219 | 10KM Individual - Male Aged 40-49 | 1740 | LOW PING FAN | 羅秉勳 | 1:16:02 | 1:13:35 |
| 220 | 10KM Individual - Male Aged 40-49 | 1572 | LAU HON KEI MATTHEW | | 1:16:04 | 1:15:12 |
| 221 | 10KM Individual - Male Aged 40-49 | 1492 | SIN WING HEI | 冼永熙 | 1:16:33 | 1:15:06 |
| 222 | 10KM Individual - Male Aged 40-49 | 1487 | CHAN RAY | 陳振傑 | 1:16:34 | 1:15:05 |
| 223 | 10KM Individual - Male Aged 40-49 | 1489 | TANG KWOK LEUNG | 鄧國樑 | 1:16:34 | 1:15:06 |

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| 224 | 10KM Individual - Male Aged 40-49 | 1462 | AU SIU KI | 區紹基 | 1:17:06 | 1:15:44 |
| 225 | 10KM Individual - Male Aged 40-49 | 1505 | SHAM WAI LUN | 岑偉倫 | 1:17:09 | 1:14:58 |
| 226 | 10KM Individual - Male Aged 40-49 | 1667 | CHAN WING LUN | 陳詠倫 | 1:17:18 | 1:16:48 |
| 227 | 10KM Individual - Male Aged 40-49 | 1614 | YIP JOHNNY | 葉莊子 | 1:17:40 | 1:16:08 |
| 228 | 10KM Individual - Male Aged 40-49 | 1601 | WONG LOK SZE | 黃洛斯 | 1:18:02 | 1:17:17 |
| 229 | 10KM Individual - Male Aged 40-49 | 1684 | LO CHUN HO | 羅俊豪 | 1:19:16 | 1:16:57 |
| 230 | 10KM Individual - Male Aged 40-49 | 1647 | NGAI SIU LEUNG | 魏肇良 | 1:19:16 | 1:18:36 |
| 231 | 10KM Individual - Male Aged 40-49 | 1641 | FUNG KEI CHUN | 馮基駿 | 1:19:18 | 1:18:38 |
| 232 | 10KM Individual - Male Aged 40-49 | 1639 | LO YIU PONG | 盧耀邦 | 1:19:53 | 1:17:26 |
| 233 | 10KM Individual - Male Aged 40-49 | 1491 | FAN CHUN YU | | 1:21:23 | 1:20:02 |
| 234 | 10KM Individual - Male Aged 40-49 | 1526 | KWOK CHI MING | 郭智銘 | 1:21:31 | 1:20:58 |
| 235 | 10KM Individual - Male Aged 40-49 | 1574 | CHOW KAT SHING | 周吉成 | 1:21:42 | 1:19:38 |
| 236 | 10KM Individual - Male Aged 40-49 | 1711 | WONG KIN HO | | 1:21:53 | 1:19:26 |
| 237 | 10KM Individual - Male Aged 40-49 | 1563 | KWOK HO PAN | 郭浩斌 | 1:22:35 | 1:20:52 |
| 238 | 10KM Individual - Male Aged 40-49 | 1540 | POON CHUN KIT | | 1:22:44 | 1:20:08 |
| 239 | 10KM Individual - Male Aged 40-49 | 1745 | FUNG KA WING | 馮家榮 | 1:23:05 | 1:20:48 |
| 240 | 10KM Individual - Male Aged 40-49 | 1576 | WONG CHI KIT | 黃梓傑 | 1:23:25 | 1:22:35 |
| 241 | 10KM Individual - Male Aged 40-49 | 1724 | TANG CHUN WAN | 鄧駿雲 | 1:24:28 | 1:22:10 |
| 242 | 10KM Individual - Male Aged 40-49 | 1593 | TONG HOI KEUNG | | 1:24:51 | 1:23:32 |
| 243 | 10KM Individual - Male Aged 40-49 | 1721 | CHIU CHEUK PONG | 趙卓邦 | 1:26:23 | 1:26:22 |
| 244 | 10KM Individual - Male Aged 40-49 | 1713 | LEUNG CHI SHING JASON | 梁志成 | 1:26:29 | 1:24:56 |
| 245 | 10KM Individual - Male Aged 40-49 | 1453 | KUEH WILL | | 1:27:39 | 1:26:48 |
| 246 | 10KM Individual - Male Aged 40-49 | 1675 | TAI KING LEUNG | | 1:28:32 | 1:27:01 |
| 247 | 10KM Individual - Male Aged 40-49 | 1580 | CHEN HSIN WEI | 陳信維 | 1:29:04 | 1:28:08 |
| 248 | 10KM Individual - Male Aged 40-49 | 1511 | TANG TIN | 鄧又天 | 1:29:42 | 1:28:41 |
| 249 | 10KM Individual - Male Aged 40-49 | 1638 | NG CHI FAI | 吳志暉 | 1:30:44 | 1:29:57 |
| 250 | 10KM Individual - Male Aged 40-49 | 1656 | CHEN JUNLIANG | 陳俊良 | 1:32:51 | 1:30:06 |
| 251 | 10KM Individual - Male Aged 40-49 | 1657 | YEUNG KWOK HING | | 1:33:24 | 1:30:57 |
| 252 | 10KM Individual - Male Aged 40-49 | 1709 | LUK TUNG WAH JERRY | 陸東華 | 1:33:50 | 1:31:23 |
| 253 | 10KM Individual - Male Aged 40-49 | 1532 | NAM WAI BUN | 藍偉斌 | 1:34:36 | 1:33:13 |
| 254 | 10KM Individual - Male Aged 40-49 | 1547 | SHEK KIN KEI ALEX | 石建基 | 1:43:29 | 1:42:41 |
| DQ | 10KM Individual - Male Aged 40-49 | 1452 | TANG CHUN MING | | | |
| 1 | 10KM Individual - Male Aged 50-59 | 9192 | HON CHUNG SHUN JOHNSON | 韓忠信 | 0:39:09 | 0:39:09 |
| 2 | 10KM Individual - Male Aged 50-59 | 9137 | LEE KAR LOK | 李家樂 | 0:39:16 | 0:39:14 |
| 3 | 10KM Individual - Male Aged 50-59 | 9115 | EDWARDS JASON | | 0:40:24 | 0:40:20 |
| 4 | 10KM Individual - Male Aged 50-59 | 9074 | WU PAK LAI | | 0:40:38 | 0:40:34 |
| 5 | 10KM Individual - Male Aged 50-59 | 9193 | WAN HIN PONG | 尹顯邦 | 0:43:19 | 0:43:17 |

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| 6 | 10KM Individual - Male Aged 50-59 | 9054 | CHAN CHUK MING | 陳竹明 | 0:44:20 | 0:43:46 |
| 7 | 10KM Individual - Male Aged 50-59 | 9185 | LAM KAM HUNG | 林錦雄 | 0:44:41 | 0:44:15 |
| 8 | 10KM Individual - Male Aged 50-59 | 9145 | TONG KA FAI HENRY | 唐家輝 | 0:46:11 | 0:46:11 |
| 9 | 10KM Individual - Male Aged 50-59 | 9174 | CHOY YUE KWAN | 蔡裕昆 | 0:47:33 | 0:47:16 |
| 10 | 10KM Individual - Male Aged 50-59 | 9110 | CUMMINGS JONATHAN | | 0:47:40 | 0:47:31 |
| 11 | 10KM Individual - Male Aged 50-59 | 9038 | MOK WAI MAN | 莫偉民 | 0:48:04 | 0:47:35 |
| 12 | 10KM Individual - Male Aged 50-59 | 9057 | YIU WAI KEI | 姚偉基 | 0:48:35 | 0:48:27 |
| 13 | 10KM Individual - Male Aged 50-59 | 9018 | WU WAI KI | 鄔偉基 | 0:48:42 | 0:48:27 |
| 14 | 10KM Individual - Male Aged 50-59 | 9028 | CHEUNG EDMUND | | 0:48:52 | 0:48:12 |
| 15 | 10KM Individual - Male Aged 50-59 | 9178 | WAI HONG TANG | 鄧維康 | 0:49:15 | 0:49:03 |
| 16 | 10KM Individual - Male Aged 50-59 | 9075 | POPE GARETH DANIEL JAMES | | 0:49:22 | 0:48:51 |
| 17 | 10KM Individual - Male Aged 50-59 | 9146 | TAM TAM SIU TONG | 譚紹堂 | 0:49:39 | 0:49:24 |
| 18 | 10KM Individual - Male Aged 50-59 | 9102 | LUI FAT WAI | 呂發偉 | 0:49:41 | 0:49:17 |
| 19 | 10KM Individual - Male Aged 50-59 | 9025 | RUBINSTEIN MARC | | 0:49:41 | 0:49:32 |
| 20 | 10KM Individual - Male Aged 50-59 | 9131 | CHAN KAI TAK | 陳啟德 | 0:50:15 | 0:48:52 |
| 21 | 10KM Individual - Male Aged 50-59 | 9189 | CHOY CHING HIM | 蔡正謙 | 0:51:02 | 0:50:39 |
| 22 | 10KM Individual - Male Aged 50-59 | 9187 | CHAN KEI ALISDAIR | | 0:51:30 | 0:51:00 |
| 23 | 10KM Individual - Male Aged 50-59 | 9116 | WAN TSZ PANG TIMOTHY | | 0:51:37 | 0:49:09 |
| 24 | 10KM Individual - Male Aged 50-59 | 9132 | CHI CHUN HO | 何志俊 | 0:51:38 | 0:51:28 |
| 25 | 10KM Individual - Male Aged 50-59 | 9044 | LOUIE CHUNG WAH BYREN | | 0:52:00 | 0:51:53 |
| 26 | 10KM Individual - Male Aged 50-59 | 9011 | WONG CHUN WAI | 黃俊偉 | 0:52:15 | 0:50:13 |
| 27 | 10KM Individual - Male Aged 50-59 | 9033 | SEW SIMON | | 0:52:46 | 0:52:30 |
| 28 | 10KM Individual - Male Aged 50-59 | 9160 | TONG PIU | | 0:52:56 | 0:52:42 |
| 29 | 10KM Individual - Male Aged 50-59 | 9092 | NG HON KUEN ANTHONY | 吳漢權 | 0:52:57 | 0:52:44 |
| 30 | 10KM Individual - Male Aged 50-59 | 9171 | HUI SUM WAI | 許森偉 | 0:53:14 | 0:51:28 |
| 31 | 10KM Individual - Male Aged 50-59 | 9108 | TUCKER DOUG | | 0:53:20 | 0:52:53 |
| 32 | 10KM Individual - Male Aged 50-59 | 9031 | HO MAN CHO JOE | 何文祖 | 0:53:23 | 0:53:06 |
| 33 | 10KM Individual - Male Aged 50-59 | 9076 | HUI SHUI KEUNG | 許瑞強 | 0:53:34 | 0:52:07 |
| 34 | 10KM Individual - Male Aged 50-59 | 9153 | LEE WAI YEE | 李維怡 | 0:53:36 | 0:52:02 |
| 35 | 10KM Individual - Male Aged 50-59 | 9114 | NG YEUNG SHING | 吳楊城 | 0:53:46 | 0:53:20 |
| 36 | 10KM Individual - Male Aged 50-59 | 9013 | YEUNG CHI FUNG | 楊志峰 | 0:53:50 | 0:53:40 |
| 37 | 10KM Individual - Male Aged 50-59 | 9167 | KWAN YEUK HON JOHN | 關約翰 | 0:53:52 | 0:53:32 |
| 38 | 10KM Individual - Male Aged 50-59 | 9158 | LAM CHI KIN | 林志堅 | 0:54:06 | 0:52:30 |
| 39 | 10KM Individual - Male Aged 50-59 | 9191 | CHAN WAI KEUNG | 陳偉強 | 0:54:24 | 0:53:44 |
| 40 | 10KM Individual - Male Aged 50-59 | 9190 | WONG SUN HUNG | 黃新雄 | 0:54:26 | 0:54:03 |
| 41 | 10KM Individual - Male Aged 50-59 | 9005 | CHAU TAI NIN | 周泰年 | 0:54:26 | 0:53:10 |
| 42 | 10KM Individual - Male Aged 50-59 | 9100 | KWAN YIU KEUNG | 關耀強 | 0:54:37 | 0:53:54 |

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| 43 | 10KM Individual - Male Aged 50-59 | 9014 | HUI SIU HIN | 許小軒 | 0:54:39 | 0:54:24 |
| 44 | 10KM Individual - Male Aged 50-59 | 9049 | LAU CHUNG MAN | 劉頌文 | 0:54:41 | 0:52:50 |
| 45 | 10KM Individual - Male Aged 50-59 | 9079 | CHONG HOK MAN | 莊學文 | 0:54:48 | 0:54:15 |
| 46 | 10KM Individual - Male Aged 50-59 | 9024 | YIM ADEN | 嚴錠邦 | 0:54:51 | 0:53:57 |
| 47 | 10KM Individual - Male Aged 50-59 | 9199 | CHAN HON WING IRVING | 陳漢榮 | 0:55:07 | 0:54:53 |
| 48 | 10KM Individual - Male Aged 50-59 | 9096 | LAW WUN SHEUNG | 羅煥上 | 0:55:09 | 0:54:21 |
| 49 | 10KM Individual - Male Aged 50-59 | 9157 | PANG TAK SHING | | 0:55:26 | 0:53:48 |
| 50 | 10KM Individual - Male Aged 50-59 | 9155 | CHING KAR KEUNG | 程家強 | 0:55:42 | 0:54:32 |
| 51 | 10KM Individual - Male Aged 50-59 | 9165 | WONG CHI WAI | 黃志偉 | 0:55:55 | 0:55:20 |
| 52 | 10KM Individual - Male Aged 50-59 | 9004 | CHEUK KWOK LEUNG LAWRENCE | 卓國良 | 0:55:58 | 0:55:35 |
| 53 | 10KM Individual - Male Aged 50-59 | 9050 | HO POU SENG | 何寶成 | 0:56:15 | 0:55:37 |
| 54 | 10KM Individual - Male Aged 50-59 | 9128 | FRANCHI OLIVIER | | 0:56:16 | 0:56:13 |
| 55 | 10KM Individual - Male Aged 50-59 | 9103 | LEUNG SIU CHUNG | 梁兆棕 | 0:56:34 | 0:56:22 |
| 56 | 10KM Individual - Male Aged 50-59 | 9091 | NG WAI KONG PHILIP | | 0:57:07 | 0:56:15 |
| 57 | 10KM Individual - Male Aged 50-59 | 9063 | CHENG KWOK HING ANDY | | 0:57:09 | 0:55:35 |
| 58 | 10KM Individual - Male Aged 50-59 | 9081 | TANG HOI MAN | 鄧凱文 | 0:57:13 | 0:54:36 |
| 59 | 10KM Individual - Male Aged 50-59 | 9089 | LEUNG MAN TAT | 梁敏達 | 0:57:14 | 0:56:58 |
| 60 | 10KM Individual - Male Aged 50-59 | 9066 | CHAN HING SHING | 陳興盛 | 0:57:15 | 0:57:00 |
| 61 | 10KM Individual - Male Aged 50-59 | 9130 | WONG KWOK WA | 王國華 | 0:57:24 | 0:57:11 |
| 62 | 10KM Individual - Male Aged 50-59 | 9188 | YUNG KAI IP | | 0:57:29 | 0:56:59 |
| 63 | 10KM Individual - Male Aged 50-59 | 9048 | CHOY KWOK SING | 蔡國城 | 0:57:31 | 0:55:39 |
| 64 | 10KM Individual - Male Aged 50-59 | 9162 | LEUNG ERIC | 梁錦榮 | 0:57:42 | 0:56:58 |
| 65 | 10KM Individual - Male Aged 50-59 | 9140 | LAU TSZ CHUNG | 劉子聰 | 0:58:21 | 0:58:11 |
| 66 | 10KM Individual - Male Aged 50-59 | 9117 | NG KA IP ERIC | 吳家業 | 0:58:26 | 0:58:04 |
| 67 | 10KM Individual - Male Aged 50-59 | 9017 | TANG SIU KEUNG RICKY | 鄧兆強 | 0:58:27 | 0:58:10 |
| 68 | 10KM Individual - Male Aged 50-59 | 9139 | KWOK YU HANG | 郭宇恆 | 0:58:28 | 0:57:45 |
| 69 | 10KM Individual - Male Aged 50-59 | 9012 | LOK MAN KWONG | | 0:58:41 | 0:58:09 |
| 70 | 10KM Individual - Male Aged 50-59 | 9201 | LEUNG CHI MING | 梁志明 | 0:58:41 | 0:56:17 |
| 71 | 10KM Individual - Male Aged 50-59 | 9166 | TANG WAI MING | | 0:58:56 | 0:58:17 |
| 72 | 10KM Individual - Male Aged 50-59 | 9094 | CHAN CHI WING | 陳志榮 | 0:58:57 | 0:56:28 |
| 73 | 10KM Individual - Male Aged 50-59 | 9121 | CHAN WOON WING | | 0:59:22 | 0:58:21 |
| 74 | 10KM Individual - Male Aged 50-59 | 9002 | LI SUI WAH | | 0:59:23 | 0:58:37 |
| 75 | 10KM Individual - Male Aged 50-59 | 9073 | HO YAU CHUNG EDWARD | | 0:59:27 | 0:58:11 |
| 76 | 10KM Individual - Male Aged 50-59 | 9125 | LEUNG WAN MING | 梁允明 | 0:59:34 | 0:59:16 |
| 77 | 10KM Individual - Male Aged 50-59 | 9087 | NG NGOK HANG | 吳岳恒 | 0:59:35 | 0:59:15 |
| 78 | 10KM Individual - Male Aged 50-59 | 9202 | SETO DANNY | 司徒 | 0:59:49 | 0:58:58 |
| 79 | 10KM Individual - Male Aged 50-59 | 9149 | KWOK KAM KWAN | | 0:59:58 | 0:59:11 |

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| 80 | 10KM Individual - Male Aged 50-59 | 9129 | MOK GEOFFREY | 莫子楓 | 1:00:21 | 0:58:25 |
| 81 | 10KM Individual - Male Aged 50-59 | 9142 | LO WING HONG | 盧永康 | 1:00:28 | 0:59:10 |
| 82 | 10KM Individual - Male Aged 50-59 | 9197 | KWOK LAI KEI | 郭禮基 | 1:00:29 | 0:57:49 |
| 83 | 10KM Individual - Male Aged 50-59 | 9198 | CHAU YUK FAI | 周毓輝 | 1:01:10 | 0:58:45 |
| 84 | 10KM Individual - Male Aged 50-59 | 9039 | MOK WAI YEE | 莫偉儀 | 1:01:10 | 1:00:41 |
| 85 | 10KM Individual - Male Aged 50-59 | 9143 | SUI MING CASPER LAU | | 1:01:35 | 0:59:41 |
| 86 | 10KM Individual - Male Aged 50-59 | 9177 | LEE CHUN HO | | 1:01:36 | 0:59:58 |
| 87 | 10KM Individual - Male Aged 50-59 | 9061 | PENG KANGSONG | 彭康頌 | 1:01:40 | 0:59:33 |
| 88 | 10KM Individual - Male Aged 50-59 | 9030 | LAM FAI | 林輝 | 1:02:03 | 1:00:35 |
| 89 | 10KM Individual - Male Aged 50-59 | 9183 | WONG SAI KIT | 黃世傑 | 1:02:12 | 1:00:24 |
| 90 | 10KM Individual - Male Aged 50-59 | 9150 | FUNG CHI MING TIMMY | 馮志明 | 1:02:24 | 1:01:31 |
| 91 | 10KM Individual - Male Aged 50-59 | 9058 | CHAN KONG SAN | 陳廣珊 | 1:02:36 | 1:01:33 |
| 92 | 10KM Individual - Male Aged 50-59 | 9093 | TSIM SIU CHUNG | 詹兆宗 | 1:02:43 | 1:02:24 |
| 93 | 10KM Individual - Male Aged 50-59 | 9104 | YUEN WAI KIT | 阮偉傑 | 1:02:45 | 1:00:58 |
| 94 | 10KM Individual - Male Aged 50-59 | 9135 | FUNG HIN HO | 馮顯豪 | 1:02:54 | 1:01:08 |
| 95 | 10KM Individual - Male Aged 50-59 | 9068 | KWOK HEI SHING | 郭喜成 | 1:02:59 | 1:02:32 |
| 96 | 10KM Individual - Male Aged 50-59 | 9036 | SIN WAI MAN | 冼偉文 | 1:03:07 | 1:02:46 |
| 97 | 10KM Individual - Male Aged 50-59 | 9151 | LEE MING MING WILFRED | 李明明 | 1:03:12 | 1:01:53 |
| 98 | 10KM Individual - Male Aged 50-59 | 9126 | MUI LIK MAN WILFRED | | 1:03:17 | 1:01:48 |
| 99 | 10KM Individual - Male Aged 50-59 | 9194 | LEUNG CHI WAI | 梁志偉 | 1:03:28 | 1:03:14 |
| 100 | 10KM Individual - Male Aged 50-59 | 9062 | WAN KA WING | | 1:03:32 | 1:01:51 |
| 101 | 10KM Individual - Male Aged 50-59 | 9022 | TO KWOK KEI | 杜國基 | 1:03:38 | 1:03:14 |
| 102 | 10KM Individual - Male Aged 50-59 | 9113 | KWONG NIM PONG | 鄺念邦 | 1:03:42 | 1:02:18 |
| 103 | 10KM Individual - Male Aged 50-59 | 9056 | TAM CHI KEUNG | 譚志强 | 1:03:46 | 1:01:47 |
| 104 | 10KM Individual - Male Aged 50-59 | 9088 | LAM KAM WAH | 林金華 | 1:03:57 | 1:02:06 |
| 105 | 10KM Individual - Male Aged 50-59 | 9175 | CHAN CHI LEUNG | 陳智良 | 1:03:58 | 1:02:09 |
| 106 | 10KM Individual - Male Aged 50-59 | 9200 | CHAN WING KAY | 陳榮基 | 1:03:58 | 1:01:46 |
| 107 | 10KM Individual - Male Aged 50-59 | 9023 | LAI HON KEUNG SIMON | 黎漢強 | 1:04:02 | 1:03:36 |
| 108 | 10KM Individual - Male Aged 50-59 | 9164 | CHENG LUNG CHUEN | 鄭龍泉 | 1:04:06 | 1:02:34 |
| 109 | 10KM Individual - Male Aged 50-59 | 9067 | LEUNG KWAN HANG | 梁君恒 | 1:04:10 | 1:01:53 |
| 110 | 10KM Individual - Male Aged 50-59 | 9006 | TSE CHI KEUNG | 謝志強 | 1:04:17 | 1:03:30 |
| 111 | 10KM Individual - Male Aged 50-59 | 9179 | KWAN KIN LAM | 關健林 | 1:04:24 | 1:03:24 |
| 112 | 10KM Individual - Male Aged 50-59 | 9034 | SZETO CHEUK YIN | 司徒卓賢 | 1:04:31 | 1:01:11 |
| 113 | 10KM Individual - Male Aged 50-59 | 9168 | LEUNG YUEN SING | 梁遠昇 | 1:05:14 | 1:04:06 |
| 114 | 10KM Individual - Male Aged 50-59 | 9046 | TOH SLJ | | 1:05:50 | 1:05:15 |
| 115 | 10KM Individual - Male Aged 50-59 | 9134 | CHAN TAK HING KENJI | 陳德興 | 1:06:25 | 1:04:53 |
| 116 | 10KM Individual - Male Aged 50-59 | 9019 | TANG KWOK WING | | 1:06:29 | 1:04:22 |

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| 117 | 10KM Individual - Male Aged 50-59 | 9083 | SIU BUN KWOK | 郭兆斌 | 1:06:48 | 1:06:34 |
| 118 | 10KM Individual - Male Aged 50-59 | 9097 | YUEN MAN DICK | 阮文迪 | 1:07:22 | 1:06:46 |
| 119 | 10KM Individual - Male Aged 50-59 | 9152 | SO YIU WING | 蘇耀榮 | 1:07:29 | 1:06:49 |
| 120 | 10KM Individual - Male Aged 50-59 | 9159 | MAHMUD ROGER | | 1:07:32 | 1:05:11 |
| 121 | 10KM Individual - Male Aged 50-59 | 9042 | TSE WAI YIU | 謝偉耀 | 1:07:42 | 1:05:33 |
| 122 | 10KM Individual - Male Aged 50-59 | 9156 | CHU KAM HING | 朱錦興 | 1:08:17 | 1:07:14 |
| 123 | 10KM Individual - Male Aged 50-59 | 9186 | YAU SHING LAM | 林佑勝 | 1:08:38 | 1:08:11 |
| 124 | 10KM Individual - Male Aged 50-59 | 9180 | CHUNG WAI TONG | 鍾偉棠 | 1:08:43 | 1:08:05 |
| 125 | 10KM Individual - Male Aged 50-59 | 9040 | YIU WAI HUNG | 姚偉鴻 | 1:09:14 | 1:08:09 |
| 126 | 10KM Individual - Male Aged 50-59 | 9161 | LEE WING YIU | | 1:09:22 | 1:08:16 |
| 127 | 10KM Individual - Male Aged 50-59 | 9111 | YEE HUNG CHOI | 俞雄才 | 1:09:24 | 1:07:03 |
| 128 | 10KM Individual - Male Aged 50-59 | 9109 | YU BENNY CHUN | 喻進 | 1:10:40 | 1:08:36 |
| 129 | 10KM Individual - Male Aged 50-59 | 9301 | MENGONI PAOLO | | 1:11:38 | 1:11:09 |
| 130 | 10KM Individual - Male Aged 50-59 | 9106 | POON TSZ MAN | 潘子文 | 1:11:53 | 1:10:45 |
| 131 | 10KM Individual - Male Aged 50-59 | 9082 | YUEN KIN KEUNG | 袁堅強 | 1:11:55 | 1:09:00 |
| 132 | 10KM Individual - Male Aged 50-59 | 9029 | CHOW ANGUS | | 1:12:10 | 1:10:37 |
| 133 | 10KM Individual - Male Aged 50-59 | 9122 | MAN KA LEONG | 文家亮 | 1:12:27 | 1:11:29 |
| 134 | 10KM Individual - Male Aged 50-59 | 9077 | WOO BRIAN SHIU ON | | 1:12:40 | 1:11:57 |
| 135 | 10KM Individual - Male Aged 50-59 | 9124 | MAN KIT FAI | 文杰輝 | 1:12:41 | 1:10:24 |
| 136 | 10KM Individual - Male Aged 50-59 | 9003 | WONG WONG CHI TAT ALEX | 黃志達 | 1:13:04 | 1:12:12 |
| 137 | 10KM Individual - Male Aged 50-59 | 9053 | NG KA HO | 吳家豪 | 1:13:06 | 1:12:01 |
| 138 | 10KM Individual - Male Aged 50-59 | 9120 | CHOY KA HO KENNETH | 蔡家豪 | 1:13:55 | 1:12:04 |
| 139 | 10KM Individual - Male Aged 50-59 | 9085 | LEE YAU WAI | 李有威 | 1:14:03 | 1:12:59 |
| 140 | 10KM Individual - Male Aged 50-59 | 9133 | FUNG HING LOI TERENCE | 馮慶來 | 1:14:50 | 1:14:29 |
| 141 | 10KM Individual - Male Aged 50-59 | 9095 | HO KA TAI | | 1:14:56 | 1:14:36 |
| 142 | 10KM Individual - Male Aged 50-59 | 9043 | WONG AH KAN | 王亞謹 | 1:15:48 | 1:14:57 |
| 143 | 10KM Individual - Male Aged 50-59 | 9184 | LAI KWOK WING | | 1:15:52 | 1:13:26 |
| 144 | 10KM Individual - Male Aged 50-59 | 9065 | LEE CHING YEUNG WAJI | | 1:16:43 | 1:14:20 |
| 145 | 10KM Individual - Male Aged 50-59 | 9045 | CHUNG KING CHEUNG | 鍾景祥 | 1:16:59 | 1:16:33 |
| 146 | 10KM Individual - Male Aged 50-59 | 9084 | LEUNG MAN CHUNG SIMON | 梁敏聰 | 1:17:23 | 1:15:15 |
| 147 | 10KM Individual - Male Aged 50-59 | 9041 | SUEN FAT KEUNG | 孫佛強 | 1:17:30 | 1:15:19 |
| 148 | 10KM Individual - Male Aged 50-59 | 9169 | LEUNG MUN HUNG WILLIAM | 梁滿鴻 | 1:18:30 | 1:16:41 |
| 149 | 10KM Individual - Male Aged 50-59 | 9176 | CHANG LUI TIN BARRY | 張雷天 | 1:18:35 | 1:15:27 |
| 150 | 10KM Individual - Male Aged 50-59 | 9196 | WONG KAM HO | | 1:19:08 | 1:18:39 |
| 151 | 10KM Individual - Male Aged 50-59 | 9136 | CHOI KWOK LEUNG | 蔡國良 | 1:19:17 | 1:18:37 |
| 152 | 10KM Individual - Male Aged 50-59 | 9064 | SIN KAM HUNG | 冼錦雄 | 1:19:36 | 1:18:02 |
| 153 | 10KM Individual - Male Aged 50-59 | 9101 | CHAN SIU MING | 陳小明 | 1:20:16 | 1:18:24 |

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| 154 | 10KM Individual - Male Aged 50-59 | 9090 | LO SIU FAI | | 1:20:28 | 1:20:07 |
| 155 | 10KM Individual - Male Aged 50-59 | 9118 | LEE KIN YU | 李堅宇 | 1:20:46 | 1:18:11 |
| 156 | 10KM Individual - Male Aged 50-59 | 9141 | YEUNG WAI KWONG SUNNY | 楊偉光 | 1:21:13 | 1:18:39 |
| 157 | 10KM Individual - Male Aged 50-59 | 9035 | LAM WAI HONG ALBERT | 林偉康 | 1:21:46 | 1:21:14 |
| 158 | 10KM Individual - Male Aged 50-59 | 9138 | CHAN SUEN | 陳萱 | 1:22:15 | 1:21:24 |
| 159 | 10KM Individual - Male Aged 50-59 | 9182 | LEUNG PONG WAI | | 1:24:10 | 1:23:38 |
| 160 | 10KM Individual - Male Aged 50-59 | 9027 | LAU PAN | 劉濱 | 1:24:16 | 1:23:00 |
| 161 | 10KM Individual - Male Aged 50-59 | 9072 | CHUEN CHI NANG | 全志能 | 1:24:50 | 1:23:48 |
| 162 | 10KM Individual - Male Aged 50-59 | 9071 | LEE CHUN PONG | 李振邦 | 1:24:50 | 1:23:48 |
| 163 | 10KM Individual - Male Aged 50-59 | 9078 | HO MAN FAI | 何文輝 | 1:26:04 | 1:23:55 |
| 164 | 10KM Individual - Male Aged 50-59 | 9112 | TANG KWOK KEUNG | | 1:28:05 | 1:25:57 |
| 165 | 10KM Individual - Male Aged 50-59 | 9009 | TUEN PAK KEI | 段栢基 | 1:32:44 | 1:32:03 |
| 166 | 10KM Individual - Male Aged 50-59 | 9070 | WONG KING CHI | 黃敬慈 | 1:43:29 | 1:42:41 |
| 1 | 10KM Individual - Male Aged 60 or above | 9229 | KAM PIU TANG | | 0:41:02 | 0:41:02 |
| 2 | 10KM Individual - Male Aged 60 or above | 9290 | CHENG YUI KEUNG | | 0:42:28 | 0:42:26 |
| 3 | 10KM Individual - Male Aged 60 or above | 9294 | HO PING KIU | 何炳僑 | 0:42:52 | 0:42:51 |
| 4 | 10KM Individual - Male Aged 60 or above | 9227 | WONG KWAI WAH | 黃貴華 | 0:45:49 | 0:45:36 |
| 5 | 10KM Individual - Male Aged 60 or above | 9282 | LAU CHUN PONG | 劉振邦 | 0:48:04 | 0:47:20 |
| 6 | 10KM Individual - Male Aged 60 or above | 9238 | LEE GENE | 李少偉 | 0:48:39 | 0:48:26 |
| 7 | 10KM Individual - Male Aged 60 or above | 9258 | LING YIN FEI | 凌燕飛 | 0:49:31 | 0:49:20 |
| 8 | 10KM Individual - Male Aged 60 or above | 9289 | CHOW WAI KEUNG | 周偉強 | 0:50:33 | 0:50:28 |
| 9 | 10KM Individual - Male Aged 60 or above | 9208 | CHAN YING HUNG | 陳應洪 | 0:51:24 | 0:50:43 |
| 10 | 10KM Individual - Male Aged 60 or above | 9260 | LING KAI CHEONG | | 0:51:40 | 0:51:05 |
| 11 | 10KM Individual - Male Aged 60 or above | 9239 | WONG SING YUEN | 黃聲遠 | 0:52:00 | 0:51:50 |
| 12 | 10KM Individual - Male Aged 60 or above | 9231 | YUNG KONG LEE | 李鏞光 | 0:52:05 | 0:51:45 |
| 13 | 10KM Individual - Male Aged 60 or above | 9210 | CHENG KAI HUNG | | 0:52:24 | 0:51:39 |
| 14 | 10KM Individual - Male Aged 60 or above | 9220 | CHENG MAN KEUNG | 鄭敏強 | 0:53:45 | 0:53:29 |
| 15 | 10KM Individual - Male Aged 60 or above | 9206 | YU KWOK WING | 庾國永 | 0:53:59 | 0:53:14 |
| 16 | 10KM Individual - Male Aged 60 or above | 9273 | WUT TAI MING | | 0:54:45 | 0:54:32 |
| 17 | 10KM Individual - Male Aged 60 or above | 9270 | LI RONALD | | 0:55:44 | 0:55:01 |
| 18 | 10KM Individual - Male Aged 60 or above | 9248 | TWITCHEN DAVID MARK | | 0:55:49 | 0:55:04 |
| 19 | 10KM Individual - Male Aged 60 or above | 9292 | CHAN KA MING | 陳嘉明 | 0:55:52 | 0:55:26 |
| 20 | 10KM Individual - Male Aged 60 or above | 9205 | LO WAI TO EDWIN | 勞偉濤 | 0:56:29 | 0:56:06 |
| 21 | 10KM Individual - Male Aged 60 or above | 9240 | IP HON WAH | 葉漢華 | 0:56:37 | 0:56:15 |
| 22 | 10KM Individual - Male Aged 60 or above | 9276 | KOO CHUN HUNG | 顧震雄 | 0:56:46 | 0:56:09 |
| 23 | 10KM Individual - Male Aged 60 or above | 9245 | CHAN CHI YING | 陳子英 | 0:57:15 | 0:56:38 |
| 24 | 10KM Individual - Male Aged 60 or above | 9265 | TANG WING HONG | 鄧永漢 | 0:57:28 | 0:57:16 |

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| 25 | 10KM Individual - Male Aged 60 or above | 9209 | CHAU KAR KEUNG CLEMENT | 周家強 | 0:58:50 | 0:57:10 |
| 26 | 10KM Individual - Male Aged 60 or above | 9241 | HAU SIU MING | 侯小明 | 0:59:10 | 0:58:54 |
| 27 | 10KM Individual - Male Aged 60 or above | 9299 | CHAN KWOK MING PETER | 陳國明 | 0:59:47 | 0:59:01 |
| 28 | 10KM Individual - Male Aged 60 or above | 9256 | WONG MAN KWONG PETER | 黃文光 | 0:59:52 | 0:59:09 |
| 29 | 10KM Individual - Male Aged 60 or above | 9275 | CHAK TING CHE | | 1:00:03 | 0:59:34 |
| 30 | 10KM Individual - Male Aged 60 or above | 9233 | CHENG WAI MAN | 鄭偉民 | 1:00:12 | 0:59:33 |
| 31 | 10KM Individual - Male Aged 60 or above | 9257 | TSE YIU SHING | 謝耀勝 | 1:00:32 | 0:59:48 |
| 32 | 10KM Individual - Male Aged 60 or above | 9207 | CHOI CHEUNG HEI | | 1:00:42 | 0:59:03 |
| 33 | 10KM Individual - Male Aged 60 or above | 9279 | YAN WAH FAI | 甄華輝 | 1:01:23 | 0:59:33 |
| 34 | 10KM Individual - Male Aged 60 or above | 9272 | YEUNG TSZ TO | 楊子滔 | 1:01:34 | 0:59:19 |
| 35 | 10KM Individual - Male Aged 60 or above | 9228 | LEUNG YUNG KAN | 梁容根 | 1:01:41 | 0:59:35 |
| 36 | 10KM Individual - Male Aged 60 or above | 9204 | NG YAT WAI | | 1:01:45 | 1:00:46 |
| 37 | 10KM Individual - Male Aged 60 or above | 9259 | LI TING HO ERIC | | 1:01:50 | 1:01:20 |
| 38 | 10KM Individual - Male Aged 60 or above | 9291 | CHAN YUK WAI | 陳玉偉 | 1:02:07 | 1:00:29 |
| 39 | 10KM Individual - Male Aged 60 or above | 9222 | WONG PUI WING | 黃沛榮 | 1:02:27 | 1:02:03 |
| 40 | 10KM Individual - Male Aged 60 or above | 9280 | LEUNG CHI SHING | 梁志成 | 1:02:53 | 1:02:23 |
| 41 | 10KM Individual - Male Aged 60 or above | 9226 | YU CHIN CHEUNG | 余展祥 | 1:02:58 | 1:02:18 |
| 42 | 10KM Individual - Male Aged 60 or above | 9277 | TSANG NGOR FEI | 曾昂飛 | 1:03:02 | 1:02:26 |
| 43 | 10KM Individual - Male Aged 60 or above | 9254 | KWAN TSZ FAI | 關子輝 | 1:03:09 | 1:01:48 |
| 44 | 10KM Individual - Male Aged 60 or above | 9235 | NG KIT YIN | 伍傑賢 | 1:03:25 | 1:02:57 |
| 45 | 10KM Individual - Male Aged 60 or above | 9237 | LAM SAI HUNG | | 1:04:21 | 1:04:05 |
| 46 | 10KM Individual - Male Aged 60 or above | 9246 | CHOW CHARM SUM THOMAS | 周湛深 | 1:04:28 | 1:04:01 |
| 47 | 10KM Individual - Male Aged 60 or above | 9215 | LEUNG TAT WING | 梁達榮 | 1:04:53 | 1:04:27 |
| 48 | 10KM Individual - Male Aged 60 or above | 9234 | WAIFAI FUNG | 馮偉輝 | 1:05:24 | 1:03:36 |
| 49 | 10KM Individual - Male Aged 60 or above | 9230 | MA PO SHEK | 馬寶石 | 1:06:18 | 1:05:13 |
| 50 | 10KM Individual - Male Aged 60 or above | 9236 | LAU CHI SAN | 劉志新 | 1:06:55 | 1:06:03 |
| 51 | 10KM Individual - Male Aged 60 or above | 9244 | CHOW YUK SHING | 周育成 | 1:07:49 | 1:07:05 |
| 52 | 10KM Individual - Male Aged 60 or above | 9296 | YAP MARCUS | | 1:08:25 | 1:08:20 |
| 53 | 10KM Individual - Male Aged 60 or above | 9224 | YUEN WAI MING | 袁偉明 | 1:09:45 | 1:09:24 |
| 54 | 10KM Individual - Male Aged 60 or above | 9286 | YU CHI WAN | 余志雲 | 1:10:17 | 1:09:38 |
| 55 | 10KM Individual - Male Aged 60 or above | 9219 | LEE KIM HUNG | | 1:10:27 | 1:09:32 |
| 56 | 10KM Individual - Male Aged 60 or above | 9287 | KAM WING KEE | | 1:11:26 | 1:09:46 |
| 57 | 10KM Individual - Male Aged 60 or above | 9300 | CHOW FONG TAT | 周方達 | 1:11:34 | 1:10:16 |
| 58 | 10KM Individual - Male Aged 60 or above | 9250 | YEUNG WAI MING | | 1:12:16 | 1:12:04 |
| 59 | 10KM Individual - Male Aged 60 or above | 9211 | NG KAM KEI | 伍錦祺 | 1:13:04 | 1:11:35 |
| 60 | 10KM Individual - Male Aged 60 or above | 9264 | WAN JOE | | 1:13:50 | 1:13:31 |
| 61 | 10KM Individual - Male Aged 60 or above | 9288 | LEE CHIN TO | 李展圖 | 1:14:04 | 1:13:43 |

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| Category Position | Category | Bib | Name | 姓名 | Official Time | ChipTime |
|-------------------|---|------|------------------------|-----|---------------|----------|
| 62 | 10KM Individual - Male Aged 60 or above | 9221 | HJUNG KWOK FAI | | 1:14:13 | 1:12:18 |
| 63 | 10KM Individual - Male Aged 60 or above | 9232 | PINKO CHAN CHI HONG | 陳志康 | 1:14:54 | 1:14:27 |
| 64 | 10KM Individual - Male Aged 60 or above | 9217 | LEE SHIU CHEUNG LAWTON | 李紹璋 | 1:15:13 | 1:14:01 |
| 65 | 10KM Individual - Male Aged 60 or above | 9213 | CHEUNG KAM CHI | 張錦志 | 1:16:46 | 1:16:14 |
| 66 | 10KM Individual - Male Aged 60 or above | 9214 | CHI WAI TONG | 池偉堂 | 1:17:08 | 1:16:18 |
| 67 | 10KM Individual - Male Aged 60 or above | 9252 | CHAN WAI HUNG | 陳偉雄 | 1:18:33 | 1:16:46 |
| 68 | 10KM Individual - Male Aged 60 or above | 9283 | CHENG YAN CHUNG | 鄭恩忠 | 1:18:35 | 1:15:27 |
| 69 | 10KM Individual - Male Aged 60 or above | 9295 | RUSSELL ANDREW | | 1:18:43 | 1:18:16 |
| 70 | 10KM Individual - Male Aged 60 or above | 9251 | KWOK CHI KEUNG | 郭志強 | 1:19:39 | 1:19:04 |
| 71 | 10KM Individual - Male Aged 60 or above | 9274 | LAU CHUN KEUNG | 劉振強 | 1:20:38 | 1:19:13 |
| 72 | 10KM Individual - Male Aged 60 or above | 9262 | WONG MING | 黃明 | 1:20:49 | 1:19:08 |
| 73 | 10KM Individual - Male Aged 60 or above | 9293 | LI WILSON | 李威儀 | 1:21:37 | 1:21:37 |
| 74 | 10KM Individual - Male Aged 60 or above | 9242 | LING KIN CHUN JACKY | 凌健真 | 1:22:21 | 1:21:57 |
| 75 | 10KM Individual - Male Aged 60 or above | 9243 | CHEUNG JIN PANG | 張展鵬 | 1:27:29 | 1:26:37 |
| 76 | 10KM Individual - Male Aged 60 or above | 9261 | WONG WANG YIP | 黃宏業 | 1:28:11 | 1:27:07 |
| 77 | 10KM Individual - Male Aged 60 or above | 9266 | WONG TSAN YING | 黃燦英 | 1:28:28 | 1:27:13 |
| 78 | 10KM Individual - Male Aged 60 or above | 9212 | LIN CHI NGAI | 連至毅 | 1:29:02 | 1:27:13 |
| 79 | 10KM Individual - Male Aged 60 or above | 9285 | YIP WAI YUEN | 葉偉源 | 1:29:24 | 1:27:22 |
| 80 | 10KM Individual - Male Aged 60 or above | 9267 | KWOK KA YIU | | 1:31:01 | 1:30:18 |
| 81 | 10KM Individual - Male Aged 60 or above | 9247 | WONG TAI SUN | 黃大新 | 1:31:16 | 1:30:21 |
| 82 | 10KM Individual - Male Aged 60 or above | 9268 | WAN WILLIAM | 溫家輝 | 1:34:45 | 1:32:11 |
| 83 | 10KM Individual - Male Aged 60 or above | 9298 | YEUNG WING CHOI | 楊永財 | 1:38:03 | 1:29:46 |
| 84 | 10KM Individual - Male Aged 60 or above | 9225 | CHU PUI TAK | 朱沛德 | 1:38:53 | 1:36:15 |
| 85 | 10KM Individual - Male Aged 60 or above | 9216 | WONG KWOK WAH | | 1:49:53 | 1:47:57 |